



NEWSLETTER

Issue March 2021

Web Address: www.hucknallu3a.org.uk

Message from our Chair

It's March—Happy New Year, ancient Romans!

Welcome to the third month of the year—or, if you were born before 150 B.C., the first! According to the oldest Roman calendars, one year was ten months long, beginning in March and ending in December. We can still see traces of this old system in our modern calendar: because December was the tenth month, it was named for the number ten in Latin (decem), just like September was named for seven (septem). So, what about January and February? They were just two nameless months called 'winter.'

It is the first month of spring in the Northern Hemisphere and the first month of autumn in the Southern Hemisphere.

And although March winds might blow it's good to see the daylight hours getting longer.

The announcement of the 'irreversible' roadmap to bring the country out of lockdown has some key dates for our u3a. It is stressed however these are the earliest dates which could change depending on Covid transmission rates.

From March 29:

People will be able to meet outside in groups up to a maximum of 6 people who will still need to socially distance from each other. This will apply in all outdoor settings, including private gardens.

No earlier than May 17

Further easing of limits on social contact, but gatherings of up to 30 will still not be allowed. Indoors, people will be able to meet socially in a group of 6

No earlier than June 21

With 'appropriate mitigations' in place, the Government will aim to remove all legal limits on social contact

Both the main committee and the social subcommittee will be planning a route through this road map for a gradual return to our group and social activities.

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Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

Meanwhile we maintain contact with our partner venues such as the John Godber Centre, as shown in the following e-mail :-

Thanks David,

It's great to keep up to date with what our friends are up to, we can't wait to see everyone again soon.

We're expecting news today and hopefully by the end of the week be able to update everyone once we've clarified the Government's plans, the announcements are never 100% clear but fingers crossed we'll have a better idea of when we'll be able to reopen again.

Keep well and our best to all the members

Kim: John Godber Centre Manager

David Rose, Chairman

COMMITTEE MEETING

Notes from the March Zoom Committee meeting

The committee met on Wednesday March 3rd from 10am to 11.10am.

Apologies were received from Sandra Green

The minutes of the February meeting were agreed as a true record.

Siobhan confirmed that several groups were still continuing to meet via the Zoom platform or are keeping in touch via phone and emails.

Speaker Secretaries Dianne and Diane have arranged Zoom speakers up to June and will consider suitable options for the July and August meetings.

Webmaster Angela reported 4274 'hits' on the Hucknall u3a website and she will be attending a tutorial on Social Media Communication organised at national level on March 16th.

Treasurer Christine commented on the monthly accounts which had been circulated in advance of the meeting. They show little change apart from the payments for membership.

Vice Chair Melvyn gave some feedback from the short course film show in February and that the next one is on Tuesday March 23rd details are in the Newsletter.

A driving course has been offered but that will be arranged when we can meet in person in groups sometime in the future.

Greg our Membership Secretary gave an update on renewals and to date the number is a healthy 426 members with a few more still trickling in. Subscriptions to the TAM magazine are 67.

Mark our Business Secretary has had prolonged correspondence with Sam Mauger the Chief Executive of the u3a in relation to the proposed changes to u3a Constitutions to accommodate

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electronic Zoom type AGMs. We agreed that we do not need to change ours yet but will await the publication of a revised national model.

Our AGM in April will be the same format as last year.

Finally I commented on the plethora of email communication being sent out from the national u3a offices many of which are suggesting ways to maintain membership.

As a group we think our renewal rate, which is above the average rate, is very encouraging and we optimistically look forward to meeting you all later this year.

David Rose

FUTURE SPEAKERS

10th March 2021 - Joe Whelan - 50 Years of TV

13th April 2021 - Robert Nurden - Author of a new biography of his grandfather Stanley James

12th May 2021 - David Skillen - The Bentley Boys - The Playboy Racers

8th June 2021 - Steve Robson - Fools Gold - Acoustic Duo performing a variety of songs

Monthly Meeting Wednesday March 10th 2pm

The meeting will be in 2 parts

Part 1 A talk provided the company Mirthy at 2pm

This is an online platform for professional public speakers, often retirees themselves, to provide online talks to u3a's and similar organisations.

