

# NEWSLETTER

# **Issue July 2021**

Web Address: www.hucknallu3a.org.uk

# **Message from our Chair**

Hello everyone and welcome to the July Newsletter.

I hope you are enjoying the warmer summer weather. I especially like the weeks around the summer equinox on 21<sup>st</sup> June when dawn starts really early and the evenings are so light.

So, while still being extra Covid variants careful, I hope you are enjoying the warmth, the great outdoors, the garden flowers and the displays of wild ones around many of the local footpaths and grass verges.

Several of our groups, many of them the sports/outdoor groups, have re-started which is great news and we hope to support more activity over the coming months. I know that many members are looking forward to meeting up again soon with the friends made in our various u3a groups to enjoy our shared interests in person.

Since it is also the holiday season I have found a postcard from about 100 years ago which shows a comic seaside scene.

Many were produced by James Bamforth from West Yorkshire and one of the most celebrated graphic artists was Donald Fraser Gould McGill whose name has become synonymous with the genre of saucy postcards, particularly associated with the seaside. The cards mostly feature an array of attractive young women, fat old ladies, drunken middle-aged men, honeymoon couples and vicars. He has been called 'the king of the saucy postcard', and his work is collected and appreciated for his artistic skill, its power of social observation and earthy sense of humour.

They were always a source of innocent blushes in those days and I remember being pulled away by concerned parents from the racks outside the novelty shops in Skegness.



The caption seems relevant as it looks like it will be a UK coastal holiday for most of us to enjoy this year –just like the couple on the card.

# **David Rose, Chairman**

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 30<sup>th</sup> July 2021 Please also send a copy of your article to webmaster@hucknallu3a.org,uk for inclusion on our website.

# **COMMITTEE MEETING**

The committee met on Wednesday July 7th at 10am.

Apologies were received from: Sandra Green, Angela Cornish, Mark Jackson and Melvyn Francis

The minutes of the June meeting were accepted as a true record

Siobhan reported that the Week Enders group are starting meetings this month. The new indoor carpet bowls met on Monday 5th at The Grove Centre on Farleys Lane but the hall proved to be too short for the bowls mat. Now the group plans to reconvene at a new venue in September.

Siobhan is also in the process of re -establishing contact with the Tesco community room

Dianne has arranged the July monthly meeting when the speaker is Steve Wallace from the Sherwood Observatory.

The social committee are planning a Dec 6th Christmas social event.

Webmaster Angela reports 2390 'hits' on the website in June and she has liaised with Diane Heenan who has agreed to update postings on our u3a Facebook page.

- do check it out and have a look at our website.

Treasurer Christine has recently paid our National u3a capitation of £1494.50 and her submitted accounts otherwise show only minor transactions in June.

Phil confirms the safe storage of our equipment from HLC and is keeping the u3a laptop updated in terms of security settings.

Melvyn has organised a presentation on August the 11th, details are in this newsletter.

Greg reports 2 new members with 15 pending. Our total is currently 431 full, 14 associate and 15 affiliated members.

Mark had submitted details of the Third Aid Trust Candidates for Chair and Vice Chair and will submit our proxy vote for Beryl Shepherd Chair and Michaela Moody for Vice Chair.

We agreed to have a stall at the John Godber Open Day on 22nd August or 19th September when the date is finalised.

The next committee meeting will be on Wednesday August 4th at the John Godber Centre

David Rose

# Wednesday July 14th Monthly Meeting via Zoom

The speaker this month is Steve Wallace.

Steve is the Planetarium Project Manager at Mansfield & Sutton Astronomical Society

The theme of his presentation is 'The Life Cycle of Stars' e.g. our Sun

'The life cycle of the Sun began roughly **4.6 billion years** ago and will continue for almost another **8 billion years** when it will have depleted its supply of nuclear fuel and collapse into a white dwarf. The Sun and all our planets in the solar system began as a giant cloud of molecular gas and dust.'

