



Issue July 2020

Web Address: www.hucknallu3a.org.uk

Message from our Chair

Well by now we are all well and truly getting used to a new way of living. In many ways the biggest problem is keeping up with constantly changing guidelines!!

Having had some many problems over the past few months I thought that I would try and concentrate on some more positive aspects of life at the U3A.

Firstly, a big well done to those Interest Groups' who have worked very hard to keep going by the use of Zoom or some other form of technology.

A big thank you to those who have contributed to the Monthly Newsletter and to those who have made sure that those members' who do not have email have received a paper copy.

It has been nice to see some new ideas, such as the weekly quiz, provided by David Rose, have been so popular.

I know that many of you have missed the Speaker/ Entertainer at the monthly meetings so we are looking at providing this facility, along with the other Notts U3A's via the medium of Notts TV, which is available via Freeview or Virgin Media.

Both of our two Committees', the Executive and Social have both continued to meet and plan for the future.

We also have plans to hold our AGM, albeit in a different format.

Hucknall U3A will be represented at a Notts U3A Zoom meeting later in July, when the session will be looking forward to jointly planning the future.

Stay Safe

Barrie Saunders, Chairman

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 31st July 2020 Please also send a copy of your article to webmaster@hucknallu3a.org,uk for inclusion on our website.

COMMITTEE MEETING

MINUTES OF THE HUCKNALL AND DISTRICT U3A EXECUTIVE COMMITTEE

HELD VIA ZOOM ON WEDNESDAY JUNE 3RD AT 10.00am

In Attendance

Barrie Saunders Chairman

Siobhan Lee Interest Group's Co-ordinator

Mark Jackson Business Secretary

David Rose Short Course Co-ordinator Philip Attenborough Equipment Manager

Christine Berrill Treasurer
Angela Cornish Webmaster
Melvyn Francis Vice Chairman

Greg Umney Membership Secretary

Dianne Heenan Member

1 Apologies for absence were received from, Dianne White Speaker's Secretary Sandra Green Minutes' Secretary

2 Minutes of the previous meeting - These were formally approved.

Some concern was expressed at the late arrival on occasions of information from the local and National U3A Groups.

The Gift Aid had arrived.

3 Groups' Co-ordinator

Zoom was being used by several groups and Sandra was keeping in touch with her groups as were some other group leaders.

4 Speakers' Secretary

Dianne had confirmed that Speakers' booked up to August had been postponed.

5 Social Sub Committee

It was decided that David Rose would represent the Committee on the Social Committee

6 Webmaster

Angela had received some articles for the Website but things were generally quiet and running well.

7 Treasurer

Christine presented the latest accounts which were approved. Obviously there had been little activity due to the present closure.

The closure of the local Barclay's Bank was causing some problems. Christine had been advised that the nearest branch open was at Belper but Siobhan pointed out that the Mansfield branch was open.

Christine was looking at using the facilities at the Post Office.

Gift Aid had been received and Christine thanked Mark for his work on this matter.

A copy of last year's accounts had been examined by Geoff Cree.

Fees for Beacon Membership and the Third Age Magazine had been paid.

A brief discussion was held about fees for next year in view of the present closure. This would need to be looked at carefully. Mark offered to help by doing some modelling with various ideas.

8 Equipment Manager

All the equipment was safely being stored during the present closure

9 Short Courses Co-ordinator

Everything was on hold.

10 Membership Secretary

Greg was holding a meeting later today to receive the paperwork from Marguerite and to discuss the role in more detail.

11 Business Secretary

Mark raised the question of the Christmas Social. The Social Committee were due to meet soon and were seeking the Committee's thoughts.

Confidence of members to attend, Government guidelines etc were discussed. Siobhan suggested having two smaller socials and the possibility of postponing or cancelling were also discussed.

David would represent the Committee's views at the Social Committee meeting.

12 Review of Policies.

Mark presented some slight changes to the policies due for review which had already been circulated. These were formally approved.

13 A.O.B.

There was no other business.

The meeting ended at 10.40 am

The next meeting would be held on Wednesday 1st of July by Zoom at 10.00 am

The Executive Committee met via Zoom on July 1st

Siobhan Lee had nothing to report due to the present closure.

All the Speaker's booked for the monthly meetings had been cancelled up to and including the October meeting.

