



NEWSLETTER

Issue –July 2025

Web Address: www.hucknallu3a.org.uk

Next Monthly Meeting

9th July 2025

Guest Speaker : Brenda Ainsley

The Climate Crisis & Some Solutions

Brenda has led various Eco & climate groups for the u3a, is a regular contributor to the u3a magazine, and works closely with members of the National Office team to raise the profile of Climate and Environmental matters within the u3a. Brenda set up and led 4 workshops during the COP26 Climate conference in Glasgow.

Note – Deadline for submission of Articles for the next edition of the newsletter is 1st August 2025

Please forward articles for the next newsletter to hucknallu3anewsletter@live.co.uk and remember to send a copy to the webmaster@hucknallu3a.org.uk for inclusion on our website

Message from our Vice Chair

Phew, what a scorcher! Already it's been an early summer of long hot days and extreme temperatures with an Amber Heat Health alert for this coming weekend. Whilst sun & heat is not to everyone's liking it means that sports enthusiasts, myself included, can wallow in weeks of cricket, tennis, golf and this year the British & Irish Lions rugby tour to Australia. In all these sports we as a nation are enjoying a modicum of success, whether it be Ben Stokes' England's Baz Ball cricketers, Dan Evans & a revitalised Emma Raducanu, McIlroy & Fleetwood on the links and hopefully, Andy Farrell's rugby team. So what makes these sport players so successful – apart from incredible physiques, unbelievable strength, amazing hand eye coordination & a determination to win? When Michael Parkinson asked "our Enry", Henry Cooper the heavyweight boxer if he considered himself brave to step into the ring against opponents who could literally "knock your block off" he said "No, I'm not brave, but I have an absence of fear." Whilst Cooper had an absence of fear of harm coming to himself I think all top athletes have no fear of failure. They are prepared to take on the adventure, to see what happens and to hopefully reap the rewards of being positive.

As members of our u3a you have the opportunity to be brave, to take on or participate in activities & groups that might seem a little outside of your comfort zone. Lets abandon the "I can't do that" and "I know I won't like that" attitude and give it a go. You'll get plenty of support and you never know you might actually enjoy it!

Just a reminder that next year we will need a new membership secretary as Greg Umney will have completed six years in the role. As the first point of contact for people joining the u3a this is an important role. Desirable attributes are being good at talking to people, attention to detail and especially at renewal time, confidence in handling payments. Anybody who wants to know more can speak to Greg or contact him via the website. There is also the opportunity to shadow the role to allow the potential new incumbent to learn from Greg and check the role is for them.

Bob McEwen, Vice Chair

Monthly Meetings - Safety

As always please use the rear doors off the car park for access and ensure that you register yourself as attending, if leaving before the end of the meeting, it is important for health and safety that you sign yourselves out.

In the event of the fire alarm sounding, then please make your way to the rear car park by means of the rear doors if possible. The assembly point is the Scout Hut in the far corner of the car park.

Please wear your name badges, it is far easier to strike up a conversation if folk know your name.

Please remember to volunteer for the tea & coffee rota if you are able.

Future Speakers

August – Dr Tim Gray MBE – Chairman EMICS
September – Bob Massey – Inventions by Mistake
October – Andrew Lound – Mystical Britain

Edinburgh Tattoo

5 Day Holiday

5th - 9th August 2026

**Staying at The Waverley Castle Hotel, Melrose
Dbb (apart from the Tattoo day when we are in
Edinburgh for the full day)**

Included excursions:

Full day in Edinburgh for the Tattoo

Visit to the Kelpies

Visit to the Falkirk Wheel

Cost: £585

**A non-refundable deposit of £140 is required with
your choice of room type. No single supplement.**

Cheques made payable to AlfaTravel

**For further information please contact Chris West on
0771 2255397 or 0115 9636224 to book your place**

News From the Groups

Discovering Britain

On the 13th of June 2025, we visited Worcester, a historic city in the West Midlands, for a day of exploration and culture. The trip began with a visit to Worcester Cathedral, an awe-inspiring structure with over a thousand years of history. Inside, the intricate stained-glass windows, the tomb of King John, and the serene cloisters offered a glimpse into England's ecclesiastical heritage.