We will find out a lot more at Steve's presentation and he will also give an update on the progress of the project to build a planetarium and visitors centre at the current telescope site.

# **NEW GROUPS, GROUP NEWS, WORKSHOPS & OTHER NEWS**

# **New Chess Network starting in September**

The following message is from David Castle subject advisor for u3a's Chess Network. Hopefully you will find it interesting and give it a go.

The Network aims to promote the study and playing of Chess in u3a -both in local u3a's and nationally on web-sites and Zoom etc.

Chess unlike Bridge, has never flourished in u3a – probably because it has the reputation of being a difficult, aggressive, complex game, played in silence.

On the contrary the rules are straightforward and easy to grasp and after a short while interesting, Thought-provoking games can be played.

Also we have shown in the last few years that a Chess Club can be sociable, interactive, and cooperative – where the intension is to explore the theory and play well but also to enjoy playing the game and meeting other people.

There is little doubt that playing a game like Chess improves concentration, memory, decision – making, and spatial comprehension – so a real advantage to us all in u3a!!

In September we are starting a nation-wide u3a Chess League which will be available to all members of all abilities from learners to experts.

The objectives of the new u3a Chess Network are:

- To help and encourage new Chess Clubs (one of the most common questions we receive is 'how do I start a Chess Club?')
- To collect and make readily available, information relevant to u3a chess players and clubs.
- To encourage zoom or on-line u3a Chess Groups or Leagues. (another typical complaint to the Subject Advisors is that there are no u3a chess players in my area!)

It is now possible to join the u3a CHESS NETWORK by going to:
<a href="https://www.u3aChessNetWork.org.uk">www.u3aChessNetWork.org.uk</a> - where it is possible to register for the u3a Chess League starting in September.

David Castle Chess Network Advisor

# New initiative across Notts u3a's

Carlton and Gedling u3a is sharing across the Nott's network of u3a's online groups.

## Film Study Group

Nearly all of us have computers, laptops or tablets. All of us have TVs, many with some sort of 'smart' capability. Many of us love films and there are loads of interesting films available for free on YouTube, BBC iPlayer and All4. What we do is select a couple of films to watch, then discuss and share our thoughts about them. Quite often, especially with classic films, we can find short YouTube videos to enrich our understanding and enjoyment of the film.

We meet on the fourth Monday in the month, 2 - 3.30 pm. We alternate a focus on a couple of classic films from the history of cinema with a focus on more recent films. We watch the films at times of our own choosing and then meet over the internet using zoom for the discussion and to

choose our next films. To be able to join the Zoom discussion you will need a computer/laptop/tablet with a camera and microphone capability.

# **Opera Study Group**

Our opera group has taken on a whole new lease of life since the lockdown started. We are now meeting twice a month, instead of once as previously. At each meeting we discuss an opera we have all watched in the preceding fortnight and one of us introduces the next opera we are going to watch in the next fortnight. So far, we have never had to pay to watch an opera, since there are so many operas available to stream for free.

We are a mix of opera novices and quite experienced opera fans and everyone is welcome whatever your level of prior knowledge. We meet on the first and third Wednesdays of the month, 10am to 12 noon. To be able to join the Zoom discussion you will need a computer/laptop/tablet with a camera and microphone capability.

We have been watching operas on YouTube, usually on the Operavision website. The Operavision operas are usually high quality in performance, picture and audio. There are 30-40 operas available at any one time and they are usually available for a couple of months each. ALL FOR FREE. The repertoire is, if anything, particularly strong on operas which are less well known although there are lots of popular classics as well. Although we are not terribly advanced technically we are making use of the zoom facility for the host to introduce the next opera by showing clips using the shared screen.

There are no affiliation fees.