All members have been sent a link to register for this talk. To join the talk click onto the link that will be sent to you from Mirthy after registration.

Join the talk from 1.50 to 2pm ready for the 2pm start, the theme of the talk is: "50 Years in TV by Jim Whelan".

Jim was born into poverty during the Second World War and has always followed his dream. Jim worked with Rod Steiger, Anthony Perkins, David Tennant, Jeremy Brett, Ray Winstone and American Superstar Rob Lowe. Having appeared in Coronation Street in every Decade that it has existed, Jim has filmed more than 50 episodes.

This talk is a glorious gallop through descriptions of TV programmes such as Corrie, Emmerdale, Last of the Summer Wine, Royle Family and many others in which Jim has appeared. The talk is given in a humorous and friendly manner.

Talk length – 38 minutes.

Part 2: After the Mirthy talk at 2.45 pm click onto the u3a Zoom link for a follow on meeting starting at 2.50pm.

After a short piece of u3a information John Tedstone who is involved with the National u3a High Street Project will be telling us about his findings so far with some interesting photographs to illustrate his presentation.

David Rose

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Accessing Zoom Events

The Zoom app is required on Android and Apple devices (though it is not necessary to create an account).

It is possible to join a meeting on a pc/ laptop without installing the app by using the browser.

In summary a Zoom account is not required however the Zoom app may need to be installed, at least on some devices e.g. Android and Apple phones and some tablets.

It is a free app from Google Play.

You can also access with your sound only rather than sound and vision but you still see all the activities of the meeting .

Mark is offering assistance to any member who would like guidance and advice

Email : Mark Jackson at <hucknallu3abusiness@gmail.com

ACCESSING THE MEETING WITHOUT THE INTERNET or ZOOM

This is a Zoom event however if you do not have Zoom, do not like Zoom or have Zoom fatigue then the meeting can be accessed by phone.

It is your normal call rate (they are not premium numbers)

It allows you to join in and listen to the meeting.

How to access : If you do not have an internet connection you can join the meeting by telephone. Dial any one of the standard rate numbers below:

0203 901 7895

0131 460 1196

0203 051 2874

0203 481 5237

0203 481 5240

When prompted enter the meeting ID, which is 718 4497 8566, followed by #

When prompted for Participant ID, press #

When prompted for the meeting password, enter 136162, followed by #.

You will then be in the meeting.

To mute / unmute yourself during the meeting press *6

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u3a Member Link



Your regional Trustees and Team are here to support you. We know that despite everyone's best efforts, things have been challenging for many of us and there are times we may need some extra support.

This leaflet has advice, links, tips and resources to help keep us all connected, active and learning together. Whether we connect online or face to face (rules allowing) when the lockdown eases or a blend of the

two, we hope the ideas in this leaflet support us in growing a strong movement. No member should be left behind so please keep in touch with your regional trustee and team www.u3a.org.uk/board. You can find all the resources in this leaflet at www.u3a.org.uk/member-link

Stay safe and well and we look forward to talking with many of you in the coming months.

Support for u3a Members

Connecting Offline

Telephone Trees – One to one phone calls from dedicated members. You can see how Newcastle u3a used telephone trees to support its members on our blog [Sources](#)

Phone In Conferencing – You don't have to be online to join in zoom – you can call in.

WhatsApp – Talk on the phone with other members using WhatsApp groups. [Find out more](#)

WhyPay? – Offers a free telephone conference service for the price of a telephone call. [Visit our how to guidance](#)

Buddy Up with those online – Members can join others who have internet connections. Why not Volunteer to be a Buddy in your region? [Contact your Trustee](#)

Penfriends – Write regularly to other members by post in your u3a or across u3as.

Round robin Letters – Write a letter – send it to a member who will add a bit and pass it to a member who will do the same. The chain will grow.

Print and Post – A newsletter to someone not online. [Sign up](#) to National Newsletter which has a bitesize version to print and post.