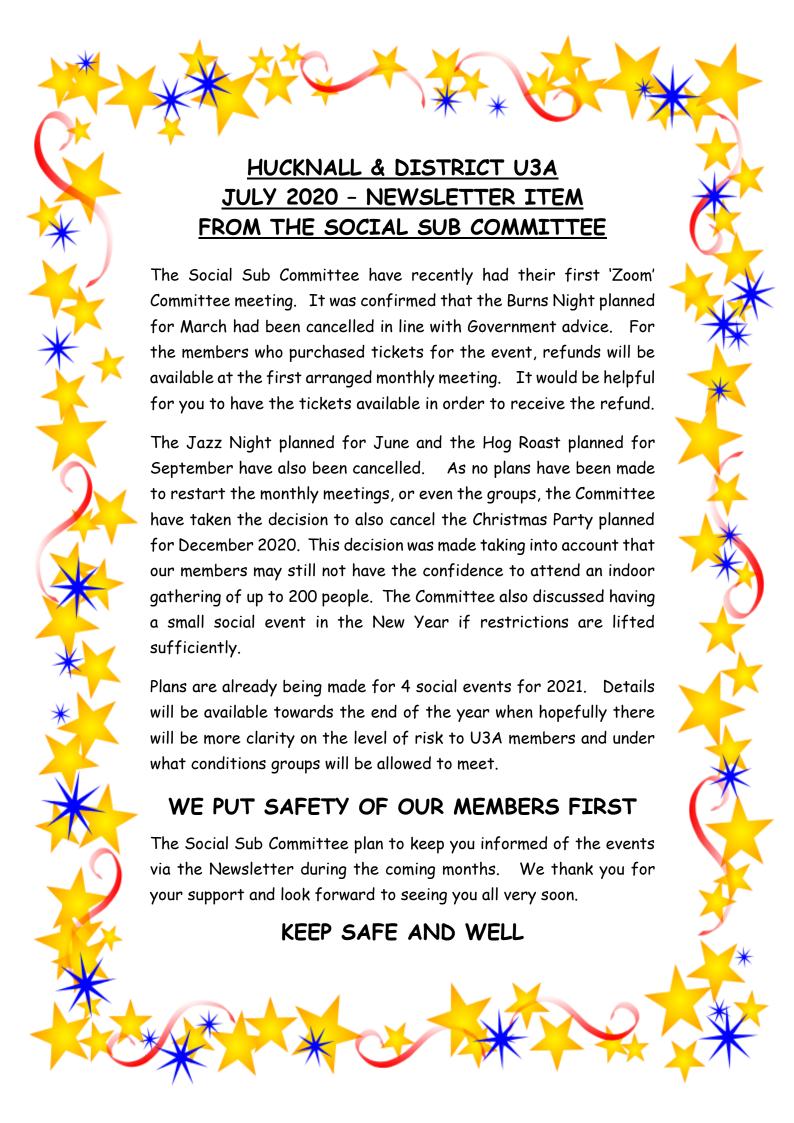
The Social Committee had cancelled all planned events up to the end of the year.

Christine Berrill, our Treasurer, reported that it had obviously been a very quiet month. A mailing would go out in in the near future to Group leaders to show their present balances.

The new Membership Secretary reported on his recent hand over meeting with the outgoing Secretary.

A general discussion took place on future finances. This would be discussed more fully at the Budget meeting to be held later in the year.

Barrie Saunders



NEW GROUPS, WORKSHOPS & OTHER NEWS

FRAUD WARNING

Be aware of companies who come at the top or near the top of Google Searches for many Government Agencies.

Listings on Government sites such as: TV Licence, Fishing Licence, Road Tax, Passport Office and the tax office(HMRC).

1. A personal experience and warning from member Albert Briggs.

'My road tax is due at the end of the month, I clicked on what said road vehicle tax and it turn out to be Vehicle Support, a totally different organisation.

I contacted my bank and stopped any payment other than my road tax.

The bank was on the ball and said it is the most common complaint we get.

It's always at the top of the list and the only give away is Ad at the beginning of the references.'

Thank you Albert

2. Another local experience

'My wife renewed our TV licence online but unfortunately through a website which came top of the Google listings when she searched for how to do this. The website was run by a firm called Licence Plus Limited and she was charged £175.50 on her debit card. We contacted the firm and were told twice we would be refunded but we have received nothing.'