Next, we explored the Royal Worcester Museum, which celebrates the city's renowned porcelain industry. The exhibits ranged from delicate 18th-century tea sets to striking contemporary ceramics. The museum's interactive displays and knowledgeable staff added depth to the experience, highlighting the craftsmanship and innovation that defined Royal Worcester.

In the afternoon, we took a leisurely walk alongside the River Severn, enjoying the scenic path that winds past the cathedral and under historic bridges.

Overall, the trip was a delightful blend of history, art, and nature. Worcester's charm lies in its well-preserved heritage and relaxed pace, making it an ideal destination for a culturally enriching day out.

Pauline Archer and Mark Thornley

Easy Walkers Group

A walk from Titchfield Park over the bypass and through shady woodland to Bulwell Hall Golf Club for coffee was enjoyed by a good number of members.

It's strange that some of us have lived in Hucknall for a while and still continue to find places we've never visited.

We live, learn and laugh!

Just what the U3A is all about!

Liz & Phillip

Flower Arranging Group

We met up after a long break. Members were asked to do a freestyle arrangement using mainly garden flowers and foliage with a few bought flowers if needed. A contemporary hand tie was demonstrated using a mechanic. The mechanic was a wool covered wreath ring. This is ideal for those of us whose hands no longer grip as well as they used to and can be used again and again.

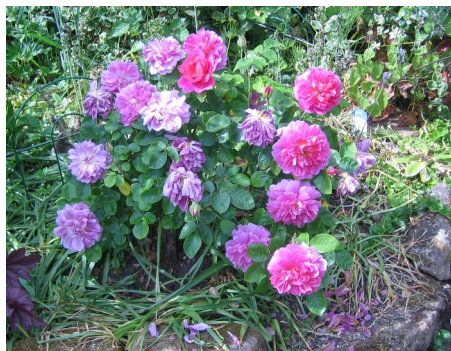


As always everyone went home with something they were happy with and some homework to prepare for July's session.

Siobhan Lee

Gardening Group

Last month members enjoyed a lovely and interesting talk from Steffie Shields MBE. Born in Wimbledon she now lives in Lincolnshire and her talk was based on this second biggest county in the country. She is vice chair of the Lincolnshire Gardens Trust and knows many of the gardens and halls that we all love to visit. She spoke about Gunby Hall, Burghley, (of Capability Brown fame), Grantham Town Gardens and Woolsthorpe Manor, reminding us that the county is not just a flat place but full of fabulous houses and gardens. There is also Grimsthorpe, Threackingham, Ravesby, Joseph Banks Society Garden in Horncastle, Dawber Garden, Scrivelsby, St James' Church Louth, Imsby Manor, Marigold Garden Sutton on Sea, Harrington Hall, and the Dutch architecture of Aslackby Manor, to mention but a few! She is a very knowledgeable lady indeed!



Thank you to Helen Harvey for this report. In July members are visiting the Dorothy Clive Garden in Shropshire.

Meanwhile enjoy your own plots, whatever the size.

Anne

Growing Old Disgracefully Group

Thirteen members of the Growing old disgracefully group had a taster session of lawn bowling at the Titchfield park bowling green on Wednesday 4th June, everyone enjoyed the experience and would like to thank members of the bowling club who supported them on their session. A second group will have a taster session on 2nd July.



Maggie Huckerby

History Group

Our group had a fantastic visit to Lincoln on June 18th when Vallances Coaches did us proud again. (I have booked Vallances Coaches again for our outings next year) The weather was very nice, warm without being scorching for us to wander around the city. What everyone else did I'm not sure but I saw members enjoying the outdoor cafe culture for food and drinks whilst I decided to go to the Jail inside the castle grounds. The jail had a special room inside which was the Magna Carta parchment document dating back to 1215 and there were other charters of the forest dating back to 1217. This made me think of King John who signed Magna Carta at Runnymede and died at Newark Castle where the group went a few years ago. How did the scribes manage to write so much so small on these documents when you consider they were writing with quill pens - and no blots of ink?