Helpline – u3a has partnered with Independent Age Helpline for confidential guidance on care & support, money, benefits and health. Freephone line on 0800 319 678

ClickSilver – Provides telephone mentors to support people to get online.

Connecting Online

National learning programme – Join one of our many initiatives, competitions or challenges – creative, history, maths, crafts and so much more. [Find out more](#)

Subject Advisers – Get in touch with our Subject Advisers for their advice and ideas on interest groups.

Events and Talks – We have so many interesting [Talks and Events](#)

Find out about online platforms
Online Workshops and Tutorials
[Sign up](#) for Zoom Tutorials or book bespoke workshops to help with running your u3a.

Digital Eagles – Access to Barclays Digital Wings tutorials for 'How to session on digital skills and information'. Use code 'U3A'

National Newsletter – Keep up to date with what's going on across the movement – [Sign up](#) to receive it directly to your email every month.

Sources – Our u3a blog has interesting articles to read from across the movement. Why not send us an article about what you are doing and learning in lockdown? [Sources](#)

Trust u3a – Join [Trust u3a](#) – for access to online learning groups.

Research and Shared Learning – [Find out more](#) including the High Street Project

Time on your hands?



Join in the conversation on our Social Media – Join us on [Twitter](#), [Instagram](#) or [Facebook](#) and find out what the movement and wider community are talking about.

Or why not join Keeping In Touch or our forums? – Join the conversation on our closed Facebook group [Keeping In Touch](#) or the [digital forums](#)

u3a Radio Podcast – Listen to our [radio podcast](#) every month to hear stories from across the movement.

Volunteer to give a Talk? – Why not volunteer to be a speaker and give a talk? info@u3a.org.uk

Contact us – The Third Age Trust is always here for you. Contact us with any issues. info@u3a.org.uk 0208 466 6139



Support for u3as

Keeping Going

Visit [Support for u3as](#) tab on our website to find help on

[Advice on AGMs](#)

[u3a Covid Advice](#)

[Diversity and Inclusion](#)

Book yourself or your committee onto a [Zoom tutorial](#)

[Finance](#)

[Recruitment](#)

[Insurance Update](#)

[Network Update](#)

[My Regional Team](#)

Find out how [Beacon](#) can help you run your u3a

Some of these are behind your password protected area of the website

Engaging with Members

Branded Resources – Go to our brand centre for resources and materials for your u3a

Hybrid ideas – Ideas on alternative ways of running groups and meetings

u3a Day – Join in with u3a Day on 2 June 2021. You can find out more on our [website](#) or join our [Facebook page](#).

Newsletters – Using postal or online newsletters to members is an engaging way to keep in touch. You can sign up to the [national newsletter](#) to find out what's going on across the movement.

Bulletins – Read our [bulletins](#) full of ideas to keep learning.



Sharing Skills

Buddy u3as – Join with other u3as for talks, tech support, sharing interest groups and more ideas on keeping learning.



Share tips to recruit new members – See our comprehensive resources to help you reach out to people who would benefit from the u3a on our blog [Sources](#)

Join your Network – Find out more about your local u3a networks

Contact us – Keep in touch with the Third Age Trust about great ideas you would like to share

u3a learn,
laugh,
live

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156 Blackfriars Road
London, UK
SE1 8EN

