



NEWSLETTER

Issue – July 2023

Web Address: www.hucknallu3a.org.uk

Next Monthly Meeting

Wednesday 12th July 2023
John Godber Centre – 2pm

Guest Speaker:

Maureen Taylor: Guardrobes, Grime and Leeches, tales of Tudor health and hygiene.

Note – Deadline for submission of Articles for the next edition of the newsletter is 28th July 2023

Please forward articles for the next newsletter to hucknallu3anewsletter@live.co.uk and remember to send a copy to the webmaster@hucknallu3a.org.uk for inclusion on our website

Message from our Chair

Welcome to our July Newsletter,

Regretfully I have again not been very active this month, due to my knee and eye. My knee replacement has gone really well, getting about the house, stairs etc., without any crutches, just using them outdoors, so very pleased with progress. Starting attending physio classes next week, so more pain, but hopefully more gain.

Sorry to say, that my retina reattachment didn't repair and detached itself again, so had to have a second operation on 13th June, took a lot longer than the first, filling the eye with silicon that will have to be removed after about three months and see how my sight is. So only one eye for a bit more.

The NHS is just coming up for its 75th anniversary on 5th July and I am really grateful for its service recently, I just hope that its current problems of staffing, waiting lists, underfunding etc., can be resolved and get back to what it was when we grew up. I remember that when my father died our local GP paid for a holiday for my two younger sisters who were 3 & 9 yrs old, can't imagine that happening now, don't even know my doctors name or what he/she looks like.

Having the problems above and having to be basically housebound for three months has really made me appreciate how great it is to belong to our u3a and what an amazing organisation it is, especially those that volunteer to run the groups and activities. I have very much missed being part and joining in with my groups and look forward to taking part again, now that I can eventually get out and about.

Spare a thought please for the many folk that are permanently housebound.

Anyway, it is St. Swithin's Day on Saturday 15th July, so lets hope that the weather is exceptional and doesn't rain, otherwise, according to folklore, it will rain for the next 40 days so states the old poem "St. Swithin's day if thou dost rain, For forty days it will remain, St. Swithin's day if it be fair, For forty days 'twill rain no more"

I must congratulate the Sub Social Committee who despite having a few members on holiday or invalided, still put on an excellent Quiz Night on Friday 23rd June, with 15 teams competing, congratulations to the winning team '3 Pairs'. The food was also good, so thanks to the caters, a good night out and a good time had by all.

Look forward to seeing you all (out of one eye) at July's monthly meeting, please try and remember to wear your name badges so that all know who you are, and of course don't forget to sign out if you leave early.

Melvyn Francis, Chair

Monthly Meeting – Weds 12th July

Safety

As always please use the rear doors off the car park for access and ensure that you register yourself as attending, if leaving before the end of the meeting, it is important for health and safety that you sign yourselves out.

Our meeting will start as normal at 2pm, with a few announcements, followed by our guest speaker: - Maureen Taylor – 'Garderoles, Grime and Leeches, Tudor health and hygiene.

We will be using the JGC loop system for those of us with hearing aids, please switch to your loop setting. If unable to do this, then please sit on front row of seats.

After our coffee / tea break, we will be reconvening to hopefully hear a few of our group leaders telling us about their group's activities.

Please volunteer to help with the teas and coffee if you are able, sign up on the form available.

Future Speakers

August 2023 - Alan Clements : Travels in Tibet
 September 2023 – Hazel : Grace Kelly
 October 2023 - John Smith : Body Language.

July Scams

Beware of doorstep scams

It can be challenging to distinguish between a genuine doorstep seller and a scammer.

Doorstep scammers are people who show up at your front door out of the blue with the intention of either tricking you out of money or gaining access to your home.

It's important to be cautious when dealing with strangers who appear unannounced at your doorstep, good advice it to always say NO.

Cyber-romance scammers

Romance scammers are targeting vulnerable individuals on charity Facebook pages that focus on sensitive topics such as mental health, bereavement and ageing. We've seen scammers lurking on pages belonging to Age UK, The Good Grief Trust and Mind.

Romance scammers often use grooming techniques, where they connect with their victims before exploiting them financially.

Remember, it's crucial to stay vigilant and cautious when interacting with strangers online, especially on platforms where vulnerability is prevalent.