This was investigated by Which consumer magazine who replied:

Licence Plus has no official status. The real TV Licensing authority warned on its website that, 'Licence Plus charges customers an additional fee for buying a TV licence or changing details, when these are services we provide for free.' Your TV licence should have cost £154.50 (Since April 1 it has risen to £157.50). The extra £21 you paid went to Licence Plus Limited, based in Polegate in East Sussex and run by Benjamin Leonard.

Many Government agencies have similarly complained that websites have sprung up with copycat names, sometimes doing little more than forwarding application forms to the real agency. As well as his TV licence website, Leonard operates a similar site at passports-office.co.uk, which of course is nothing to do with the real Passport Office.

(Which did managed to get a refund from the unofficial website owner)

See Also Action Fraud Newsletter at the End of this Newsletter

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 31st July 2020 Please also send a copy of your article to webmaster@hucknallu3a.org,uk for inclusion on our website.

NEWS FROM THE GROUPS

ARTS & FILMS INFORMATION GROUP

If you wish to be included with the 150 other members in the circulation of the ongoing Arts Information Calendar each month, please drop an e-mail to alansnape@Hotmail.co.uk or ring me on 07940146542.

CHOIR GROUP

A quiet month, without news of choir members, but no news is good news. I assume all our members are fit and well, enjoying their usual health. After all the lovely weather we've had, and I hope you've been making the most of it, I am writing this on a very dull day, so at least we are getting variety in the weather. More freedom, if you feel it's appropriate to take it, the beaches should be quiet today, but personally I am biding my time to see how things go.

Last month our choir member Margaret proved she was familiar with the music of her youth, she was the only member to recognize all four of the songs from the words of the first line. Well done again, Margaret, you are rapidly becoming the one to beat. If anyone else wants a 'go', the lyrics were,

- 1) My tears are falling 'cos you've taken her away......
- 2) I'm a gonna raise a fuss, I'm a gonna raise a holler....
- 3) When you see a gentleman bee round a lady bee buzzin'....
- 4) I'd like to thank the guy who wrote the song that made my baby fall in love with me....

And here's a joke I thought they may enjoy, and perhaps you too, I love it..

'I was visiting my daughter last night, when I asked if I could borrow a newspaper.

"This is the twenty-first century", she said, "we don't waste money on newspapers. Here, use my iPad."

I can tell you this,that fly never knew what hit him!'

Take care, stay well, and cheerful.

CREATIVE WRITING GROUP

Once again, even though the Creative Writing Group has now closed, I thought you might be interested in the following which was first written in May, 2017.

"Birdsong"

I'm not a good sleeper; I either go to bed very, very late or at a reasonable time but can't get to sleep and then wake at least twice in the night with typical old lady's complaints. These are obviously all factors which are down to me, but every now and again outside (literally outside my bedroom window) a problem arises which is not of my own making but of nature itself. I first noticed it when I once went to bed *very* late, in fact after 2.30 am. As I opened my window, I heard chirruping from the trees about twenty feet away. "Whatever's making that noise so early in the morning?" I asked myself. Not being very knowledgeable about birds, the next day I asked friends, who suggested it could be a nightingale but it was too early in the year for them. So, I Googled it and found in fact that it was a robin. Apparently, they are the last to go to bed and the first to wake up! (Rather like me, so I may have to change my name to Robin!).

But the best sounds are around four thirty am when the blackbirds start their conversations. The first is in the nearest tree to my house, about ten yards away in the school yard. His co-respondent is in a tree around fifty yards away, across the school playground. I just have to get out of bed and open the window a little wider to more clearly hear their conversation which I imagine goes something like this:

"Morning Peter, are you up yet? Are you up yet?". "Of course I am, Paul, why wouldn't I be?"

"Well I heard you had a late night last night. Chatting up Belinda, I believe?"

"Well, you're only jealous. You're only jealous. Just 'cos you can't get yourself a lady friend!".

"I'll have you know I do very nicely, thank you." "I'll believe it when I hear it" responds Paul.

And so on it goes. Occasionally Peter will repeat his sentence twice, just for emphasis but Paul will then change the subject of the conversation and alter his tune accordingly.