Contact the National Office
Tel: 020 8466 6139
Email: info@u3a.org.uk
u3a.org.uk

twitter.com/u3a_uk
facebook.com/u3auk



NEW GROUPS, GROUP NEWS, WORKSHOPS & OTHER NEWS

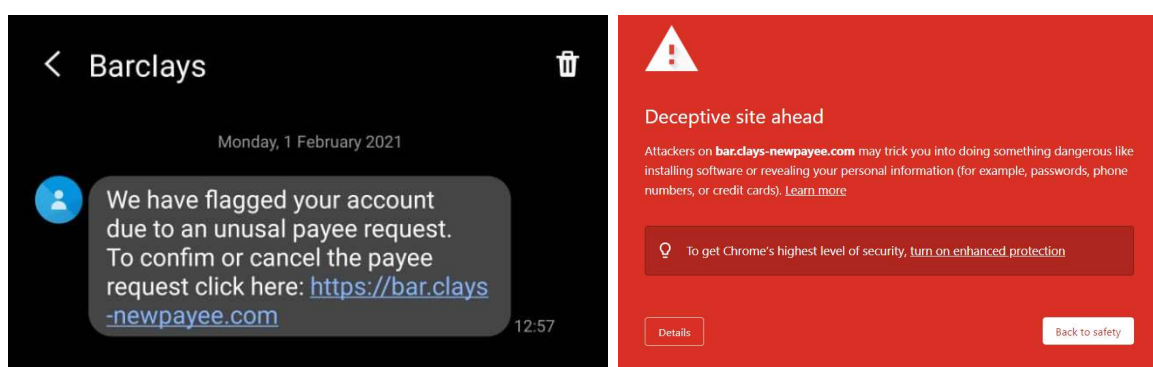
SCAMS UPDATE

'smishing scams'

We've been made aware of a scam text message targeting Barclays customers by directing them to a fake website. Here's what you need to look out for.

Fake text messages posing as banks are nothing new – last year we saw a huge rise in the number of people reporting that they've received one [purporting to be from Halifax](#).

But this one using Barclays to target victims features another twist to be wary of: it's managed to successfully drop into people's inboxes with the sender set as the bank itself:



These types of 'phishing' attempts work by rushing people into visiting a fake website, which can go on to request and steal sensitive information, such as bank details. In this case, its victims will be alarmed to read that an 'unusual payee request' has been 'flagged' on their account.

Fortunately some web browsers, such as Chrome in the above (in red) example, will warn you that the site is illegitimate:

However, there's no guarantee that everyone will receive a similar warning, and some may believe these convincing phishing sites to be genuine.

Phishing scam 2: Lockdown support plan' grants

Fake GOV UK communications continue to circulate, with a dodgy 'lockdown support plan' text now attempting to catch people out:



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Once again fortunately most web browsers, such as Google Chrome in this example, will recognise that the URL is a phishing attempt and provide a warning:

Spotting and reporting phishing scams – what to do if you receive one.

Report the fake text to the:

National Cyber Security Centre (report@phishing.gov.uk)

Barclays and the other Banks also say that they will never send a text and ask you to click on a link.

If you think you may have handed over your card details to scammers, you should let your bank know what's happened immediately.

David Rose

HIGH STREET PROJECT

The U3A High Street project was originally designed, in 2018, to research and report on the history and current state of shops in each U3A's local area. Local groups would then be able to identify trends and speculate on what the future might hold for their High Street.

The project was 'ready to go' by March last year, but then of course it was derailed by the arrival of Covid-19, which meant that no on site survey work could be done. By July, it was decided that a national survey was achievable in September, and I went out and photographed all the premises on Hucknall High Street near the end of the month. All the photos, along with descriptions of the use of each frontage, have now been uploaded to the national database. The thinking was that it was a good time for the snapshot; as well as being 'legal' to be out and about, it was before the end of the first furlough scheme, after which it was thought that more shop closures would be likely. There are currently some 20,000 premises on the database.

114 individual U3As took part, and a progress report went to the U3A Board last month. This was followed by a national Zoom session for all those who took part, and it was going well until it went slightly wrong, which will be a consolation to all of us who have encountered all sorts of glitches when using Zoom!

The plan is to resurvey all the High Streets during this September and then produce a final report in 2022, to coincide with the 40th anniversary of the U3A. As well as producing a comprehensive national baseline of High Streets, it is hoped that individual U3As will be encouraged to run spin-off projects in their own areas. Examples so far include producing new 'Town Trail' leaflets and 'Urban Sketching' in Manchester. I was pleased to learn from the Zoom session that the East Midlands is well represented, with 69 members of 33 U3As taking part.

For anyone interested, the new Progress report is on the national U3A website.