Beware of fake Microsoft fraud protection emails

If you have a Hotmail or Microsoft Outlook email account, watch out for fake 'fraud protection' emails that prompt you to log into your account.

These emails claim to be from the Outlook Support Team, are flagged as 'high priority', and state that they come from a 'trusted sender'. The messages inform you that there's been suspicious activity on your account and say you'll need to click a link to log in. If you do so and enter your details, you could end up giving personal information to scammers, potentially compromising your other accounts.

Microsoft will never ask you to provide personal information or login credentials via email.

Social Sub Committee: Quiz Night Report

Our latest social function was a Quiz Night on Friday 23rd June at the JGC. This was a catered event and the evening started by maintaining our calorie intake with 'Pie, Peas and Mash'.

There were 16 teams competing for the much coveted title of Hucknall and District u3a 2023 Quiz Winners.

Our Quizmaster and Quiz Setter for the evening was Bob McEwen.



Bob had put together an interesting mix of question types over several rounds and in the end it was a close run race for first place. A prize was also awarded for the best team name and for the strong team at the bottom holding up the rest.

At the end of the evening when all the scores were in the suspense was palpable.

The top 3 teams were:

1 st	3 Pairs!!	98.0
2 nd	Universally Challenged	96.0
3 rd	Three cheats to the wind	94.5



Best name and Runners Up 'Universally Challenged'

The winning team the '3 Pairs!!'



The social sub committee wish to thank all helpers and participants for your good humour, enthusiasm and contributions to this social evening.

News From the Groups

Film and Culture Group

Please contact me if you would like to be included in the circulation of my newsletter of films being shown locally and other events of interest to those of our members who enjoy going to cinema and other cultural events. Contact alansnape@hotmail.co.uk or 07940146542

Flower Arranging Group

The flower group met in June and had a good time being adventurous with their flower arrangements. As always everyone left with a smile on their faces.

An arrangement using nothing but foliage was demonstrated. Handy as the price of flowers is going up and the quality going down. The next meeting is July 3rd 1.30 - 3.30.

The Flower Group have put themselves forward to create the u3a Christmas Tree this year. You have to start early.

If you have some interesting tubes (not toilet rolls) they would be appreciated. Please let me know and I can pick them up.

Siobhan

Gardening Group

Last month members set off on a damp and dreary morning to visit Wentworth Woodhouse on a trip that would prove to be one of our most memorable, but not all for good reasons. We didn't realise we had chosen probably the wettest day of the summer to venture out, but Gardeners are hopeful souls so we were not put off. We enjoyed refreshments on our arrival and then were free to explore both hall and gardens. Sun screen was not required but monsoon-wear was a necessity! We were soon as sodden as the trees and shrubs, but a few managed to find shelter and lovely borders to enjoy.

It was a shame that the rooms in the hall were so devoid of furnishings as most were sold off when it became a Ladies' PE College in the mid 1950's. We decided on an early finish to the day as the rain was so relentless so set off for home an hour before originally planned. Cue for a quote- the best laid plans of mice and men- we were soon held up on the M1 by an accident, abandoned car/s and a lorry fire, so 5 and a half hours later we were able to leave the motorway at Junction 29 and begin motoring for home! We landed on Ogle Street round about 9.00pm, still in good spirits and smiling, thanks partly to the efforts of Albert. A truly memorable day! Gardening group trips are never boring.



Our July meeting is at the John Godber Centre starting at 1.30 till 3.30, and is Gardener's Question time. All are welcome, as we are an open group with no limit on numbers. Please come and join us and share in the fun and refreshments.