In this age of technology, I can't believe that scientists haven't studied the blackbirds' songs and been able to interpret what they are saying to one another. Their phrasing is so conversational, sometimes a little wistful, at other times questioning or indignant. It just cannot be random notes; it just has to be a proper conversation, which is often quite lengthy, not like the occasional squawk, chirrup or chirp of other birds, such as sparrows, seagulls and crows. Just this morning as I lay awake planning this piece of writing, I suddenly thought of the wood pigeon and, just as I thought of his name, he started his chant. Sporty Warren is the wood pigeon who sits on a corner floodlight, high above the school playing field behind my house, chanting "Come on United!".

The only sound I can well do without is the chatter of the magpies; they're so loud, clattering and argumentative. I just have to shut my window when they begin, but usually they start their racket when I should have been getting up anyway.

I love the blackbirds' song so much that I even bought myself a CD of birdsong which I play very loudly when I am just relaxing or reading a book, because the birds don't usually sing all day, just at the early morning and evening shifts. But strangely in these awful times we are living in at the

moment, I've noticed the blackbirds are singing nearly all of the day! So, you scientists, knuckle down to cracking the blackbirds' songs so that we early risers can follow their conversations.

Check out the blackbird's song on Youtube: https://youtu.be/EB1lgjg9e4Y



FUN WITH LANGUAGES GROUP

Hola! We have continued to Zoom twice monthly in our Spanish lessons and this month has seen us do a great job of translating an article from Hola magazine about Harry y Meghan. And for our next zoom we shall share in Spanish advertising a product, without saying what it is or showing it and the rest of the group will guess (hopefully) what is being advertised.

July sees us return to some sessions on Italian for a few weeks. Meanwhile we hope everyone is keeping safe and well and in good heart. It is not easy as times goes on, but the virus is still very much around and we all need to take care despite some lockdown restrictions being lifted. One day we shall be meeting up and hugging again!

Ann Murray and Liz Attenborough

GARDENING GROUP

Now that we have time to stop and look, it is interesting to see how the colours and plantings change with the advancing year. Something you can enjoy on your exercise time too, as you appreciate your neighbours' plots and efforts. I pass a cherry tree that is so laden down with fruit that the branches are bending low. The owners have netted it to stop birds eating them before they are ripe, but the cherries are now changing colour so I guess harvest time is close!

Thanks to the mixture of sun and rain, fruit is swelling and vegetables are growing well. Some weeds can be useful to the gardener, they are not all bad. Nettles take up and store nutrients from the soil so they can be used as a fertiliser. Cut the nettles and put them in a bucket of rainwater for a month or so then dilute the resulting liquid in a ratio of 1:10 for a manure to pour round the base of plants. Also they can be used as a deterrent to aphids and other flies. Soak the leaves for about a week then use the water as a spray on roses and other plants.

If you use loose-leaf tea then azaleas, rhododendrons and camellias will enjoy the leaves as a mulch. Most garden pests hate Marigolds because of the secretions from their roots which kill eelworm and other garden baddies. Also Foxgloves are supposed to stimulate the growth of plants around them and help to keep disease at bay so don't be too quick to pull them up when they have finished flowering, just cut the old flowering stem back. You may even get a second flowering later in the season.

Finally, to keep your minds active, can you solve these puzzles:

Make three nine-letter words from the nine three-letter blocks. Each block can only be used once.

ION IST DAN IAR ERY UBB SHR TOP DEL

If RITA WELLY is a fan of the WATERLILY, what is the favourite flower or plant of the following people-

DON PROWS LIAM LACE ANITA CORN OWEN FURLS LISA GOULD IAN POTTIES LEWIS SEED RUSS INCAS LANCE LAUD PANSY LOUTH GERI MATURE SANDRA PONG

A GARDENING STORY

I got one of those letters!!. Isolate for 12 weeks, you know the one? So I decided with prompting from Carol to "DO SOMETHING ABOUT YOUR VEG PATCH". So I did.

To Start off, six bags of manure, one box each of Bone Meal, Blood Fish and Bone, Growmore and finally most important of all Lime. Lime sweetens the soil and releases a host of chemicals that would not normally be activated.





The peas are growing up canes as they reach 5ft. And are beautiful large peas, I sow them at fortnightly intervals so you get a constant flow instead of a gluten, and then nothing.





Sometimes, if your overzealous with the fertilizer one section of soil can be very rich, these two

extra-large radishes filled about six sandwiches.

Lettuces grown between the onions and Leeks keeps butterflies off, and netting covering any exposed taste morsels they might fancy!

At the moment I've got Cucumbers ready, Tomatoes doing fine, Melon starting to roam around the greenhouse floor, Runner Beans and Dwarf Beans, not forgetting Beetroot.