John Tedstone

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Short Course Zoom Films

This Month's 'Short Course' Film: the Searchers

Showing on Tues March 23rd at 1.30pm Running time 1hr 59mins and in Technicolor



In this revered Western, Ethan Edwards (John Wayne) returns home to Texas after the Civil War. When members of his brother's family are killed or abducted by Comanches, he vows to track down his surviving relatives and bring them home. Eventually, Edwards gets word that his niece Debbie (Natalie Wood) is alive, and, along with her adopted brother, Martin Pawley (Jeffrey Hunter), he embarks on a dangerous mission to find her, journeying deep into Comanche territory. What the critics say:

The Searchers is the most important western of all time, but more than that, it's one of the most important movies of all time.

The Searchers is Ford's greatest western, with John Wayne as the relentless adventurer Ethan Edwards.

Some fine vignettes of frontier life in the early southwest and a realistic presentation of the difficulties faced by the settlers in carving out a homestead in dangerous Indian country.

Doors open at 1.20pm. A joining link will be sent on Sunday 21st March

Coming soon: On Tuesday 20th April to complete this 3 film series is 'The Shootist' 'The Shootist' is a 1976 American Western film directed by Don Siegel and based on a 1975 novel of the same name. It is notable as John Wayne's final film role.

A subtle, touching valedictory tribute to both Wayne and the Western in general as he was dying of cancer as is the main character in the film.

Melvyn

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NEWS FROM THE GROUPS

ARTS & FILMS INFORMATION GROUP

If you wish to be included with the 150 other members in the circulation of the ongoing Arts Information Calendar each month, please drop an e-mail to alansnape@Hotmail.co.uk or ring me on 07940146542.

CHOIR GROUP

Spring is here, with snowdrops, crocuses and daffodils blooming everywhere, and things looking up pandemic-wise too. Thank goodness, although I think it may be a while before the choir can sing together again, sadly, we may be amongst the last groups able to resume meetings. It seems singing means lots of heavy breathing and potentially exhaling lots of air droplets on others, which sounds more exciting than only singing, but our choir members do put a lot into it! Since the last Newsletter one of our members responded to a request for a sung birthday greeting, which I believe went well. It was her first time Ringing and Singing and she was a little nervous, but happy to do it. I hope her efforts were enjoyed, and the unexpected greeting gave a little additional pleasure to the recipient on her special birthday. This sounds almost too good to be true, but it may be time to tune up folks, dust off our music and exercise our vocal chords, things may be beginning to get back to the longed-for normal (second vaccines next month). Till then, stay safe, we're nearly there.

FUN WITH LANGUAGES GROUP

Our February meeting was the last of this session on French. We had a lovely meeting and shared pieces we had composed about our imaginary day at work or leisure. It was such an encouragement to see how people were developing in their spoken language skills, so well done all. We also answered questions orally in French on a magazine article about Celine Dion; showing again the development of understanding.

Our next meeting will be Thursday 11th March at 10.30 on Zoom and we shall be starting back on our Spanish sessions. we will begin with some revision of our drama Mi Vida Loca. We hope to see you then. The usual zoom ID applies and I will send out a reminder nearer the time. Keep safe and hopefully many will have been vaccinated by now.

Liz and Ann xx

GARDENING GROUP

March sees all our plots springing back into life, and it is a real treat, even in lockdown, to notice all the new life as we do our daily exercise. A good excuse to look into other gardens and get ideas too! The recent warm weather has encouraged the crocus to burst open and buds on shrubs are all swelling too. Soon the Daphne will be open alongside the winter hyacinth and the viburnums and witch hazels. Enjoy the fragrances of this time of year, and notice the insects getting active too.

Gardening magazines are full of advice now on which crop seeds to sow – such as aubergines, beetroot, cabbage, carrot, chilli, kale, leeks, lettuce, onion, parsnip, pea, tomato and turnip. Some can be sown directly into a prepared plot but others will need to be protected until they have germinated. Check the seed packet for advice. Potatoes can be chitted now ready for planting, first earlies this month, with second earlies and main crop by May.