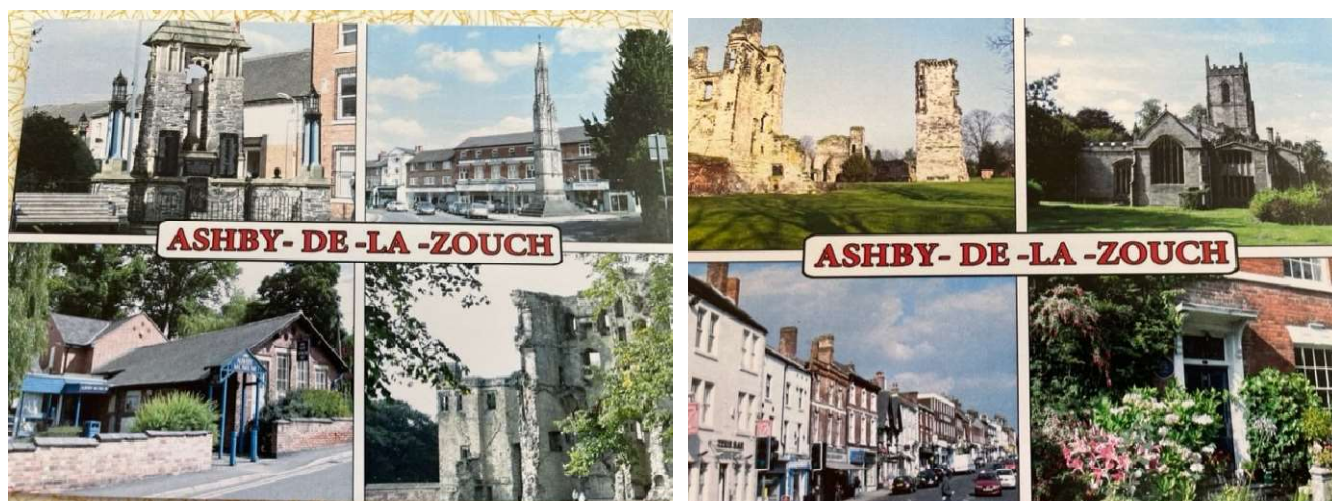
Our August meeting is on Thursday August 3rd- note the change of day- and will be a trip to Renishaw Hall. We are taking names and cheques for this trip and the cost is £20, including refreshments on arrival, access to the gardens, museum, shop and vineyard. (The hall is only open on Fridays.) All are welcome to join us, even if you have not been to our previous meetings, and be assured - we never have a boring trip!

Anne

History Group

The History Group always welcomes all U3A members especially new ones. Our indoor meeting place is Central Methodist Church on Baker Street: time 2pm – 4pm ish.

The visit to Ashby de la Zouche town and Museum on June 21st. was just brilliant. Weather super even touching a bit too warm at times; plenty of places with good food to eat, a town market to browse and St. Helen's Church was really interesting. Did you follow the 'mouse' trail and did you try out the finger pillory? Our visit ended with a visit to the museum which was am-a-zing. Usually it closes on Wednesday afternoon but the staff were there to welcome us for a private viewing with ephemera and artefacts brought out of storage specifically for us. What can I say? Just fab-u-lous. Ashby is a town worth visiting. I think we all enjoyed the trip.



Kathy, Sue and I will be having a break during July and August when there are no meetings. The three of us will look forward to seeing members on 20th September when Robert Mee will be with us with an illustrated talk about 'Nottinghamshire Castles – Eleven Sites and more besides'. How many do you know of?

Maureen

Litter Picking Group

During June, 15 bags of rubbish were collected by the litter picking group. Thanks to Terry for showing the short film at June's monthly u3a meeting of some of our litter pickers in action and explaining how we were given funding from Veolia to initially set up the group. If it has inspired any of you to join us please contact me as per the interest group details at the end of the newsletter. Equipment is provided.

Val Gant

Lunch Group

On the 28th June we dined at The Willow Tree in Basford (part of the Stadium Leisure Group). In July we are having lunch and a three hour trip on the Nottingham Princess riverboat if you would like to join us. £24.75 (£3 deposit please) for a two-course lunch leaving from the Colwick Marina. And on the 23rd August we go to Miller & Carter at Wollaton for lunch.

National Trust Group

National Trust visit to The Wimpole Estate, Cambridge. Our longest journey of the year saw the group make an earlier than usual start to the day by leaving Hucknall at 8.30 am.

After a journey of just over two hours we arrived to fine weather at the beautiful and very large Wimpole Estate.

The Estate is one of the jewels in the National Trust collection.

There has been a dwelling on the site for over two thousand years and the site has evidence of Roman occupation. Many families have occupied the house over the years before the last owner Mrs Bambridge, the daughter of Rudyard Kipling, bequeathed the property to the National Trust upon her death in 1976.

Unlike most National Trust properties the many rooms reflect different periods from history. A Roman bath contrasted, for example, with a 1770's dining room.

Elsewhere in the grounds are a large walled garden, a working rare breeds farm including shire horses, pigs and sheep.

The grounds which are set in beautiful countryside also had a range of well signed walks. A courtyard with a large gift shop, cafe, an area selling plants and a nearby church all form part of a wonderful estate.