At the next John Godber meeting I will be taking names for the visit to Nottingham University on August 20th where we will be going to the museum and have a 'hands on' look at some of the artifacts. It seems that the visit to the Flight Test Museum on July 16th is full but if there is enough interest we can ask for another date.

September 17th is the date for our next indoor meeting at Central Methodist Church. David Skillen is coming to tell us about 'Knitters, Nailors and Traitors' which he says is about Belper in the Industrial Revolution. David is a good speaker who did an excellent job when he came to John Godber Centre and spoke to Hucknall u3a main meeting.

Maureen Newton

Litter Picking Group

The hot weather we experienced during June is not really conducive to spending a lot of time litter picking in the searing heat. Nevertheless 13 bags of litter have been collected by some hardy members of the group. It is a timely reminder not just to the litter pickers but to all u3a members during a heatwave too:

- Keep exposure to the sun to a minimum
- Wear light, airy clothing including a sun hat
- Use high-factor suncream
- Keep hydrated.

Val Gant

Luncheon Group

A group of 52 members attended the 'Brunch' at the Royal British Legion on Wednesday 25 June. This is the first time we have ventured into something slightly different, a full English breakfast plus many extras, it went down well. Our thanks to Cathy at the Royal British Legion for providing a superb meal and service.

Our next gathering will be at the Old Ship Inn in Lowdham on Wednesday 23 July. We currently have a list of members wanting to go, however if you are interested we do have a reserve list.

On Wednesday 27 August the group are taking a slightly different approach and going for an evening meal at Bibiana on the High Street in Hucknall. Again we have a list of members wishing to attend, however we also have a reserve list. A £5.00 per head deposit will be required.

We have now been advised of the details for the annual Christmas meal at the Albert Hall in Nottingham on Tuesday 16 December. We will be taking names at the July monthly meeting, the price will £27.00 per head, a deposit required in September and the balance in October. Menu details will also be available at the July monthly meeting.

Thank you to everyone for your help and support.

Ann & Rose

Mahjong2 Group

If anyone has emailed me regarding Mahjong 2 recently, can they please do so again on mah.jong2@hucknallu3a.org.uk as an incorrect address was issued.

Sue Foss

National Trust Group

National Trust group visit to Powis Castle.

We met up at Hucknall Market in very bright and warm sunshine to board our two coaches visiting Powis Castle near Welshpool. The number travelling was the highest that we have taken since the group restarted, a total of 78 members visiting this wonderful castle.

Leaving promptly we enjoyed a comfort break at Telford before completing the journey. In rapidly increasing temperature the group enjoyed a lovely day at a very special venue.

Many members walked the extensive terraced gardens and enjoyed the excellently maintained and very colourful gardens that stretch extensively below the castle itself. Incredibly the gardens are maintained by only five full time gardeners and an army of volunteers.



The castle itself provided some respite from the now soaring temperatures as the array of displays proved very interesting and gave a good insight to the way life was lived here many centuries ago. There was still time to have a snack, a short walk, visit the garden and gift shops before settling back on the coaches for the return journey.

If you are ever across near Welshpool take the opportunity to visit this special place,

July sees the group travel on a shorter visit to Charlecote Park in Warwickshire. Visits for later this year include Lyme Park in Cheshire, Nostell in West Yorkshire and Kedleston Hall in Derbyshire before our final visit to Chester Christmas market.

Barrie and Sue

Not So Grumpy Old Men Group

For our visit and guided tour / talk to the D H Lawrence Museum on Victoria Street in Eastwood on June 12th we were joined by some members from the real Grumpies.