Buddleia, elderflower and dogwood can be pruned now, but leave lilac, deutzia, forsythia and philadelphus until after flowering in early summer. Early flowering clematis can be cut back after

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flowering but later flowering varieties can be pruned back now to about 60cm above ground. Finally now is a perfect time to move and divide perennials such as geraniums, astrantia, persicaria, and echinacea. If you need to move shrubs, now is a good time to do it.

Flowers for your garden beginning with M could include Matthiola, commonly known as stocks- a colourful and fragrant addition to borders; Mimulus, a bright addition to pots in summer; Myosotis or Forget-me-nots flowering in sun or shade; Monarda, in sun or partial shade, in borders or near to water; Malva or Mallows in shades of blue and magenta with veining on the petals, in different colours and heights.

Now that we have a roadmap out of lockdown hopefully it won't be too long before we can enjoy each other's company and gardens again. We will let you know about our meetings when we have a firmer date. Anne.



HISTORY GROUP

The History Group always welcomes all U3A members. Our indoor meetings are held at Central Methodist Church on the 3rd Wednesday of the month commencing at 2pm. Please note changes of dates for talks & visits. Due to Government restrictions regarding moving out of lockdown visiting Doddington Hall on 16th June 2021 is not possible. We have options to consider.

1. I can rebook the visit for June 2022.
2. I could rebook for October 20th 2021 but as the garden is something special (I'm told) it might be better to go in the summer time.
3. I could rebook later this year late summer on a Saturday.
4. I could cancel altogether.

Please let me know what option you think is best.

Very recently there have been email queries and I am having a 'ponder' so I'm not really passing the buck but wonder if any of you have more knowledge than I. At present the Libraries and Archives Office are closed so hands on research is a bit difficult.

The first was from a lady who told me her father came to Hucknall to work for Byron Horticultural Engineering which later became Landmaster then (I think) Bonsers Engineering. It was located between Byron Street and Orchard Street.

The second again from a lady (makes me wonder if all women are nosey parkers like me) was asking if there was ever a church on the land close to the Police Station. There was. It was a Baptist Chapel which in fact is still there in disguise as a garage. But I'm thinking I have missed something? Is the Police Station to be demolished and the land to be cleared - again?

Third from a man this time was about the building on High Street which now sells take away food but is remembered by myself as a clock and jewellery shop – was it Crawleys? It was originally part of the

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Coffee Tavern. This building is an article waiting to be written and really ought to be at the top of the list. What do you think?

T.T.F.N. & God bless from Maureen

LUNCH GROUP

If you can remember that far back, what was your favourite Lunch Group venue of all time? I know we all enjoyed our Christmas Lunches at the Nottingham Albert Hall but there are one or two others – some posh, some not to posh – which we all enjoyed. I can also remember the worst, but in view of the libel laws I won't name it here!

NATIONAL TRUST GROUP

Just a short update on the situation with regards to resuming our visits later this year. While the general Covid situation seems to be improving there are still a relatively high number of cases throughout the country.

We will have consultations with our bus company, the u3a itself and the National Trust over the next month and keep you updated in the April Newsletter.

One thing that is particularly concerning us is that we need to have clear advice on Social Distancing which on a full coach would be impossible.

I am sorry that we cannot be more precise with our plans but there remain many hurdles still to overcome.

Fountains Abbey will remain our first visit.