Everyone agreed that it was a lovely site and well worth the early start!! Leaving Wimpole promptly at 4.00 pm we were back in Hucknall for 6.20 pm.

Our next visit on July 31st takes us through the Peak District to Quarry Bank Mill in Cheshire which still has a working mill and other buildings connected to the once thriving cotton trade.

Barrie

Not So Grumpy Old Men Group

On a sun kissed day towards the end of June, a group of Not so grumpy old men took a trip to one of Nottinghamshire landmarks.

We are referring to Clipstone Headstocks, which we learnt that they were once were the tallest Headstocks in Europe, but now are the tallest in the World.

Stuart Cutts who purchased the Headstocks from the Coal Authority a few years ago, gave us a guided tour of what is now, a Listed Building.

We were shown various artifacts used during the production of coal including the man riding cage which held up to 70 miners over 2 levels which was used to transport the men to the pit bottom. Various other items are displayed including underground loco's, detonators, Coal cutting machinery, and numerous former items used by NCB/British Coal/RJB Mining and UK Coal whilst the Mine which in its heyday produces over 1 Million tonnes of coal per year, right up till it's closure in 2003.

An interesting comment made by Stuart that when he takes some school trips round he shows them a lump of coal, many don't know what it is!!!.....doesn't that make you feel old!!!

A trip I would recommend to various groups within u3a, especially the science groups as the engineering in the production of coal we found very interesting.



Afterwards as is customary with the NSGOM, and I am sure many miners did after a shift at the Pit, we called into the Larch Farm at Ravenshead for a most enjoyable drink...and meal.

Ian Raynor

Pub Quiz & Lunch Group

The Pub Quiz took place on the 12th June when 22 of us met at The Nabb Inn. All are welcome – we prefer a maximum of four to a team where possible as we can always add a person to another team if you would like to attend but haven't got a team of your own. Sometimes the quiz is easy and occasionally it is very hard, but the idea is to have a bit of fun and to socialise whilst enjoying a lunch. The next Pub Lunch Quiz will be on Monday, 10th July at 12 noon.

And here are the answers to the June quiz (and yes, I know they were easy but it's just a bit of fun!)

1. What type of trees do dates grow on? **Palm trees**
2. The country of Lesotho is completely surrounded by which other country? **South Africa**
3. In the nursery rhyme, whose wife "could eat no lean"? **Jack Sprat's**
4. By land area, which is the largest state in the USA? **Alaska**
5. According to an old proverb, what "gathers no moss"? **A rolling stone**
6. Which type of cycle has only one wheel? **A unicycle**
7. The nickname Geordie is often given to a person from which large city? **Newcastle (a Geordie is a person from the Tyneside area, which includes Newcastle)**
8. What is the name of the rubber disc hit in an ice hockey match? **A puck**
9. Which sea separates the islands of Ireland and Great Britain? **Irish Sea**
10. Which queen of the British Celtic Iceni tribe famously led an uprising against the occupying Romans? **Boudica**
11. What was the name of the large balloons anchored to the ground by cables in London during the Second World War? **Barrage balloons**
12. Bill Gates was the principal founder of which computer company? **Microsoft**
13. How many sides does a decagon have? **10**
14. The first expedition to reach the South Pole was led by which Norwegian explorer? **Roald Amundsen**
15. If your hobby is philately, what do you collect? **Stamps**
16. Adolf Hitler was born in which country? **Austria**

17. Hollywood is a suburb of which American city? **Los Angeles**
18. Haematology is the branch of medicine concerned with the study of what? **Blood**
19. What type of animal are you 'sick as', if you are heart-broken or very disappointed? **A parrot**
20. What do Americans call Autumn? **The Fall**
21. Name the only American president to resign from office? **Nixon**
22. Which gas is balloon gas, which is used to fill party balloons that float in the air? **Helium**
23. What year did the Titanic sink in the Atlantic Ocean on 15 April, on its maiden voyage from Southampton? **1912**
24. What is the title of the first ever Carry On film made and released in 1958? **Carry On Sergeant**
25. What is the name of the biggest technology company in South Korea? **Samsung**

And here is the July quiz:

1. Which singer fronted the 1970s' pop group Showaddywaddy?
2. Which now famous TV chef started cooking at the age of eight in his parents' pub, 'The Cricketers', in Clavering, Essex?
3. Which Dutch darts player won the 2012 BDO World Championship at the Lakeside Country Club, Frimley Green on 15 January?
4. Which metal was discovered by Hans Christian Oersted in 1825?
5. What is the capital of Portugal?
6. How many breaths does the human body take daily?
7. Who was Prime Minister of Great Britain from 1841 to 1846?
8. What is the chemical symbol for silver?
9. Who invented Cat's Eyes in 1934 to improve road safety?
10. What is the world's smallest bird?
11. Who played 'Bodie' and 'Doyle' in The Professionals?
12. What is the doll, Barbie's, full name?
13. What does Paul Hunn hold the record for, which registered at 118.1 decibels?
14. What did Al Capone's business card state his occupation was?
15. What is the lifespan of a dragonfly?
16. Which year was the first Tonka truck made – 1945, 1947 or 1949?
17. Who invented the tin can for preserving food in 1810?

Name the country in which these landmarks can be found:

18. Giza Pyramid and the Great Sphinx
19. Colosseum
20. Angkor Wat
21. Statue of Liberty
22. Sydney Harbour Bridge

Reading Group

The July Reading Group will meet on Wednesday, 5th July. There was no June book choice but we have all read a variety of our own choices and we will discuss those books.

Real Ale Group

On 15th June we chose the Moody Squires micro pub at Annesley, catching the bus there and back and finishing off what was a really enjoyable night at Wetherspoons in Hucknall. Melissa, who runs Moody Squire was as hospitable as usual and had put on three different beers for us to sample some from the Dancing Duck brewery, needless to say we duly obliged. She also kindly laid on a rather large Pork Pie, some home-made bread and home-made Beetroot Pickle, which were delicious.

It was a glorious evening and we were able to sit outside in the 'beer garden' area. Putting the world to rights over a pint and Pork Pie.

We came back on the 9.45 bus and finished the night off in Wetherspoons.

Many thanks to Mark Thornley for organising the night.

July's outing to be organised by John Saunders.

Science Group

The June 16th meeting was led by John Tedstone ably supported by Terry Hill.

28 members ventured out on a very warm day.

John's topical presentation about the current state of our water supplies and the rise in pollution of waterways and the sea due to untreated discharges led to some lively discussions.

Shades of 'Mrs Merton's heated debate with participants putting forward a case for or against what the water companies should or should not be doing even if it wasn't their personal belief.



Discharging into the Trent

Our trip to Magna has been cancelled so we will meet at JGC on Friday 21st July, 10am to 11.30 this month

We have a change of room as the main hall is in use- We will be in The Bailey Room (downstairs). We have a guest speaker- Mr Ian Allen

Ian is a local expert, photographer and data collector of dragonflies and damselflies which are beautiful, graceful flying wetland creatures, belonging to the Odonata order of insects. They're incredibly ancient, and date back to prehistoric times when giant versions the size of eagles roamed the skies.

We will learn more on the 21st

We will take a summer break in August and reconvene on Friday September 15th at 10.0am JGC.

David Rose

Singalong Group

Traditional Folk Music was enjoyed by a smaller group than usual, due to holidays and other U3A events, we continue to find new songs that are suitable for the group to sing.

Our next meeting on July 18th will be led by Christine and Dave Vincent with a theme of their choice.

All are welcome.

Liz and Philip Attenborough

Theatre Group

The theatre news list as follows:

21st October. The King & I Saturday 2.30pm Theatre Royal Tickets £53.00

4th November. The Full Money Saturday 2.30pm Theatre Royal Tickets 38.50

Barbara

Vegetarian Cookery Group

Last month's meeting of the group saw the preparation of a lovely party item -Blue cheese Popovers- being prepared. The recipe makes 48 but as there were a few members unable to attend we halved the amounts. There was still enough for most people to taste 2 of them. The main recipe was a Butternut squash and mixed bean pie. This recipe also makes a big pie so again we halved the amounts and there was enough for everyone to have a good portion to taste. All enjoyed the tasting and hopefully will try these for themselves at home. We seem to be sorting out members' lunches at this group, as they are often able to have "seconds"! At least there is no waste!.



A big thank you to those who helped at the last meeting, from putting items in the oven, washing up and putting away the chairs. It all makes for a very friendly and sociable group.