The front parlour-Sunday best



Monday was wash day

We found it very interesting to see the house in which he was born on 11 September 1885 set out as it would have been in the late 19th Century and to learn about his life and background. His experiences of living in a coal mining town deeply influenced his writing. His father, Arthur, was a miner, while his mother, Lydia, was a former schoolteacher with literary aspirations. The tension between their backgrounds shaped Lawrence's early world-view. Eastwood's industrial landscape and working-class life became central themes in his novels, especially *Sons and Lovers*.

We also learned that he was a sensitive child, often ill, and found an escape in books and nature. He attended Beauvale Board School and later won a scholarship to Nottingham High School, marking the beginning of his journey from miner's son to literary icon. He was a prolific writer, poet and painter producing a large body of work in a relatively short life dying of TB at the age of 44.

To celebrate our visit and to pay homage we adjourned to the nearby Wetherspoons establishment *The Lady Chatterley* for food and drink.

Science Group

It was back to the Portland Room at JGC this month-initially with a few technical laptop /hardware interface issues that were soon sorted.

We had an eclectic mix of presentations from Christine Vincent for Niels Bohr, John Tedstone for The Lunartick Society and catching up with our '5 Minute Scientists' David Wormall with Pythagoras, Ian Murray summarising the significant achievements of J J Thompson and finally John Woodward enthusiastically telling us about his electrical hero Michael Faraday.

However as in much of science and technology their achievements and pursuit of knowledge are linked through time.

According to AI in the form of Microsoft co-pilot:

The Lunartick Society, a group of freethinkers in 18th-century England, championed the pursuit of scientific knowledge and philosophical inquiry. Their spirit of curiosity would have delighted minds like Pythagoras, the ancient Greek mathematician whose ideas about numbers and harmony laid a foundation for scientific thought.

Centuries later, Michael Faraday, largely self-taught, harnessed that same spirit to pioneer electromagnetism and revolutionise our understanding of electricity. Building on such discoveries, J.J. Thomson identified the electron, unlocking a whole new realm of subatomic science.

Then along came Niels Bohr, who dared to challenge classical physics with his quantum model of the atom, marrying theory with mystery. Together, these visionaries—though separated by time—reflect a desire to explore the unseen, from harmonies of the cosmos to the particles within. They embody the legacy of questioning minds, stretching from the Enlightenment salons of the Lunartick Society to the laboratories and lecture halls of today.

The July theme is 'Wildlife of the Canals' and includes a speaker from The Canal and River Trust. We thank our June presenters and next month there will be time for more of the '5 Minute Scientists'

Next Meeting: Friday July 18th JGC 10am to 11.45am

Singalong

Our group continues to flourish and we're still finding new songs to sing!

At our June meeting we sang Motown and Beatles hits, featuring some from the Sgt Pepper LP.

Our next theme is Summer Songs and a tribute to Brian Wilson.

All are welcome!

Liz & Phillip

Strollers Group

For our June walk we strolled around Papplewick Woods and made our way via the River Leen to the site of the old Papplewick Lido, its good to stay local and learn some interesting facts, both from the signage en route and a member of our group who has a lot of local knowledge!
We called in at the Griffins Head for cool drinks on our way back to the car park.
Another lovely walk!

Liz

Theatre Trips Group

Fiddler on the Roof Concert Hall Thursday 21st August 25. at 2pm. Tickets £52.00
Mathew Bourne: The Midnight Bell Theatre Royal Saturday 6th Sept 25 at 2.30pm. Tickets £46.50
Riverdance 30: The New Generation at Royal Concert Hall Saturday 4th October 2025 at 2.30pm Tickets £53.00.
Top Hat, Theatre Royal Saturday 11th October 2.30 Tickets £56.00
Northern Ballet MERLIN Theatre Royal 2.30 Saturday 18th October Tickets £38.00 We need 10 members to get this price. So please put your names down.
Charlie & The Chocolate Factory Theatre Royal on 29th October 2025 at 2.30pm Tickets £27.00.

