



Issue October 2019

Web Address: www.hucknallu3a.org.uk

The meeting is held on the second Wednesday of the month starting at 1.30pm at the Hucknall Leisure Centre.

Message from our Chair

The Interest Groups now seem to be back up and running well following the summer months when some groups tend to ease down a little to allow for the holiday season and child care duties!!!.

One group which is in danger of folding is the National Trust group as Sue Spolton is leaving the position. On behalf of the Hucknall U3A may I thank Sue for all the hard work that she has put into the group over the years. If anyone would be prepared to take over please contact Sue, Siobhan or myself.

After the last Monthly Meeting I had many people who were so impressed with our Speaker that they wanted to donate towards her work in Kosovo. As a result we will hold a "Bucket" collection at the October meeting.

May I remind members that the December will again see the Monthly Meeting display our own Showcase from various Interest Groups.

Finally, The Committee have been very pleased to see several new groups emerge in recent months but if you would like to start up a another group please contact Siobhan who will be delighted to support you.

Enjoy this month's meetings and activities.

Barrie Saunders, Chairman

OUR SPEAKER THIS MONTH

Martin Wood - Speaker Cancelled

New Speaker - Vince Eager

Future Speakers

13th November – Jack Perks – "Wildlife Photographer" 11th December – No Speaker 8th January – Bob Massey – "Arnold Underground"

COMMITTEE CORNER - Notes from our Committee

Committee Meeting

The Accounts for the previous month were examined and approved. Our financial situation is very sound, helped greatly by the Commission received from those members taking holidays from Riviera Travel

David Rose updated members on the various Short Courses and Films planned for the rest of the year.

Everything was running smoothly in regards to the website and general U3A equipment.

Mark Jackson updated the Committee on the running of the Beacon system and its advantages

The Speaker's informed the meeting that next Speaker had now withdrawn and a new Speaker was being arranged

Reports from the feedback on the recent Northern Soul night had been very favourable.

A discussion took place regarding Membership Renewals for next year.

Barrie Thanked Margret Huckerby and her helpers for the high quality and good variety of Speakers' attending the Monthly Meetings this year and her support for the Network of Speaker Organisers' within the County.

Several Members had supported the setting up of new U3A's in Calverton and Bulwell.

Barrie

NEW GROUPS, WORKSHOPS & OTHER NEWS

Nothing to report under this heading this month



COME ALONG AND JOIN US AT THE

HUCKNALL & DISTRICT U3A's

SPECTACULAR CHRISTMAS LUNCH & SOCIAL

at the John Godber Centre, Ogle Street, Hucknall on

Monday 2nd December 2019

Doors open at 11.30am and Lunch is served from 12.15pm Entertainment will be from 2 – 4pm



Home Grown Talent of the H&D U3A Members Followed by the Sensational Vocalist, CLIVE RUDD

Tickets £12 - including a 2 Course Lunch
(Your menu choice is required when buying your ticket)

Menu Selections available are:

Main Courses: Desserts:

Roast Beef Strawberry Cheesecake
Roast Chicken Chocolate Fudge Cake
Cold Platter & Jacket Potato Cheese & Biscuits

Followed by

Tea or Coffee & Mince Pies

The event finishes at approximately 4pm

Tickets will be on sale at the October & November meetings



NEWS FROM THE GROUPS

ARTS & FILMS INFORMATION GROUP

To receive a regular update of the Arts Information Calendar showing upcoming events in the Nottingham area contact Alan Snape on 07940146542 or e-mail alansnape@hotmail.co.uk

The calendar includes events at the Royal Centre, The Broadway Cinema, The Bonington Cinema and Theatre Arnold. Opera & Ballet transmissions and recordings as well as the usual films coming our way.

The Film Club attendance at The Broadway Silver Screen on Thursdays is growing with films showing at 10.30 and 13.30. Silver Screen includes free tea/coffee and biscuits and a U3A discount reducing admission charge to £4.50. Silver Screen films at reduced prices are also shown at most other cinemas in the area also each Thursday.