All you need is another 12 weeks of Shut Down and you can try growing your own fresh veg!! Keep Smiling, Keep Safe, The Darkest Hour is the one before Dawn.

Albert and Carol Briggs

P.S. A complete subject change, I'm Science 2 and met a member of Science 1 (behind closed doors) the subject 4-colour process.

Yellow, Cyan, Magenta and Black, right how do you get the colour green? Does someone climb into the print press and mix the colour?. We tried to reproduce the effect with coloured paper, but to no avail. I'll attack it from a different angle.

AB

Gardening Update

The first cucumbers have been swiftly consumed, along with several lettuces.

The radishes burnt themselves out long before we could use them.

This weather with warm sunny intervals followed by rain are perfect growing conditions.

The runner beans have already reached the top of the canes, the peas only supposed to grow to 5ft. Are well over 7ft. (yes, have a laugh, I can't reach the top of them).

The dwarf beans are nearly as big as me.

Cabbage, (January King) and Red Cabbage are being planted out and sown respectively.

If anyone is passing and fancy a lettuce, you are more than welcome.

We are nearly out of the woods. Albert and Carol

HISTORY GROUP

The History Group always welcomes all U3A members. Our indoor meetings are held at Central Methodist Church on the 3rd Wednesday of the month commencing at 2pm. Money paid for the trip to Richard III will be safe in the U3A bank until we can re-arrange later on. We are starting fresh in September (X fingers). Watch this space! I look forward to seeing everyone but in the meantime please take care and stay safe.

A HUCKNALL HERO

The email was a complete surprise from a man called Jim Whitworth. He had found me via Herbert Buzzard court; the manager had kindly passed my address onwards. Years ago his parents had bought a needlework 'tapestry' done by Herbert Buzzard from a shop in Chester and would like to give it back to the family, if possible, or Hucknall if not. Could I help? Of course I could! I remembered Kay Burton had given a talk to History Group members about her grandfather Herbert Buzzard and contacted her. Kay was delighted because after messages back and forth from myself and Kay it seems the work will eventually come 'home' to Hucknall. When it does she is going bring it to show members. A short summary of Herbert's life follows.

Charles Herbert Buzzard was born in 1889. He served as a private in the 1st battalion Lancashire Fusiliers from 1914 – 1918 and was awarded the Military Medal for bravery. "Charles Buzzard of Victoria Street, Hucknall, rescued a badly wounded comrade despite the fact that two men had been killed in previous attempts. For this and earlier single-handed capture of 6 Germans he was decorated for bravery in the field. The wounded man had lain for several hours in front of the German snipers. Private Buzzard got flat on the ground and after crawling up to him by inches, dragged him safely into the British lines, notwithstanding that German sharpshooters were popping at him all the time." He was secretary of the British Legion for 21 years and Herbert Buzzard Court; originally accommodation for ex-serviceman and women was named after him. He worked at Players in Nottingham and after that went to the Legion to deal with the vast amount of work there. The present headquarters were largely acquired due to him. He died in 1947.

Acknowledgement to Kay for information about her grandfather.

Hot News Hucknall Library is to re-open on 6th July. It means those of you who have been chafing at the bit to do some local research can go for the burn. Good luck.

T.T.F.N. MAUREEN NEWTON

LUNCH GROUP

I don't know about you, but I am REALLY missing my proper fish & chips and a good steak! (apologies to all your vegans out there!). And, of course, our gossip exchange and silly miniquizzes. Obviously, nothing else to report but don't forget to let me know the names and details of your favourite lunch venues so that I can start to plan our 2021 lunch programme. Please contact me via the U3A Beacon system or phone me directly. Many thanks.

Sandra Green.

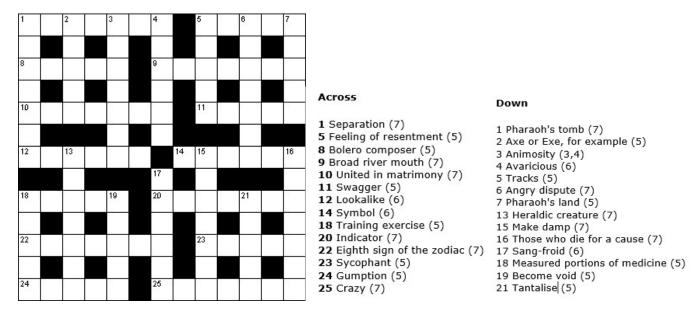
PUB QUIZ & LUNCH GROUP

It's now around 120 days since our last Pub Quiz and if we're not missing the hard questions, we are definitely missing the good company! Thanks to David Rose who keeps us supplied with a good quiz each month on line.