We still have a few spaces left in the group so if anyone would like to join us, please contact me.

Anne Wilkinson

Walking Group (Short Length Walks)

June 15th was a very warm day for a walk but 8 intrepid short walkers set off from Jacksdale Garden Centre with walk leader Roy Brown.

Their destination was the ruins of 13th-century Codnor Castle.

The land around Codnor came under the jurisdiction of William Peverel after the Norman Conquest.

The building is registered as a Scheduled Ancient Monument a Grade II Listed Building and is officially a Building at Risk.



The Intrepid Walkers

The next walk is on Thursday July 20th for the Wellow Heritage Walk. Details will be sent to all group members

David Rose

Walking Group (Longer Length Walks)

On the 6th June we went to Belper on a walk of around eight miles which Carol Green kindly organised and led. It was a varied walk with good views back over Belper.

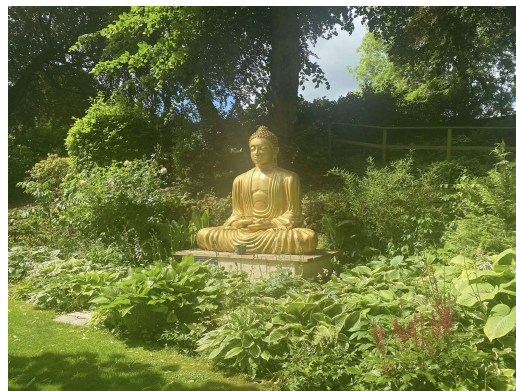
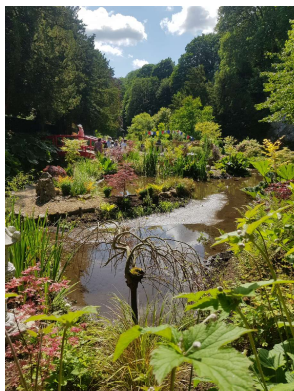
We started at the Strutts mill and finished at the cafe which is situated in the park at the back of the mill.

The walk started in Belper, through Wyver Lane Nature Reserve to Blackbrook, Mitford and back along the River Derwent. It was rather overcast but a relief from the heat that we have recently experienced.



Weekenders Group

We had a very enjoyable Gin Tasting Social afternoon at Siobhan Lee's on 10th June. A chance to try different gins, along with snacks and cuddles from the two cockerpoos and Siobhan's five ladies (bantam hens). We met at The Broomhill to celebrate Janice White's birthday. A few of us also went to the Thursday Silver Screen sessions at the Arc Cinema to see "The Incredible Journey of Harold Fry", Love Again, The Book Club Next Chapter and plan to go again next month. The June Coffee Club was on 24th and on 26th June we had an outing to the Cascades Gardens at Bonsall followed by lunch and shopping at the Peak Shopping Village.