Please pass on any information on local cultural activities that you would like included.

Silver Screen Films for the coming weeks are as follows:-

Thursday Oct 10th The Goldfinch

Thursday Oct 17th Judy - Film about Judy Garland

Thursday Oct 24th Official Secrets

Thursday Oct 31st The Peanut Butter Falcon

Am Dram

The Bonington Players production of Spirit Level (comedy) at The Bonington on Wed 16th, Thursday 17th, Friday 18th & Saturday 19th. at 7.30 admission £8.

GARDENING GROUP

The final trip of the year for the Gardening Group was to Newby Hall, near Ripon. Again the weather was good with sunshine and blue skies as members enjoyed the autumn borders and displays. There was also the opportunity to take a train ride alongside the river and also a boat ride on the river. Comments such as "The best garden this year!", "Stunning!" "The icing on the cake for this year's trips!" "Idyllic!" "You have really surpassed yourselves with this one." "11 out of 10!" and Please can we come again?" showed just how much we all enjoyed the garden and grounds. It is one that we shall probably visit again so if you didn't make it this time, try to join us next time.

The next meeting will be a Members' Meeting, called Triumphs and Disasters. It will be at the John Godber Centre, on 15th October, 2.00pm till 4.00pm. All are welcome.







Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 1st November 2019
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HISTORY GROUP

The next meeting for the group on October 16th is a visit to the Royal Armouries in Leeds where we have a guided tour of the Tournament Gallery and a handling session of artefacts. Apparently there are eating places and other rooms we might need such as loos easily available. The coach leaves Hucknall Market at 10am returning 6 to 6.30pm (ish)

November 20th is back at Central Methodist when Stephen Walker is coming to talk to us. The title is From Gedling to Ashfield. He is going to explain the structure of his recent book about the Gedling Borough area and look at the evidence of the history and heritage of the Borough. Then he will suggest how it could be applied to Hucknall and Hucknall Heritage Society's idea for a new and exciting project.

Our September meeting was a talk by Andy Mackinon and was so good it was difficult to know how to thank him enough. Although his research applied mostly to people from Hucknall facts and figures could also be applied to anywhere in the country. I think his work on the Great War is astonishing and we hope he will come to speak again (maybe to the whole of Hucknall U3A) when his project is almost complete. Maureen Newton

KURLING GROUP

September brought another bullseye from Pauline Marsh well done. We all had a good session plenty of banter which is great. Winning names were Pauline Julie Jean Joan David. Jean Carrington did exceptionally well she really has got the target in her sights. Peter and Rita are hosting the next session with Rob on standby. Have a great afternoon see you all November.

LUNCH GROUP

The Lunch Group meets on the fourth Wednesday of each month at 12 noon (unless otherwise stated) at a different restaurant each month. The menus vary in price and content but hopefully average out over the year at a reasonable cost. It is an opportunity for members to meet together socially and try out different restaurants which, as individuals, they may not have had the chance to try before. We always have a quiz which is usually related to the venue or its theme. We hope you will find something of interest to your "taste" and look forward to meeting up with you each month. I would love to hear about your recommendations for reasonably priced venues as we have been going for nearly eleven years and are running out of new venues!

When putting your name down, if the menu is available, either at the meeting or on the website, could you please indicate your menu choices at that time.

Unfortunately we had to cancel the September 25th visit to Oliver's Pub & Kitchen at Eastwood as the menu was received too late for our September meeting and it was way above what we normally pay for lunch.

On October 23rd we will see what they have done to the Old Spot at Daybrook which is now called The Cooper's Brook. I must have your menu choices immediately you receive this newsletter and the menu is on the U3A website. Then on November 27th we shall try George's on Queen Street, Nottingham. I shall need a £3 deposit for this lunch please at the October meeting. Our Christmas lunch will be at our usual venue, The Albert Hall on Wednesday, 18th December and I shall be taking the balance of monies due at the October & November meetings. The menus for these lunches are also on the website.

Please also note that the annual £1 administration fee was due in July.