The answers to last month's Countries puzzle are given below.

1 Canada	2 West Indies	3 Iceland	4 Russia	5 Mozambique	6 Bahamas
7 Taiwan	8 New Zealand	9 Holland	10 Columbia	11 Brazil	12 Cuba
13 Wales	14 Portugal	15 Rumania	16 Japan	17 Liechtenstein	18 Bali
19 Iraq	20 China	21 Belgium	22 Singapore	23 Bahrein	24 India
25 Hungary	26 North Korea	27 Kampuchea	28 Sweden	29 Italy	30 Hong Kong
31 Botswana	32 Grenada				

So, an ordinary crossword puzzle for you this month – answers next month.



AND FINALLY – A piece I found on Facebook which I thought was interesting.

They used to use urine to tan animal skins, so families used to all pee in a pot & then once a day it was taken & sold to the tannery......if you had to do this to survive you were "Piss poor". But worse than that were the really poor folk who couldn't even afford to buy a pot.....they "didn't have a pot to piss in" & were the lowest of the low.

The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be. Here are some facts about the 1500s: most people got married in June because they took their yearly bath in May, and they still smelled pretty good by June. However, since they were starting to smell..... brides carried a bouquet of flowers to hide the body odour. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children. Last of all the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, "Don't throw the baby out with the bath water!"

Houses had thatched roofs - thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof... hence the saying "It's raining cats and dogs. There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed. Hence, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence.

The floor was dirt. Only the wealthy had something other than dirt. Hence the saying, "Dirt poor." The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on floor to help keep their footing. As the winter wore on, they added more thresh until, when you opened the door, it would all start slipping outside. A piece of wood was placed in the entrance-way. Hence: a thresh hold.

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while. Hence the rhyme: "Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old". Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could "bring home the bacon." They would cut off a little to share with guests and would all sit around and "chew the fat".

Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning death. This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or the upper crust.

Lead cups were used to drink ale or whisky. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up. Hence the custom of holding a wake.

England is old and small and the local folks started running out of places to bury people. So, they would dig up coffins and would take the bones to a bone-house, and re-use the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So, they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the graveyard shift) to listen for the bell; thus, someone could be "saved by the bell" or was considered a "dead ringer".

And that's the truth.... now, whoever said History was boring?



READING GROUP

We discussed the biographies we had read in May, which varied widely from a Yorkshire Daleswoman Hannah Hauxwell, to author Susan Hill, newscaster John Suchet, vet Noel Fitzpatrick, actor David Jason, and Mary Ann Walker, Jack the Ripper's first victim! Ouite a variety!

Because the Library is closed, we have not been able to pick up a set book to read during June so the suggestion was for a Travel book. I will report on these in our July Reading Group notes which I will send out to members at the beginning of July.

SCIENCE GROUP 2

Zoom Meeting Friday 19th June

It was pleasing that 21 members took part in our second Zoom meeting.

Each time we use it we are getting a little more skilled in making this virtual meeting system work more effectively for us. (mainly thanks to Mark Jackson our IT consultant.)

This time we had 3 mini presentations which utilised the screen sharing facility.

John and Sue Tedstone talked about Ticknall Limeyards, which are within the grounds of Calke Abbey. These are a 'Site of Special Scientific Interest (SSSI) 'and well worth a visit – when we can.

Ian Murray presented some interesting facts about Maria Telkes who was a Hungarian-American biophysicist, scientist and inventor who worked on solar energy technologies. She is considered one of the founders of solar thermal storage systems, earning her the nickname "the Sun Queen"

Ann then discussed Florence Rena Sabin (1871-1953) was an American anatomist and medical researcher. Her excellent and innovative work on the origins of the lymphatic system, blood cells, and immune system cells and on the pathology of tuberculosis was well-recognized during her lifetime.

This was followed by a general discussion about garden birds.

Thanks to all participants. Next Meeting via Zoom is on Friday 17th July

David Rose

UKULELE GROUP

The group have had a couple of trial sessions via zoom.us and have decided to resume their monthly sessions, the 2nd and 4th Monday of the month at 10am using zoom.