If you are interested in either group please contact\_ (<a href="mailto:pkmartinez14@gmail.com">pkmartinez14@gmail.com</a>)

# One Off Talk Weds 11th August - "What's the problem with sugar"

Although there is no formal monthly u3a meeting in August, we thought that it would be a good idea to put on a 'one off talk' to encourage those that wished to join together through zoom and listen to an interesting and topical subject.

This talk is by a lady named Coral Sirett, who is from an organisation called Zest Health which gives talks on stress, mental health, phsical health and general well-being, all especially important during the past 15 months of the covid pandemic.

The talk will be about the very common challenge which is 'sugar cravings' and of course consuming too much, often unknowingly.

In "What's the problem with sugar" Coral looks at what sugar is, why it's an issue to have too much, how to reduce consumption, the main sources of sugar and how to read food labels.

We all know about the often-hidden amount of sugar there is in todays processed food. Coral comes excellent reviews and I would encourage you to join us for this talk.

As always, a reminder with a zoom link will be sent out to everyone a couple of days before.

Melvyn Francis Vice Chair/ Short courses/One off talks

#### JULY SCAMS UPDATE

# 1. Covid Vaccine Passport scams

We have been made aware of a Covid Vaccine Passport scam email going around that purports to be from the NHS and informs recipients that they can apply for their "Digital Coronavirus Passports"

Clicking on the link within the email, takes you to a convincing but fake NHS website that asks for personal and payment details. (for an admin fee)

The website has since been taken down, but in case similar emails/websites appear

SCAM ALERT Covid digital passport scam A new email scam about Covid is circulating and we want to advise you what it looks like and what steps you can take. Your vaccination You may receive an email which looks status is obtained similar to the one shown. Clicking on the link takes you to a convincing but FREE through the fake NHS website that asks for personal NHS App, website and payment details. (for an admin fee). or by calling the NHS on 119. The website has since been taken down, however, as with many scams of this Send suspicious nature, there will be others. emails to the More information can be found on the Suspicious Email Reporting gov.uk website; https://www.gov.uk/guidance/demonstra Service (SERS) at ting-your-covid-19-vaccination-statusreport@phishing. when-travelling-abroad gov.uk. www.ourwatch.org.uk

can you please circulate the attached alert to your residents, members, groups and mailing lists.

And just to reiterate, your vaccination status is obtained FREE through the NHS App, website or by calling the NHS on 119.

#### 2. Fake Census Scams

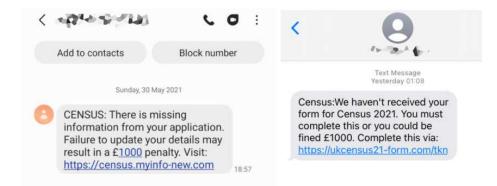
It's been a few months since the deadline for the 2021 Census in England, Wales and Northern Ireland, but scammers are still trying their luck with fake texts threatening fines for not completing your survey properly.

Scammers are continuing to tell people that their Census submission either hasn't been received or that information is missing, and because of this you risk being fined £1,000.

It's suggested you can prevent being fined by clicking on a link included in the messages, but it will only take you to a fake website designed to steal your personal details. Any information you

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 30<sup>th</sup> July 2021 Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

inadvertently hand over could then be used to target you with more sophisticated scams in the future



Neither of these texts is real. The government's Office for National Statistics (ONS), which carries out the surveys, confirmed it never texts participants, or non-participants, about their survey. Scammers know full well that most people have submitted their surveys, but **these scams are continuing as they're trying to panic people into proving they've already taken part**, which they might expect to involve sharing personal and contact details.

#### How to deal with scams relating to the Census

Ignore all texts and emails that claim to be about your missing or incomplete Census – the ONS has confirmed that they're all fakes.

Avoid clicking on links in text messages. This is the best way you can stay safe from SMS phishing (or smishing) scams.

**Phishing** is an online scam where criminals send alluring emails to the organization, user, and more to collect sensitive information. Mostly, this happens through a link sent by an unknown email domain. Clicking the links contained in such emails can put all your data is at risk. These emails can also lead to monetary losses.