2026

Matthew Bournes's The Red Shoes, Theatre Royal, 7th February 2:30pm Tickets £62.50
Priscilla Queen of the Desert Theatre Royal Thursday 30th April, 2pm. Tickets £46.50
Northern Ballet: Gentleman Jack Theatre Royal Saturday 16th May , 2.30pm Tickets £51.00
Faulty Towers: The Play, Theatre Royal, Saturday 6th June, 2:30pm, Tickets £57.50

Barbara

Vegetarian Cookery Group

Sadly I had to cancel the June meeting so the next meeting at St Peter and St Paul's church Hall will be on Monday July 28th. Members were still emailed the recipes so they could try them for themselves at home.

This group is now full and cannot take any new members for now.

Anne Wilkinson

Walking Group (Short Length Walks)

The June walk started at The Cricketers pub in Nuncargate. The pub takes its name from its close ties to the local cricketing heritage. It's situated right next to the cricket ground where Harold Larwood, one of England's most legendary fast bowlers, first played the game. Inside the pub there is memorabilia celebrating his life and career.

The route meandered alongside the Robin Hood Line and on some of the old rail tracks in and around Portland Park before we reached the site of Kirkby Castle—sometimes referred to as Castle Hill—which was once a significant fortified manor in Kirkby-in-Ashfield. Though no visible ruins remain today, archaeological surveys and historical records confirm its existence near St Wilfrid's Church. Recent research suggests the castle was an open-courtyard structure, about 33 by 40 metres in size, and served as the heart of the local manor.

It was an exceptionally hot sunny day and before returning to the car park we had a welcome stop at The Wild Rabbit Cafe in the park. (not open Tuesday and Wednesday)



Next Month- July 17th a local walk starting from Linby Village
 August 21st -I have arranged a guided walk and talk at Bennerley Viaduct
 David Rose

Walking Group (Mid Length Walks)

After battling with the 'Ring go' roadside parking app (other parking apps are available), 15 members departed from the café at Grindleford Station, suitably fed and watered, in 'period surroundings'. We headed upwards towards Hathersage, in our second foray into the Peak District this year, stopping to look at some relics of the area's industrial past.

Enjoying perfect walking weather, the walk began with an exhilarating escalation of elevation that was eminently worth the effort, as the views were super. After descending into Hathersage we passed the popular open-air lido before proceeding to the lunch spot at the side of the Derwent and the final push back to the café to complete the 6 mile walk.

Along the way, we were entertained with Mark Jackson's 'guess the house price' competition (answers of at least 7 figures), and also gruesome information about the abandoned riverside chapel, now grade 2 listed.



Our next walk will be in the Ollerton area on Monday 21st July. New members are always welcome to join this group.

John Tedstone and Mark Jackson

Walking Group (Long Length Walks)

Circular Walk Report – Cromford Canal to Crich Stand (Crich Memorial) – Tuesday 3rd June

On Tuesday, we enjoyed a scenic circular walk beginning at Cromford Canal in Derbyshire. The weather was mild and dry, making for pleasant walking conditions. Setting off from Ambergate, we followed the peaceful towpath northward, enjoying glimpses of local wildlife, including ducks with ducklings, moorhens, and a pair of swans with cygnets. The canal was lined with lush greenery and occasional historical remnants of the area's industrial heritage.

After a leisurely stretch along the water, we turned west and began the steady ascent toward Crich. The route took us through farmland and wooded paths, gradually climbing to the Crich Stand War Memorial, which offered panoramic views across the Derwent Valley and as far as the Peak District. The memorial itself, standing tall against the skyline, was a poignant highlight and provided a perfect rest spot.



After lunch we began our descent, which looped through quiet country lanes and open fields, eventually rejoining the canal path and returning to Ambergate. The round trip, of 8.40 miles, took around four hours at a relaxed pace, with plenty of time for photography and refreshment breaks. Overall, the walk was a rewarding blend of natural beauty, local history, and peaceful countryside.

Mark Thornley

Weekenders

Members had a trip to the new Nottingham library via the tram. Everyone thought it was well worth a visit. As a bonus, a stop over at the Contemporary Arts venue was also included.