June 8th was the first session where hopefully more members will be able to participate, but all members should look out for an email with the invitation to join.

I hope everyone in Hucknall and District U3A is keeping well and safe. Vivian Ellis

WEEKENDERS' GROUP

No Weekender group activities again this month of course but we had our virtual Coffee Club cuppa at 2 pm on Saturday, 27th June. Let's have another virtual Coffee Club cuppa at 2 pm on Saturday, 25th July, or better still, anyone happy to host four of us with fold up chairs and our own drinks, in your garden – distancing, of course? We have all kept in touch with one another and I have sent out a Weekenders June Newsletter to those on email, with a request for copies to be run off and posted through the doors of those not on email; thanks to the walkers amongst us who delivered the newsletter.

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 31st July 2020

Please also send a copy of your article to webmaster@hucknallu3a.org,uk for inclusion on our website.

HUCKNALL & DISTRICT U3A INTEREST GROUPS July 2020

For further details contact check the website at www.hucknallu3a.org.uk from there you can email the respective Group Leader

ARTS

ACOUSTIC GUITAR 1st&3rd Thursday 10:00 CHOIR 1stWednesday 13:20 3rdWednesday 11:20 DISCUSSION 1stMonday 13:45

DRAMA 4thFriday 10:00

FILM CLUB Thursday 12:30

HISTORY 3rdWednesday 14:00
NATIONAL TRUST Various dates ×
READING (BOOKS)* 1stWednesday 14:00
SINGALONGA 3rd Tuesday 10:30
THEATRE various dates
UKULELE 2nd&4thMonday 10:00

ACTIVE WELLBEING

CYCLING Every Wednesday 9:00

EASIER CYCLE Every Friday 9:00

GROWING OLD DISGRACEFULLY* Various

GRUMPY OLD MEN Various

NOT SO GRUMPY OLD MEN Various

KURLING 2ndSunday3-5pm
MOVEMENT TO MUSIC Thursday 10:00
PICKLEBALL Thursday 14:00
SEATED EXERCISE 4th Monday 14:00
WALKING (LONG) 1stTuesday 10:00
WALKING (MID)* 3rdMonday 10:00
WALKING (SHORT) 3rdThursday 10:00

FOOD & DRINK

BREWERY SCIENCE & HISTORY Various
GINOLOGY 3rd Thursday 19:00
INTERNATIONAL DINING As Arranged
LATE BREAKFAST 1stFriday 09:15

LUNCH GROUP 4thWednesday 12:00

PUB QUIZ & LUNCH 2ndMonday 12:00 WINE APPRECIATION* 3rd Monday 19:30 WINE TASTING * 3rdWednesday 19:30

HOBBIES & PASTIMES

1st& 4th Friday 19:00 CANASTA CRAFT 1 * 3rd Monday 13.45 CRAFT 2 2ndTuesday 14:00 GARDENING 3rd Tuesday 14:00 HOLIDAYS various dates KNITTING & CROCHET 4thTuesday 14:00 2ndFriday 19:00 MAH JONG POT LUCK * 1stWednesday 19:30 1stMonday 14:00 RUMMIKUB1 Thursday 13.00 RUMMIKUB2 SCRABBLE 4thThursday 14:00 TABLE GAMES 3rdFriday 19:00 WATER COLOUR 1stMonday 14:00 WEEKENDERS various Sat & Sun. **LANGUAGES**

FRENCH CONVERSATION* 3rdTuesday 10:00 FUN WITH LANGUAGES 2nd Thursday 10:30

SCIENCE AND THE ENVIRONMENT

SCIENCE 1 4thThursday 10:00 SCIENCE 2 3rdFriday 10:00

*Indicates group full. If you are interested then contact Siobhan who will happy to help you set up a further group. Please be aware that some Interest Groups have a limited number of places due to activity, venue etc.

Group Leaders are normally available in the Board Room at the monthly U3A meetings to answer any questions that you may have about their group. Their contact details are displayed on the Interest Group Information Board.