**Smishing** is the fraudulent practice of sending text messages purporting to be from reputable companies in order to induce individuals to reveal personal information, such as passwords or credit card numbers.

David Rose

# **NEWS FROM THE GROUPS**

#### **ARTS & FILMS INFORMATION GROUP**

Although there is insufficient reliable information on concerts and such to warrant a bulletin of planned program's; film information is a much more positive situation. All cinemas in our area are now showing films all being that they are being to restricted audiences with a heavy emphasis on protection. Our two local venues of The Arc and The Bonington are both issuing program's and in the past month Colleen and I have enjoyed 4 showings sitting safely spaced out over 25% of the theatres.

Please contact me if you would like to be included in the circulation of the calendar each month at alansnape@hotmail.co.uk or 07940146542. This year I plan to separate off the cinema section into The Film Club and I will attempt to include a description of what each film is about and who is in each film.

When booking seats at The Bonington on line you are asked to select your seats from a seating plan which only offers safe seats. The bar is open and drinks both alcoholic or coffee are available to take into the film with you.

Alan Snape

#### **CHOIR GROUP**

It is difficult to join an established group, especially when, as with the choir, the group is given knowledge which is needed at future meetings. In last month's Newsletter I suggested that we could hopefully look forward to returning to choir meetings, and that the break caused by the pandemic had created a wonderful opportunity to make it easier for anyone interested in singing, to join in. It's such a rare opportunity that I thought I would repeat it. I have received some responses, but the more members who decide to try it, the easier it will be for everyone, including established members who will no doubt enjoy a refresher, (and who may even gain a greater understanding than they did the first time round). It's a tiny benefit from the pandemic, and if you've ever been tempted to join us it would be a pity to miss what hopefully will be a unique opportunity. Who knows how well you'll do? When I joined the choir I hadn't sung with others since my primary school days, but a few years ago was able to perform with the Halle Choir at their Christmas Concert at the Royal Concert Hall. It was a challenge, I didn't know the standard required, and went into the first rehearsal prepared for rejection and disappointment, but I was accepted and didn't have any difficulties. Not a tremendous achievement, but an unexpected and happy memory for someone with my limited training and experience, singing, facing an audience of 2000, with a prestigious orchestra at the Royal Concert Hall. If you've ever been tempted to join a choir, do give yourself a chance to see where it could take you, or just be happy to have fun with us.

I'd like to thank choir members for their good wishes whilst I have been incapacitated in recent weeks, I appreciated your kind thoughts. I'm sorry I couldn't respond to each of you, but typing continues to be extremely painful, and remains for some time afterward. (Obviously, I didn't type this!)

Enjoy the Summer, everyone, and keep safe.

#### FUN WITH LANGUAGES GROUP

We had a month off in may so were pleased to see each other for our June Zoom. It had seemed a long time. A big thank you to Phil and to Sue and John for their great sketches in Spanish, which we all enjoyed. Well done for that. We were looking at Covid situations in Spanish.

It was so good to see Liz return too after her long illness.

The main thing we are lacking is more practice and conversation, so on 8th July we shall hope for good weather to meet in reality face to face!!!! This will be in Ann's garden or the nearby playing field, depending on numbers. We will have a chat about our future plans. Please bring a chair and a drink. I will email out to the group again with my address.

Enjoy the sunshine while it lasts!!! . Ann and Liz.

## **GARDENING GROUP**

While we can now get around a bit and visit gardens, there is still a lot to be seen on the Virtual Tours of the NGS website. And there are also Plant Hunters' Fairs to visit too. On Sunday August 1 it is being held at the 1620's House at Donington Le Heath, Coalville, Leics. 10Am to 4pm. Look online for details of tickets. The garden is also well worth a visit in addition to the fair. On August 8 it is at Southwell Minster, 11am to 4pm. Look at planthuntersfairs.co.uk for ticket details.