A trip via the Red Arrow to Derby to visit the renovated Market was next. The renovation is excellent but the contents of the market were disappointing. We were expecting to see the stalls we saw on the television, unfortunately there were only 4 stalls not selling food. The main part of the market was empty. We have to say Derby bus station is amazing and Derby itself is so clean.

Siobhan Lee

HUCKNALL & DISTRICT u3a INTEREST GROUPS

Group	Leader	Contact E-Mail
Bridge	Sue Tedstone	bridge@hucknallu3a.org.uk
Calligraphy	Glenna Gash	calligraphy@hucknallu3a.org.uk
Canasta	Sue Foss	canasta@hucknallu3a.org.uk
Chair Based Exercise	Anne McDowall	exercise@hucknallu3a.org.uk
Crafty Knitters	Barbara Hill	craftyknitters@hucknallu3a.org.uk
Discussion	Christine Beer	discussion@hucknallu3a.org.uk
Discovering Britain	Mark Thornley/Pauline Archer	discoveringbritain@hucknallu3a.org.uk
Drama	Janet Stevenson	drama@hucknallu3a.org.uk
Easier Cycling	Angela Cornish	easiercycle@hucknallu3a.org.uk
Easy Walkers	Philip Attenborough	easywalkers@hucknallu3a.org.uk
Easy Wheelers	Jim Spray	cycling@hucknallu3a.org.uk
Flower Arranging	Siobhan Lee	flowers@hucknallu3a.org.uk
Gardening	Anne Wilkinson	gardening@hucknallu3a.org.uk
Growing Old Disgracefully	Christine Berrill	god@hucknallu3a.org.uk
Grumpy Old Men	John Tedstone	grumpy@hucknallu3a.org.uk
History	Maureen Newton	history@hucknallu3a.org.uk
International Dining	John Berrill	internationaldining@hucknallu3a.org.uk
Kurling	Sue Foss	kurling@hucknallu3a.org.uk
Late Breakfast	Geoff Cree	latebreakfast@hucknallu3a.org.uk
Litter Picking	Val Gant	litter@hucknallu3a.org.uk
Luncheon	Rose Ridley / Ann Lambert	lunch@hucknallu3a.org.uk
Mah Jong	Val Gant	mahjong@hucknallu3a.org.uk
Mah Jong 2	Sue Foss	mahjong2@hucknallu3a.org.uk
National Trust	Barrie & Sue Saunders	nationaltrust@hucknallu3a.org.uk
Not So Grumpy Old Men	Barrie Saunders	notsogrumpy@hucknallu3a.org.uk
Papercraft	Jo Hackland	craft1@hucknallu3a.org.uk
Pickleball	Terry Moulton	pickleball@hucknallu3a.org.uk
Pickleball 2	Bob McEwen / Vaughan Gallagher	pickleball2@hucknallu3a.org.uk
Pub Quiz	Angela Cornish / Christine Eagle	pubquiz@hucknallu3a.org.uk
Real Ale	Melvyn Francis	realale@hucknallu3a.org.uk
Rummikub (1)	Kate Jackson	rummikub@hucknallu3a.org.uk
Rummikub (2)	Sue Foss	rummikub2@hucknallu3a.org.uk
Science	David Rose	science@hucknallu3a.org.uk
Scrabble	Val Gant	scrabble@hucknallu3a.org.uk
Short Courses	Melvyn Francis	shortcourses@hucknallu3a.org.uk
Singalong	Liz & Philip Attenborough	singalonga@hucknallu3a.org.uk
Strollers	Liz Attenborough	strollers@hucknallu3a.org.uk
Table Games	Sue Spolton / Margaret Nunn	games@hucknallu3a.org.uk
Table Tennis	Alan Hodgkinson	tabletennis@hucknallu3a.org.uk
Tarot	Angela Cornish	tarot@hucknallu3a.org.uk
Theatre Trips	Barbara Ives	theatre@hucknallu3a.org.uk
Ukulele For Fun	Philip Attenborough	ukulele@hucknallu3a.org.uk
Vegetarian Cookery	Anne Wilkinson	vegcookery@hucknallu3a.org.uk
Walking (Short)	David Rose	shortwalks@hucknallu3a.org.uk
Walking (Medium)	John Tedstone	midwalks@hucknallu3a.org.uk