HUCKNALL & DISTRICT u3a INTEREST GROUPS

Group	Leader	Contact E-Mail
Bridge	Sue	bridge@hucknallu3a.org.uk
Canasta	Sue	canasta@hucknallu3a.org.uk
Craft 1	Jo	craft1@hucknallu3a.org.uk
Crafty Knitters	Janet	craftyknitters@hucknallu3a.org.uk
Cycling	Jim	cycling@hucknallu3a.org.uk
Discussion	Christine	discussion@hucknallu3a.org.uk
Drama	Janet	drama@hucknallu3a.org.uk
Easier Cycling	Angela	easiercycle@hucknallu3a.org.uk
Flower Arranging	Siobhan	flowers@hucknallu3a.org.uk
Fun with Languages	Ann	languages@hucknallu3a.org.uk
Gardening	Anne	gardening@hucknallu3a.org.uk
Growing Old Disgracefully	Christine	god@hucknallu3a.org.uk
Grumpy Old Men	John	grumpy@hucknallu3a.org.uk
History	Maureen	history@hucknallu3a.org.uk
International Dining	Marilyn	internationaldining@hucknallu3a.org.uk
Kurling	Sue	kurling@hucknallu3a.org.uk
Late Breakfast	Geoff	latebreakfast@hucknallu3a.org.uk
Litter Picking	Val	litter@hucknallu3a.org.uk
Lunch	Sandra	lunch@hucknallu3a.org.uk
Mah Jong	Val	mahjong@hucknallu3a.org.uk
National Trust	Barrie	nationaltrust@hucknallu3a.org.uk
Not So Grumpy Old Men	Barrie	notsogrumpy@hucknallu3a.org.uk
Pickleball	David	pickleball@hucknallu3a.org.uk
Pub Quiz and Lunch	Sandra	pubquiz@hucknallu3a.org.uk
Reading	Sandra	reading@hucknallu3a.org.uk
Real Ale	Melvyn	realale@hucknallu3a.org.uk
Rummikub (1)	Kate	rummikub@hucknallu3a.org.uk
Rummikub (2)	Sue	rummikub2@hucknallu3a.org.uk
Science	David	science@hucknallu3a.org.uk
Scrabble	Val	scrabble@hucknallu3a.org.uk
Seated Exercise	Anne	exercise@hucknallu3a.org.uk
Short Courses	Tina	shortcourses@hucknallu3a.org.uk
Singalonga	Liz	singalonga@hucknallu3a.org.uk
Table Games	Sue/Margaret	games@hucknallu3a.org.uk
Table Tennis	Alan	tabletennis@hucknallu3a.org.uk
Theatre	Barbara	theatre@hucknallu3a.org.uk
Ukulele For Fun	Vivian	ukulele@hucknallu3a.org.uk
Vegetarian Cookery	Anne	vegcookery@hucknallu3a.org.uk
Walking (Long)	Mark	longwalks@hucknallu3a.org.uk
Walking (Medium)	John	midwalks@hucknallu3a.org.uk
Walking (Short)	David	shortwalks@hucknallu3a.org.uk
Watercolour	Margaret	painting@hucknallu3a.org.uk
Weekenders	Sandra	weekenders@hucknallu3a.org.uk
Wine Appreciation	Mark	wineappreciation@hucknallu3a.org.uk
Wine Lovers	Tina / Gary	winelovers@hucknallu3a.org.uk
Wine Tasting	Sue	winetasting@hucknallu3a.org.uk

HUCKNALL & DISTRICT u3a INTEREST GROUPS - Calendar

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	13:30 - Flower Arranging 13:45 - Discussion 14:00 - Water Colours	10:00 - Walking (Long) 13:00 - Rummikub 2	09:15 - Cycling 10:00 Committee Meeting 14:00 - Reading	14:00 -Pickleball	09:30 - EasierCycling 09:30 - Late Breakfast 14.00 - Table Tennis 19:00 - Canasta		
2	10:00 - Ukulele 12:00 - Pub Quiz & Lunch 14:00 - Rummikub 1 14:00 - Seated Exercise	13:00 - Rummikub 2 14:00 - Crafty Knitters 18:30 - Bridge	09:15 - Cycling 13:45 - Members Meeting	10:30 - Fun with Languages 14:00 - Pickleball	09:30 - Easier Cycling 14.00 - Table Tennis 19:00- Mah Jong		
3	10:00 - Walking (Mid) 13:45 - Craft 19:00 - Wine Lovers 19:30 - Wine Appreciation	10:30 - Singalonga 13:00 - Rummikub 2 13:30 - Gardening	09:15 - Cycling 14:00 - History 19:30 - WineTasting	10:00 - Walking (Short) 14:00 - Pickleball	09:30 - Easier Cycling 10:00 - Science 14.00 - Table Tennis 19:00 - Table Games	14:00 - Week-ender's Coffee	
4	10:00 - Ukulele 10:30 - Vegetarian Cookery	13:00 - Rummikub 2 18:30 - Bridge	09:15 - Cycling 12:00 - Lunch	14:00 - Pickleball 14:00 - Scrabble	09:30 - Easier Cycling 10:00 - Drama 14.00 - Table Tennis 19:00 - Canasta		15:00 - Kurling
5		13:00 - Rummikub 2	09:15 - Cycling	14:00 - Pickleball	09:30 - Easier Cycling 14.00 - Table Tennis 19:00 - Canasta		

Various Dates:

Growing Old Disgracefully; Grumpy Old Men; International Dining; Litter Picking; National Trust; Not So Grumpy Old Men; Real Ale; Theatre; Weekenders

If there's an Interest Group that you'd like to see here, please contact the Groups' Co-ordinator, who will be happy to help (coordinator@ hucknallu3a.org.uk).

If you are unable to e-mail the group leader, Please speak to them at the monthly meeting or ask a committee member.