This month is a good time to divide flag irises and congested clumps of daffodils. Also perennials that have flowered will benefit from a cut back followed by a good water and they will hopefully give you another show later in the summer. We gardeners like to get our money's worth!

In full bloom now are the Mock orange or Philadelphus, the Deutzia, Escallonia, honeysuckle, Spiraea, as well as all the lovely annual and perennial bedding plants.

A few years ago a wild orchid appeared in one of my pots, thanks to the wind or a bird, and this year it has three lovely stems of flowers. It can take 7 years to flower from seed (apparently) so I feel lucky to have it and look for it coming up each year. (See the photo below)

This year has been a good year for peonies, and the gardens are awash with their beautiful fragrance. There is a wide choice of cultivars and you can plan to have different ones growing for months. They prefer rich, moist well drained soil in full sun and once planted do not like to be moved. Colours range from lemon, to white to pink to red. There are also tree peonies which grow easily in most soils and once established will produce flowers for many years. They need extra compost in winter and a good mulch in summer but otherwise are easy to care for if sheltered from frost. They have huge flowers, often sweetly scented, and strong foliage so work well in a border.

Finally, from the Old Gardeners, "If the First of July be rainy weather, it will rain for four weeks together." And then, "St Swithin's day if it does rain, for forty days it will remain". It all sounds a bit gloomy, but whatever the weather, enjoy the summer in your garden.







## **HISTORY GROUP**

The History Group always welcomes all U3A members. Our indoor meetings are held at Central Methodist Church on the 3<sup>rd</sup> Wednesday of the month commencing at 2pm. Sorry I missed the deadline for the last newsletter but I have been busy revising the list of meetings and visits <u>again</u> and a copy is below. I will photocopy it for the first meeting we can attend. Incidentally we need to consider ideas for next years visits and speakers so please let me know what your thoughts are ASAP.

Local news: The old Co-op Bakery has been demolished with plans for houses on the site. The Dispatch Office is looking much better now the frontage has been refurbished. 'Romans' is an ongoing sore on Annesley Road however a message from the architect explained that the County Council (part which deals with roads) has changed over to another provider and the developer is waiting for them to set up barriers, etc. to enable contractors lorries to clear the site.

I am working on the 100<sup>th</sup> issue of Hucknall Torkard Times which is to be a 'special' one with extra pages to mark 25 years of publication. As we have been in lockdown, with less people shopping, I have been saving unsold copies to bring to the first meeting we can attend. Bye for now, Maureen

#### **LUNCH GROUP**

Unfortunately we are still not able to book large groups in for lunch anywhere so let's keep our fingers crossed for the end of summer.

#### **NATIONAL TRUST GROUP**

When we wrote our last report a month ago we were hoping that the promised "Freedom Day" would follow on June 21st and hoped to email out some good news to the group. However, this was not to be so the promised email would have been pointless!!!!

July again promises to bring "Freedom Day", however, while writing this note we see the highest number of Covid-19 cases recorded since mid-February. As you will be very aware Social Distancing rules remain the greatest hurdle to resuming our visits.

If we get positive new guidelines, then we will contact J B Tours and Fountains Abbey immediately to try to arrange a date for the visit. When we reach this stage we will email or phone all of you who are booked on the visit.

We know that we are all frustrated beyond belief but we will get things organised on the first day that we possibly are able.

In the longer term, if it is possible we intend to organise a visit to Belton House to see the Light Trail as well as trying to get some other trips in before the year ends.

Thank you all for your patience and keep your fingers crossed that things improve in the near future.

Sue and Barrie Saunders

#### PICKLEBALL GROUP

Currently we are playing at the Kirkby Leisure Centre (Festival Hall) from 1.30pm to 3.30 pm every Thursday.

We have exclusive use of the sports hall with 3 courts. It is played on a badminton court with minor adaptations and a 3ft 6inches high net.