Best Wishes, Sue and Barrie

PUB QUIZ & LUNCH GROUP

FEBRUARY QUIZ -

1. Cinnamon comes from which part of the tree? **Bark**
2. A White Lady cocktail consists of which main alcohol ingredient? **Gin**
3. Brassica Rapa is the Latin name for which vegetable? **Turnip**
4. In Japan what type of drink is Matcha? **Green tea**
5. What flavour is the liqueur Triple Sec? **Orange**
6. What is another term for Vitamin C? **Ascorbic acid**
7. Plantain is the cooking variety of which fruit? **Banana**
8. Macaws, long tailed colourful parrots, consist of how many species? **19**
9. Traditionally Mozzarella cheese was made from which animal's milk? **Water buffalo**
10. Sharing its name with a percussion instrument, which relative of the antelope, native to Africa, has white vertical stripes on its body? **Bongo**
11. The French clothing company "Lacoste" features which type of animal in its logo? **Crocodile**
12. The Roadrunner is a member of which bird family? **Cuckoo**
13. The world's largest frog and beetle are both named after which biblical character? **Goliath**
14. How many stars feature on the flag of New Zealand? **Four stars**
15. What is the most fractured human bone? **Clavicle**
16. What is the most famous university of Paris? **Sorbonne**
17. What animal is on the golden Flemish flag? **Lion**
18. What is the name of the Indian holy river? **Ganges**
19. What is the Kabbalah? **A system of Jewish mystical beliefs**
20. What is the meaning of the Arab word Habibi? **Sweetheart**

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21. What does the abbreviation GPS mean? **Global Positioning System**
22. What is the most spoken language in the world? **Chinese**
23. What does the abbreviation SMS mean? **Short Message Service**
24. What is another word for wall painting or mural? **Fresco**

MARCH PUB QUIZ

SECTION ONE – PEOPLE

1. Who rode his 'Funky Moped' to No 5 in the UK charts in 1975?
2. What are the surnames of the 3 tenors? (1 point for each)
3. Who wrote and illustrated the children's book, 'The Snowman'?
4. What was the name of A.A. Milnes' son?
5. Who was the captain of 'The Black Pig'?
6. What nationality was the magician and escapologist, Harry Houdini?
7. Which month in 1969 did Neil Armstrong first stand on the moon?

SECTION TWO – GEOGRAPHY

8. Which explorer discovered the Hawaiian Islands?
9. In which modern country are the ruins of Troy?
10. What TV series was set on Craggy Island?
11. Which river runs through Baghdad?
12. On what street in London would you find The Bank of England?
13. The A1 road starts in London and finishes in which city?

SECTION THREE – GENERAL KNOWLEDGE

14. What food would a Cockney be eating if he is going for a ruby?
15. What is the colour of the black box on commercial aircraft?
16. How many old pennies were there in a guinea?
17. In which film did Raquel Welch appear in a fur bikini as a cave girl?
18. What were the first two words in the film title where David Bowie plays Mr Lawrence?
19. What is the motto of the boy scouts?

SECTION FOUR – SPORT & LEISURE

20. What is the highest bid, without doubling, in the game of bridge?
21. In a game of bowls, what name is given to the target ball?
22. Which team won the 2017 FA Cup?
23. Which sport is said to have been played for over 3,000 years?
24. What is Japan's national sport?
25. What is an ice hockey puck made of?

READING GROUP

Some of us are devouring as many books as possible during this pandemic whilst others seem to have lost their motivation! So, many thanks to those who have passed on their comments about the books they have read and let's hope once we can get back together as a group we will hopefully become more enthused.

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SCIENCE GROUP 2

Our guest speaker was Prof Jim Turner from Beeston u3a.

We had some initial Zoom problems, one of which was that Jim could not get vision which meant we could not see him but fortunately his sound and screen share facility were both working.

His talk was titled 'What we owe to Einstein'

It was useful to have some prior knowledge to understand some of the talk but here is a short précis of Einstein's breakthrough achievements.

Albert Einstein was a German-born theoretical physicist, universally acknowledged to be one of the two greatest physicists of all time, the other being Isaac Newton. Einstein developed the theory of relativity, one of the two pillars of modern physics. His work is also known for its influence on the philosophy of science. His mass-energy equivalence formula $E = mc^2$ has been dubbed "the world's most famous equation". He received the 1921 Nobel Prize in Physics "for his services to theoretical physics, and especially for his discovery of the law of the photoelectric effect", a pivotal step in the development of quantum theory. His intellectual achievements and originality resulted in "Einstein" becoming synonymous with "genius".

In 1905, Albert Einstein published the *theory of special relativity*, which explains how to interpret motion between different *inertial frames of reference* — that is, places that are moving at constant speeds relative to each other

The most famous work of Einstein's life also dates from 1905 (a busy year for him), when he applied the ideas of his relativity paper to come up with the equation $E=mc^2$ that represents the relationship between mass (m) and energy (E). With c being the symbol representing the speed of light.