NATIONAL TRUST GROUP

There are still places left on the National Trust trip to Charlecote Park, near Warwick on Tuesday, 15 October. The cost of the fare is £10.00. If you aren't in the National Trust you are welcome to join us but there will be an additional entrance charge of £13.40. We will be leaving the Hucknall Leisure Centre at 9.00am.

Charlecote is a beautiful riverside property and the parkland walk will be looking wonderful with the autumn foliage. Take advantage of this penultimate trip which promises to be a fabulous day out. Book your place either by phone, through the website or at the October monthly meeting.

PUB QUIZ & LUNCH GROUP

The Pub Quiz & Lunch is held on the second Monday of each month at 12 noon at The Nabb Inn. The subscription is £1 per person which covers each team's Quiz sheet and a raffle ticket for each member. There is a cash prize for the first and second team, with a £5 pub voucher for the raffle, along with a Bumper Bag containing donated items, for which our thanks are given to those who donated. Could I remind you to please check sell-by dates on food items for the bumper bag. Please note the maximum number of members per team is five – if there are six of you, please divide into two teams of three and invite a new member to join you!

Donations of raffle prizes or items for the Bumper Bag are gratefully accepted. Just pay the subscription on arrival, then, if you wish to eat, order your lunch at the bar and put your thinking caps on. There is a small table quiz just for fun, followed by the Quiz itself and then lunch, followed by the answers and the raffle. We are limited to 36 seats so please come early as it's first come, first served for seats in the alcove area. The winners of the September quiz were "Minus One" and "We Three". The next Pub Quiz will be on Monday, 14th October.

READING GROUP

In August we read "Anything Is Possible" by Elisabeth Strout. This was a short story collection which explores the whole range of human emotion through the intimate dramas of people struggling to understand themselves and others.

We also attend talks put on by Hucknall Library with guest authors, which can be very enlightening. The Library also has a "Crime Café" on the second Tuesday of each month, with guest speakers as well as discussions.

SCIENCE 1 GROUP

At our meeting on Thursday, 26th September we undertook something very different and challenging. We had as a Group been discussing and researching the impact of climate change, population growth, earth's resources and the effects of pollution on ourselves and eco systems. Arising out of these discussions Bob McEwan gave us a talk on the nutritional value of humans eating insects (Entomophagy). He highlighted the cost to the environment in terms of global emissions, land use implications and transportation of our traditional food products. So why not eat insects: after all they have been eating us for years. And over 2 billion people worldwide eat insects.

Crickets for instance have fare more protein, iron and calcium than chicken, beef and pork, require less cultivable land and less water and feed.





But what do they taste like? After the presentation it was crunch time, literally. We were given the opportunity to taste and try a sample of roasted crickets of various flavours along with two bars resembling normal snack bars. Surprisingly they all tasted good and received approval. Whether insects will be part of our diet remains to be seen.

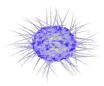
SCIENCE 2 GROUP

Programme September to December 2019

September 20th: Group member Alan Ratcliffe did an interesting presentation around 'the perception gap' of how different groups of people perceived and understood things such as resources available ,resources used ,income ,life expectancy ,population and education across the globe. This led to a lively discussion. Thank you Alan

October 18th: As I am away John Tedstone has kindly agreed to lead the meeting. Guest speaker Terry Hill (apparently with a little help from Brian Cox) will bring us up to date with The Big Bang Theory. It would be appreciated if some members come prepared to give a short (5min) talk on any science based topic or news item they come across this month.

November 15th: Paul Brett PhD BBSRC DTP Fungal Biotechnology from the School of Life Sciences at Nottingham University returns with 2 PhD research students who will talk about the world of antibiotic resistance and alternative therapies which include a predatory bacterium called bdellovibrio which preys on disease-causing bacteria. The second speaker would talk about a type of organism similar to bacteria but which live in extreme environment. Both post grads work within the Medical School.



December 20th: Only 5 days to Christmas Day and our session will be around 'The Science of Christmas' (and we will forgo the biscuits for some low calorie seasonal treats...).