New members are welcome; please contact me for details at: davidrose98835@gmail.com

Some recent action



## **PUB QUIZ & LUNCH GROUP**

Unfortunately due to group size restrictions we are not able to re-start the Pub Quiz at the Nabb Inn but hopefully who know, by autumn we may be able to do it.

Here's the answers to the General Knowledge guiz from last month.

- 1. Which German word means lightning war? Blitzkrieg
- 2. Can you name the rather tall co-presenter of the BBC One television guiz show *Pointless*? Richard Osman
- 3. What name links the rugby playing husband of Charlotte Church to the creator of The Muppets? Henson
- 4. The last British monarch to be born outside Great Britain? George II (born 1683 in Hanover)
- 5. Which British television series filmed at Weald & Downland Living Museum in West Sussex? The Repair Shop
- 6. What did Ian Dury and the Blockheads want to be hit with? Rhythm Stick ("Hit Me with Your Rhythm Stick")
- 7. Human cells normally contain how many pairs of chromosomes? 23 pairs of chromosomes (for a total of 46)
- 8. What is the name of Joe Biden's wife? Jill Biden
- 9. What's the name of the tallest of all penguin species? Emperor Penguin
- 10. What name is shared by a fictional plantation and the eldest daughter of Joan Collins? Tara (which is the plantation from "Gone With the Wind" and Tara Newley)
- 11. In which decade was the Sydney Opera House formally opened? 1970s (October 1973)
- 12. Which famous American company has supplied the Presidential helicopter since 1957? Sikorsky
- 13. Which actor was dubbed the muscles from Brussels? Jean Claude Van Damme
- 14. In miles per hour, maximum speed limit mobility scooters are allowed to do on UK roads?) 8 miles per hour
- 15. What does a Brannock Device measure? Shoe size or feet

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 30th July 2021

Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

- 16. An ice giant is a giant planet composed mainly of elements heavier than hydrogen and helium. There are two ice giants in the Solar System, can you name both? Uranus and Neptune
- 17. Who starred in the sitcom *Nearest and Dearest* with Hylda Baker and played Cannonball Lee in the 1990 film *The Krays*? Jimmy Jewel
- 18. Which Jane Austen novel tells the story of naive young Catherine Morland and her journey to a better understanding of herself and of the world around her? Northanger Abbey
- 19. Which 3-digit number, particularly in America, is cannabis culture slang for marijuana? 420
- 20. Name the world's lowest lying capital city, it sits 28 metres below sea level? Baku (the capital of Azerbaijan on the Caspian Sea)

#### And for July here's another quiz to keep you going.

- 1. If you are in the capital city of Port au Prince, in which country are you?
- 2. Which train service connects London to Paris?
- 3. What colour is the Northern Line on the London Underground?
- 4. In which city is "101 Dalmatians" set?
- 5. What is the most common metal found in the Earth's crust?
- 6. Where would you be if you were walking along latitude 66 degrees 32 minutes North?
- 7. In which park would you find London Zoo?
- 8. Which battle took place on October 21st 1805?
- 9. Who was the first man to fly solo across the Atlantic?
- 10. Which 1984 film tells the story of Cambodian journalist, Dith Pran?
- 11. When was Nelson Mandela released from prison after 27 years of incarceration?
- 12. Which of the Kray brothers died in prison?
- 13. In which year did Queen Victoria die?
- 14. What is the medical term for the study of the brain and nervous system?
- 15. Where in the body would you find 'The Bowman's Capsule'?
- 16. Linseed oil comes from which plant?
- 17. Red Iron Oxide is more commonly known as what?
- 18. What is the main metallic element in bronze?
- 19. Which gas makes fizzy drinks fizzy?
- 20. On which day of the year does the oyster season officially start in the UK?
- 21. What is a sad anagram of GYRATED?
- 22. What is the name of the website where you can buy and sell ONLY handmade or vintage craft items?
- 23. How would you write the number 7 in binary code?
- 24. What is the 6th planet in our Solar System?
- 25. Who wrote "The Horse-dealer's Daughter"?