QUIZ TIME (Answers)

Last Month's Find the Name

The clues lead to either a male or a female name. The Answers are in Red

- 1. Plain-spoken (5) FRANK
- 2. Two magpies (3) **JOY**
- 3. Knife (7) **STANLEY**
- 4. High Street saint (7) **Dunston / Michael**
- 5. Scottish peak (3) BEN
- 6. Apparently, the happiest person (5) LARRY
- 7. Welsh port (5) BARRY
- 8. Savings plan (5) TESSA
- 9. Exists as a chiming object (6) **ISABELLA** (Editor Note Not (6)!)
- 10. Stirred rice (4) ERIC
- 11. Patron saint of travellers (11) CHRISTOPHER
- 12. Daybreak (4) or (3) **DAWN** (Editor Note Nothing provided for (3)!)
- 13. Haystack (4) RICK
- 14. April in Paris (5) DORIS
- 15. Daily round (5) OLIVE
- 16. She fall in Africa (8) VICTORIA
- 17. Culinary herbs (5) and (8) BASIL / THYME and ROSEMARY
- 18. Goddess of the hunt (5) DIANA
- 19. City in Italy (8) FLORANCE
- 20. Colour of the rainbow (6) VIOLET
- 21. Brain teaser (5) BRIAN
- 22. Occupation (3) **JOB**
- 23. Nottinghamshire town (6) ARNOLD
- 24. Message received (5) ROGER
- 25. Baked dessert, often in layers (9) CHARLOTTE
- 26. One not wanted in hair (5) ALICE
- 27. Circumspection (8) PRUDANCE
- 28. Merciful (7) **CLEMENT**
- 29. Disturbed limey (5) EMILY
- 30. Breed of sheep (5) JACOB
- 31. Take something illegally (4) NICK
- 32. Emerald (5) BERYL
- 33. Liquid measure (4) GILL
- 34. European lake (9) CONSTANCE
- 35. The Spanish weight (5) ELTON

THIS MONTHS QUIZ

Many of us like to feed the birds in the garden. Can you name the birds from the clues shown in the picture?



1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

Answers in next month's Newsletter.

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 31st July 2020 Please also send a copy of your article to webmaster@hucknallu3a.org,uk for inclusion on our website.







Coronavirus-Related Scams - How To Protect Yourself

Criminals are exploiting the COVID-19 pandemic to try and get their hands on your money and personal information. **To date, Action Fraud has received reports from 2,378 victims of Coronavirus-related scams, with the total losses reaching over £7 million.**

How you can protect yourself from Coronavirus-related scams:

There are some simple steps you can take that will protect you from the most common Coronavirus-related scams. Here's what need to do:

1 - Watch out for scam messages

Your bank, or other official organisations, won't ask you to share personal information over email or text. If you receive an email you're not quite sure about, forward it to the Suspicious Email Reporting Service (SERS): report@phishing.gov.uk

2 - Shopping online

If you're making a purchase from a company or person you don't know and trust, carry out some research first, for example, by checking to see if others have used the site and what their experience was. If you decide to go ahead with the purchase, use a credit card if you have one, other payment providers may not provide the same protection.

3 - Unsolicited calls and browser pop-ups offering tech support

Never install any software, or grant remote access to your computer, as a result of a cold call. Remember, legitimate organisations would never contact you out of the blue to ask for financial details such as your PIN or full banking password.

NHS Test and Trace scams:

The NHS Test and Trace service plays an important role in the fight against coronavirus and it's vital the public have confidence and trust in the service. However, we understand the concerns people have about the opportunity for criminals to commit scams.

What you need to know:

Contact tracers will **only call you from the number 0300 013 5000**. Anyone who does not wish to talk over the phone can request the NHS Test and Trace service to send an email or text instead, inviting them to log into the web-based service.

All text or emails sent by NHS Test and Trace will ask people to sign into the contact tracing website and will provide you with a unique reference number. We would advise people to **type the web address** https://contact-tracing.phe.gov.uk directly into their browser, followed by the unique reference number given to you, rather than clicking on any link provided in the message.

The NHS Test and Trace service will never:

- ask you to dial a premium rate number to speak to them (for example, those starting 09 or 087)
- ask you to make any form of payment or purchase a product or any kind
- ask for any details about your bank account
- ask for your social media identities or login details, or those of your contacts
- ask you for any passwords or PINs, or ask you to set up any passwords or PINs over the phone
- ask you to download any software to your PC or ask you to hand over control of your PC, smartphone or tablet to anyone else
- ask you to access any website that does not belong to the government or NHS

If you think you have been a victim of fraud, please report it to Action Fraud at https://www.actionfraud.police.uk or by calling 0300 123 2040.