David Rose

THEATRE GROUP

Sound of Music, Theatre Royal, 30th October 2019, 2:30pm, Tickets £30.50 Wedding Singer, Derby Theatre, 9th November 2019 2:30pm, Tickets £19.00 Northern Ballets Cinderella, Theatre Royal, 23rd November 2019, 2:30pm, Tickets £32.50 We Will Rock You, Royal Concert Hall, 27th November 2019, 2pm, Tickets £44.50 Some Mothers do have em, Theatre Royal, 12th March 2020, 2pm, Tickets £36.50 Riverdance, Royal Concert Hall, 18th March 2020, 2:30pm, Tickets £50.00

WALKING GROUP (MID LENGTH)

With the sun breaking through and shining on the group, a very pleasant walk was had across the river from Belper. Starting in the village of Milford, twenty two members climbed out of the village onto the ridge of North Lane, an old Roman road, which offered admiring views. This being Strutt country, the route had several historical facts on the way. We crossed fields and a ford to the road into Belper and then the West Mill and Riverside Gardens. We had lunch by the river and then tracked the river back to Milford. Just before entering the village was the 1840 tunnel entrance built by Stephenson and son and still in use.

Then it was back to the cars and off to the Hurt Arms pub for refreshments.

Thank you to Greg Umney and David Jackson for providing us with this lovely walk.

Next walk - Monday October 21st - The Nutbrook Trail (West Hallam).

WALKING GROUP (SHORT LENGTH)

On Thursday 19th September on a route organised by Liz and Phil Attenborough a

group of ten happy walkers enjoyed a pleasant 4.5 mile circular walk along the Beeston Canal, back by the River Trent ending at the Lock Keepers Cottage by the weir for coffee. A Kingfisher, Heron, a friendly dog and the Aston Martin Garage were the highlights spotted! (plus beautiful sunshine)



WEEKENDERS' GROUP

The Weekenders programme for group members for September to December was posted on the U3A website last month. We like to organise a Lunch, a Social Evening, an Outing and a Coffee Club get together each month, plus any other events we might be interested in. This group is now full but if anyone is interested in a Weekenders Too! Group, please let the Groups' Co-ordinator, Siobhan Lee, know when between us we could start a second group.

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 1st November 2019
Please also send a copy of your article to webmaster@hucknallu3a.org,uk for inclusion on our website.

We have lunched several times at The Broomhill to celebrate group members' birthdays and have already booked our October and November birthday lunches, plus our Christmas Lunch on 10th December. Sandra used the September Coffee Club as a fundraiser for Macmillan and the 21st September Social Evening was hosted by Margaret White with a "Cruise Night" theme; we dressed appropriately in our cruise finery and competed in a "Who Wants To Be A Millionaire" and "Guess the Famous Landmarks" quiz. Many thanks to Margaret White for hosting. The 19th October Social Evening will be at Lindsay Smith's with a "Musical" theme. We are also having an outing to Welbeck Abbey on 4th October and a lunch at Yamas in Nottingham on 12th October. We will end October with a Coffee Club session on 26th October with a "Winter Memories" theme.

Places are limited for all events; in fact many are full already, so group members please contact Sandra Green if you wish to have your names put down for events in October to December.

WINE TASTING GROUP

In September, our group went on a visit to the Hanwell Wine Estate in Hickling Pastures, near Melton Mowbray. Helenka, the vineyard owner gave us a very informative talk about the estate before we set off on a tour of the vineyard. We then returned to the tasting room, where we tasted 6 local wines.

The visit was enjoyed by us all, made special by Helenka, who is passionate about her job. She also runs craft workshops throughout the year and her café opens every Saturday, so we might return soon!!.



U3A Holidays

Connemara and Wild Atlantic Way

21/06/2020 for 9 days half board. - This is an exclusive trip for the u3a. There will be no waiting at the interchange, we will travel immediately to the ferry. One night half board in Dublin outward journey and the same on return. 6 nights half board at Westport hotel and spa in Westport.