# **READING GROUP**

A Reading Group meet up in Margaret White's garden took place in early June, when the weather was excellent. We had a full house or should I say garden and it was great to meet up again to discuss our books and do a book swap – and of course enjoy Margaret's banana bread.

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 30<sup>th</sup> July 2021 Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

## **SCIENCE GROUP 2**

Our Zoom presentation in June was an introduction to the history and development of Forensic Science, a topic we will return to later in the year.

Next month on Friday July 16<sup>th</sup> we are meeting at 10am 'al fresco' outside near the Engine Winding House in Bestwood Park. This is very close to the parking area.

# The Bestwood Colliery Winding Engine House



Bob Gow will be conducting mini tours with groups of 6 and we will have the opportunity to meet up for the first time face to face since Feb 2020.

If possible bring a picnic chair and a drink, light refreshments will be provided and toilets will be available.

David Rose

## **THEATRE GROUP**

So far the following shows are going on

Riverdance Saturday 28th August at 2pm in the Royal Concert Hall.Looking forward to lunch with you.

CHICAGO Saturday 23rd October 2021 at 2.30pm in the Royal Concert Hall. Please contact me a.s.a.p. as I have to pay for tickets £49.50. on the 20th August..

SINGING IN THE RAIN Wednesday 6th July 2022 at 2pm. in Royal Concert Hall Tickets £44.50.

SISTER ACT Wednesday 10th May 2023 at 2pm. in Theatre Royal.Tickets £42.00.

I have cancelled 9 to 5 The Musical, 27.10.21. The Adams Family 13.11.21 and The Book of Mormon.20.8.22. My apologies if you were down to see any of these performances.

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 30<sup>th</sup> July 2021 Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

#### Special Message

Dear Friends,

I would like to thank the U3A family and friends for your kind words when my husband Conrad passed away in March this year. It meant so much to hear from so many of you. Thank you.

Kind regards, Barbara Ives.

# WALKING GROUP (SHORT WALKS)

Taking careful note of the promised heavy rain forecast on both the BBC and Met Office websites the planned route for June was changed from Hoveringham to a local walk starting from the Hucknall tram car park.

On the day the rain did not appear but we had an enjoyable 4.6miles walk via Mill Lakes, Bulwell Hall and Titchfield Park.

This month on Thursday July 15<sup>th</sup> whatever the weather we will be walking the postponed walk from Hoveringham parking in the large lay bye opposite Ferry Farm.

David Rose

# WALKING GROUP (MID LENGTH WALKS)

Twenty-three of our group had a really good walk in June. Starting from Woodborough Village Hall carpark we set off on the circular Lapwing Walk. This walk is quite short for our group (5 miles max), but we had plenty of time to socialise over coffee in Lambley churchyard and then in our picnic at the end of the walk.

John and I really enjoyed the chance to catch up with as many of the group as possible and we are now looking forward to our next walk, which is on Monday 19th July in Southwell. We will be doing the 6-mile Bramley Apple Walk, led by Mandy and Chris; more details will follow on our group email.

Walking in one group worked well in June and we should be OK to do the same in July.

Sue Tedstone

# **WEEKENDERS GROUP**

The July Newsletter will be sent out after 1st July. Once again, many thanks to Margaret Whilde & Lindsay Smith for printing off copies for those members not on email and for delivering them on morning walks.

We had two garden meet ups at the end of May on the same day but different venues so that in spirit we were all together and also our birthday lunch for Janice White took place in June at The Broomhill and it was excellent and well organised. Only eight of us but we thoroughly enjoyed the occasion! We have made plans for outings, lunches and hopefully social evenings up until Christmas so watch this space. Due to bus size restrictions for our outings, the Weekenders Group is limited to 16 members and is full at the moment.