Walking (Long)	Mark Thornley	longwalks@hucknallu3a.org.uk
Watercolour	Margaret Huckerby	painting@hucknallu3a.org.uk
Weekenders	Siobhan Lee / Margaret White	weekenders@hucknallu3a.org.uk
Wine Appreciation	Mark Jackson	wineappreciation@hucknallu3a.org.uk
Wine Lovers	Tina & Gary Holmes	winelovers@hucknallu3a.org.uk
Wine Tasting	Sue Tedstone / Marilyn Gretton	winetasting@hucknallu3a.org.uk

HUCKNALL & DISTRICT u3a INTEREST GROUPS - Calendar

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	12:00 – Pickleball2 13:30 – Gardening 14:00 – Water Colours	10:00 – Walking (Long) 13:00 – Rummikub 2 13:00 – Mah Jong 2	09:15 – Easy Wheelers 10:00 Committee Meeting	10.00 – Calligraphy 14:00 – Pickleball 14:00 – Canasta	09:30 – EasierCycling 09:30 – Late Breakfast 14.00 – Table Tennis		9:00 – Easy Wheelers
2	10:00 – Ukulele 12:00 – Pickleball2 12:00 – Pub Quiz & Lunch 14:00 – Rummikub 1 14:00 – Chair Based Exercise	13:00 – Rummikub 2 13:00 – Mah Jong 2 14:00 – Crafty Knitters 18:30 – Bridge	09:15 – Easy Wheelers 13:45 – Members Meeting	14:00 – Pickleball 14:00 – Canasta	Day – Discovering Britain 09:30 – Easier Cycling 14.00 – Table Tennis 19:00– Mah Jong		9:00 – Easy Wheelers
3	10:00 – Walking (Medium) 12:00 – Pickleball2 13:45 – Papercraft 19:00 – Wine Lovers 19:30 – Wine Appreciation	10:30 – Singalonga 13:00 – Rummikub 2 13:00 – Mah Jong 2 14:00 – Tarot	09:15 – Easy Wheelers 14:00 – History 19:30 – WineTasting	10:00 – Walking (Short) 14:00 – Pickleball 14:00 Canasta	09:30 – Easier Cycling 10:00 – Science 14.00 – Table Tennis 19:00 – Table Games		9:00 – Easy Wheelers
4	10:00 – Ukulele 10:30 – Vegetarian Cookery 12:00 – Pickleball2 13:30 – Flower Arranging 13:45 – Discussion	13:00 – Rummikub 2 13:00 – Mah Jong 2 18:30 – Bridge	09:15 – Easy Wheelers 12:00 – Luncheon	10:00 – Easy Walkers 10:00 – Strollers 14:00 – Pickleball 14:00 – Scrabble 14:00 – Canasta	09:30 – Easier Cycling 10:00 – Drama 14.00 – Table Tennis	14:00 – Week-ender’s Coffee	9:00 – Easy Wheelers 15:00 –Kurling
5	12:00 – Pickleball2	13:00 – Rummikub 2 13:00 – Mah Jong 2	09:15 – Easy Wheelers	14:00 – Pickleball 14:00 – Canasta	09:30 – Easier Cycling 14.00 – Table Tennis		9:00 – Easy Wheelers

Various Dates:

Growing Old Disgracefully; Grumpy Old Men; International Dining; Litter Picking; National Trust; Not So Grumpy Old Men; Real Ale; Theatre Trips; Weekenders

If there’s an Interest Group that you’d like to see here, please contact the Groups’ Co-ordinator, who will be happy to help (coordinator@ hucknallu3a.org.uk).

If you are unable to e-mail the group leader, Please speak to them at the monthly meeting or ask a committee member.