He was born on the 14 March 1879 and died at the age of 76 on the 18 April 1955

Next Meeting: Friday March 19th at 10.am

David Rose

WEEKENDERS GROUP

The March Newsletter will be sent out on 1st March. Once again, many thanks to Margaret While for printing off copies for those members not on email and for delivering them on her morning walk. Most of our group have now had the vaccine and are looking forward to the second round! Thanks to everyone for keeping in touch regularly with each other. Personally, can I say thank you to all those who have phoned or emailed me and even thanks to those who knocked on my door for a brief (distanced) chat during your exercise walks.

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 2nd April 2021
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

HUCKNALL & DISTRICT U3A INTEREST GROUPS

March 2021

For further details contact check the website at www.hucknallu3a.org.uk from there you can email the respective Group Leader

ARTS

ACOUSTIC GUITAR	1 st &3 rd Thursday 10:00
CHOIR	1 st Wednesday 13:20
	3 rd Wednesday 11:20
DISCUSSION	1 st Monday 13:45
DRAMA	4 th Friday 10:00
FILM CLUB	Thursday 12:30
HISTORY	3 rd Wednesday 14:00
NATIONAL TRUST	Various dates & times
READING (BOOKS)*	1 st Wednesday 14:00
SINGALONGA	3 rd Tuesday 10:30
THEATRE	various dates
UKULELE	2 nd &4 th Monday 10:00

ACTIVE WELLBEING

CYCLING	Every Wednesday 9:00
EASIER CYCLE	Every Friday 9:00
GROWING OLD DISGRACEFULLY*	Various
GRUMPY OLD MEN	Various
NOT SO GRUMPY OLD MEN	Various
KURLING	2 nd Sunday 3-5pm
PICKLEBALL	Thursday 14:00
SEATED EXERCISE	4 th Monday 14:00
WALKING (LONG)	1 st Tuesday 10:00
WALKING (MID)*	3 rd Monday 10:00
WALKING (SHORT)	3 rd Thursday 10:00

FOOD & DRINK

BREWERY SCIENCE & HISTORY	Various
GINOLOGY	3 rd Thursday 19:00
INTERNATIONAL DINING	As Arranged
LATE BREAKFAST	1 st Friday 09:15
LUNCH GROUP	4 th Wednesday 12:00
PUB QUIZ & LUNCH	2 nd Monday 12:00
WINE APPRECIATION*	3 rd Monday 19:30
WINE TASTING *	3 rd Wednesday 19:30

HOBBIES & PASTIMES

CANASTA	1 st & 4 th Friday 19:00
CRAFT 1 *	3 rd Monday 13.45
CRAFT 2	2 nd Tuesday 14:00
GARDENING	3 rd Tuesday 14:00
HOLIDAYS	various dates
KNITTING & CROCHET	4 th Tuesday 14:00
MAH JONG	2 nd Friday 19:00
POT LUCK *	1 st Wednesday 19:30
RUMMIKUB1	1 st Monday 14:00
RUMMIKUB2	Thursday 13.00
SCRABBLE	4 th Thursday 14:00
TABLE GAMES	3 rd Friday 19:00
WATER COLOUR	1 st Monday 14:00
WEEKENDERS	various Sat & Sun.

LANGUAGES

FRENCH CONVERSATION*	3 rd Tuesday 10:00
FUN WITH LANGUAGES	2 nd Thursday 10:30

SCIENCE AND THE ENVIRONMENT

SCIENCE 1	4 th Thursday 10:00
SCIENCE 2	3 rd Friday 10:00

*Indicates group full. If you are interested then contact Siobhan who will happy to help you set up a further group. Please be aware that some Interest Groups have a limited number of places due to activity, venue etc.

Group Leaders are normally available in the Board Room at the monthly U3A meetings to answer any questions that you may have about their group. Their contact details are displayed on the Interest Group Information Board.

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