# HUCKNALL & DISTRICT U3A INTEREST GROUPS July 2021

For further details contact check the website at www.hucknallu3a.org.uk from there you can email the respective Group Leader

#### **ARTS**

 $\begin{array}{lll} \text{ACOUSTIC GUITAR} & 1^{\text{st}}\$3^{\text{rd}} \text{ Thursday } 10:00 \\ \text{CHOIR} & 1^{\text{st}}\text{Wednesday } 13:20 \\ & 3^{\text{rd}}\text{Wednesday } 11:20 \\ \text{DISCUSSION} & 1^{\text{st}}\text{Monday } 13:45 \\ \text{DRAMA} & 4^{\text{th}}\text{Friday } 10:00 \\ \end{array}$ 

FILM CLUB Thursday 12:30

HISTORY 3rdWednesday 14:00
NATIONAL TRUST Various dates &times
READING (BOOKS)\* 1stWednesday 14:00
SINGALONGA 3rd Tuesday 10:30
THEATRE various dates
UKULELE 2nd&4thMonday 10:00

#### **ACTIVE WELLBEING**

CYCLING Every Wednesday 9:00

EASIER CYCLE Every Friday 9:00
GROWING OLD DISGRACEFULLY\* Various

GRUMPY OLD MEN Various

NOT SO GRUMPY OLD MEN Various

KURLING 2<sup>nd</sup>Sunday3-5pm PICKLEBALL Thursday 14.00 SEATED EXERCISE 4<sup>th</sup> Monday 14:00 WALKING (LONG) 1<sup>st</sup>Tuesday 10:00 WALKING (MID)\* 3<sup>rd</sup>Monday 10:00 WALKING (SHORT) 3<sup>rd</sup>Thursday 10:00

#### **FOOD & DRINK**

BREWERY SCIENCE & HISTORY Various GINOLOGY 3<sup>rd</sup> Thursday 19:00 INTERNATIONAL DINING As Arranged LATE BREAKFAST 1<sup>st</sup>Friday 09:15

LUNCH GROUP 4<sup>th</sup>Wednesday 12:00

PUB QUIZ & LUNCH 2nd Monday 12:00
WINE APPRECIATION\* 3rd Monday 19:30
WINE TASTING \* 3rd Wednesday 19:30

#### **HOBBIES & PASTIMES**

1st& 4th Friday 19:00 CANASTA CRAFT 1 \* 3rd Monday 13.45 CRAFT 2 2<sup>nd</sup>Tuesday 14:00 **GARDENING** 3rd Tuesday 14:00 **HOLIDAYS** various dates KNITTING & CROCHET 4thTuesday 14:00 2<sup>nd</sup>Friday 19:00 MAH JONG POT LUCK \* 1stWednesday 19:30 RUMMIKUB1 1stMonday 14:00 RUMMIKUB2 Thursday 13.00 SCRABBLE 4<sup>th</sup>Thursday 14:00 TABLE GAMES 3<sup>rd</sup>Friday 19:00 WATER COLOUR 1stMonday 14:00 WEEKENDERS various Sat & Sun.

**LANGUAGES** 

FRENCH CONVERSATION\* 3<sup>rd</sup>Tuesday 10:00 FUN WITH LANGUAGES 2<sup>nd</sup> Thursday 10:30

#### SCIENCE AND THE ENVIRONMENT

SCIENCE 1 4<sup>th</sup>Thursday 14:00 SCIENCE 2 3<sup>rd</sup>Friday 10:00

Group Leaders are normally available in the Board Room at the monthly U3A meetings to answer any questions that you may have about their group. Their contact details are displayed on the Interest Group Information Board.

<sup>\*</sup>Indicates group full. If you are interested then contact Siobhan who will happy to help you set up a further group. Please be aware that some Interest Groups have a limited number of places due to activity, venue etc.