Included trips

- * Achill Island guided tour
- * Kylemore Abbey and gardens and fjord cruise

* Galway

Three free days in Westport, the hotel is set in woodlands but near to the port and town, the railway station is also nearby. Time to relax and explore, lots of lovely walks for those who are fit!!! Opportunities for ferry trips shop till you drop, explore the area and the possibly of a trip to Sligo.

£819.00 pp share twin room / £190 single supplement

I have 4 single rooms available

We are going with ALFA ltd who I use on a regular basis.

They are members of ABTA and ATOL for your peace of mind.

£50.00 deposit secures your place. Cheques payable to ALFA ltd.

Contact Caroline Rhoades, Ashfield u3a Holiday Organiser, 01623 721987 or 07724210563, crhoades159@gmail.com

Kynren, Bishop Auckland Holiday

For an article relating to this holiday please view the article on the Hucknall U3A website at

https://www.hucknallu3a.org.uk/category/holidays

HUCKNALL & DISTRICT U3A INTEREST GROUPS

October 2019

For further details contact Siobhan Lee, 0115-9550119 or check the website at www.hucknallu3a.org.uk from there you can email the respective Group Leader

1 st Wednesday 13:20 3 rd Wednesday 11:20
1 st Monday 13:45
4thFriday 10:00
Thursday 12:30

HISTORY 3rdWednesday 14:00
NATIONAL TRUST Various dates ×
READING (BOOKS)* 1stWednesday 14:00
SINGALONGA 3rd Tuesday 10:30
THEATRE various dates
UKULELE 2nd& 4thMonday 10:00

ACTIVE WELLBEING

FOOD & DRINK

ARTS

ADVENTURE BEFORE DEMENTIA - Various

CYCLING Every Wednesday 9:00

EASIER CYCLE Every Friday 9:00

GROWING OLD DISGRACEFULLY* Various

GRUMPY OLD MEN Various

NOT SO GRUMPY OLD MEN Various

KURLING 2ndSunday3-5pm
MOVEMENT TO MUSIC Thursday 10:00
PICKLEBALL Thursday 14:00
SEATED EXERCISE 4th Monday 14:00
WALKING (LONG) 1stTuesday 10:00
WALKING (MID)* 3rdMonday 10:00
WALKING (SHORT) 3rdThursday 10:00

BREWERY SCIENCE & HISTORY Various GINOLOGY 3rd Thursday 19:00 INTERNATIONAL DINING As Arranged LATE BREAKFAST 1stFriday 09:15

LUNCH GROUP 4thWednesday 12:00

PUB QUIZ & LUNCH 2ndMonday 12:00

WINE APPRECIATION* 3rd Monday 19:30

WINE TASTING * 3rdWednesday 19:30

1st& 4thFriday 19:00

HOBBIES & PASTIMES

CANASTA

CRAFT 1 * 3rd Monday 13.45 2ndTuesday 14:00 CRAFT 2 GARDENING 3rd Tuesday 14:00 various dates HOLIDAYS KNITTING & CROCHET 4thTuesday 14:00 MAH JONG 2ndFriday 19:00 POT LUCK * 1stWednesday 19:30 RUMMIKUB1 1stMonday 14:00 Thursday 13.00 RUMMIKUB2 4thThursday 14:00 SCRABBLE TABLE GAMES 3rdFriday 19:00 WATER COLOUR 1stMonday 14:00 **WEEKENDERS** various Sat & Sun.

LANGUAGES

FRENCH CONVERSATION* 3rdTuesday 10:00 FRENCH BEGINNERS 2rd & 4th Friday 10:30 FUN WITH LANGUAGES 2rd Thursday 10:30

SCIENCE AND THE ENVIRONMENT

SCIENCE 1 4thThursday 10:00 SCIENCE 2 3rdFriday 10:00

*Indicates group full. If you are interested then contact Siobhan who will happy to help you set up a further group. Please be aware that some Interest Groups have a limited number of places due to activity, venue etc.

Group Leaders are normally available in the Board Room at the monthly U3A meetings to answer any questions that you may have about their group. Their contact details are displayed on the Interest Group Information Board