



Issue April 2019

Web Address: www.hucknallu3a.org.uk

The meeting is held on the second Wednesday of the month starting at 1.30pm at the Hucknall Leisure Centre.

Message from our Chair

It hardly seems possible but this month marks the halfway point in my Chairmanship. I have been very lucky to have held the role supported by such a wonderful membership who have enabled us to make progress in many areas.

Firstly, attendance at the monthly meetings continues to be good so much so that we had a record attendance of 270 in February. The meetings have also seen us entertained by some excellent visiting guests and non-more so than when Magician David Moylan pays us a visit.

In terms of new members applying, we continue to see a steady stream coming along each month for their Introduction to the group.

Several new groups have started over the year and existing groups are progressing well. We now have close to sixty groups and five hundred members in total.

We have set up closer links with other local U3A's, especially those in the North Notts Area.

The Social Committee have organised many excellent events over the year, while the Executive Committee work very hard on behalf of all members, be that with the Finances, Membership or any other areas of their work.

I hope the next year continues to see the Hucknall U3A progress so that I can hand over an organisation to be proud of in twelve months' time.

Barrie Saunders, Chairman

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 26th April 2019 Please also send a copy of your article to webmaster@hucknallu3a.org,uk for inclusion on our website.

OUR SPEAKER THIS MONTH

David Moylan - Magician & Entertainer

Future Speakers

8th May – Ian Maber "The Teller of Tales" 12th June – Martin Perry "The Magic of the Guitar" 12th July – Stacey Smalley "The Work of the Macmillan Nurses"

COMMITTEE CORNER - Notes from our Committee

Committee Meeting

The Committee agreed to have photographs taken and for these to be placed on the Notice Board at the monthly meetings and on the Website. This would help to identify all members and their roles.

The Creative Writing group has been discontinued because of a lack of numbers. On the positive side the Choir is now doing very well.

It was agreed that the Irish Night had been very successful.

The accounts for March were approved.

Provision of equipment for the Craft groups and Seated Exercise group were discussed and approved.

The recent Film workshops had proved popular and further films would be shown at the end of the year.

Membership renewals are now complete.

Provision for the A.G.M. was discussed.

NEW GROUPS, WORKSHOPS & OTHER NEWS

NEW GROUPS & SHORT COURSES ETC.

Ageing Well Conference

Ageing Well Conference Please put 19th October 2019 in your diary. Planning is now well advanced for the first Nottinghamshire Network Ageing Well Conference. We are planning a packed agenda - details to come later. The conference will be open to all Nottinghamshire U3A members. More details will be published as and when available with booking opening in June 2019. In order to ensure that the day runs smoothly, we need some volunteers to marshal on the day. This will involve helping delegates find the right rooms for break-out sessions, meeting and registering delegates and generally helping out on the day. Our volunteers will get the first choice of break-out sessions to reward them for their efforts. To register as a volunteer (you will still need to book a delegate place when booking opens in June), please send an email to Paul Fileman - paul.fileman@btinternet.com



Who? Why? Was?

Where? Which?

How?

What?

When?

Would?

Did?

Could?

Is? Does? Have?

Tickets will be on sale at the April and May monthly meetings for the



in the Main Hall, John Godber Centre, Ogle Street, Hucknall

Tickets on sale for £7.50 and will include a meal of

PIE, PEAS, MASH & GRAVY











Doors will open at 6.30pm, Supper to be served at 7pm. The Quiz will start at 8pm and finish at approx. 10pm. The Bar will be open with waitress service during the guiz.

Teams shall consist of no more than 8 people.

It would be helpful if you could buy your team tickets together to avoid being separated.

> If you are in a smaller group, or on your own, you will be placed into a team.



NEWS FROM THE GROUPS

ARTS & FILMS INFORMATION GROUP

To receive a regular update of the Arts Information Calendar showing upcoming events in the Nottingham area contact Alan Snape on 07940146542 or alansnape@hotmail.co.uk

The calendar includes events at The Royal Concert Hall, The Broadway Cinema, The Bonington Theatre/Cinema in Arnold, plus news of International live transmissions of Opera, Ballet, and Theatre. If you have news of local entertainment events and would like them included in the calendar please pass on the details to Alan.

CHOIR GROUP

The choir is settling well into Sherwood House, today more members attended than have for some years, with even one gentleman. As expected in an expensive residential home, the house is extremely warm and the armchairs deep and comfortable, - so the first thing we do is open the windows! Today we have introduced a new system for providing music, the choir buy copies at a reduced rate, and members pay for their own. The cost should be more than covered by a reduction in subs (now only £2), so members save a little, the copies are better, and their own, rather than the property of the choir. Everyone seems to be happy with the new arrangements. Apparently, however, odd rumours are circulating about our meeting to enter the house together. The explanation is simple. It isn't a public building, and as in most of our homes the front door is kept locked and needs to be answered. Rather than troubling the staff for each of us (twenty today) we meet at a time that is convenient for those travelling by 'bus, and enter together. And with the 'bus in mind, I'd like to thank the drivers who offer lifts to or from Linby, I don't think anyone has so far had to catch the 'bus home. Thanks, ladies.

CREATIVE WRITING GROUP

Unfortunately we have decided to close the Creative Writing Group due to decreased attendance and membership. We have very much enjoyed the Group but it was not viable to continue with so few members. Should interest in the group be revived in the future we will look into re-starting it but hopefully members will continue to write for their own pleasure at home.

CYCLE GROUP

Cycle Group Crisp packets and crinkly biscuit and cake wrapper collection - Many thanks to all members who bought their used wrappers to the monthly meeting in March. They are being collected by the 'Rumbletums' cafe in Kimberley to be recycled by a company called Terracycle.

Rumbletums provides worthwhile work opportunities and training for people with learning and related difficulties. It is one of our top 2 favourite cafe stops and they need to raise additional funding to avoid foreclosure of their current lease.

The photograph shows Val and Irene passing over 2 bin liners of used packaging on March 20th during our coffee stop. There will be another collection at the April monthly meeting.

Basically eat loads of crisps, biscuits and cakes and put your empties in the box near the signing in desk on April 10th!.



DISCUSSION GROUP

At our February meeting we spent a good deal of time discussing the very topical subject of 'Knife Crime'. Several suggestions were voiced as to what the reasons might be for the present situation but we all agreed that finding solutions is not going to be easy.

After our break for refreshment we continued with a discussion of the cost of running the tram service and how the free passes might impinge on this. There were suggestions due to various outside reports that this is not the case.

Suggested topics for discussion next month are:- 1) Organ donation options, 2) Television Licenses.

FUN WITH LANGUAGES GROUP

We did indeed have fun and games at our last meeting, but not the sort we really wanted! This was due in the end to a computer update blocking the online videos we were using. Thanks to everyone for their patient understanding. We did manage to complete a vocabulary sheet on hotels and bookings, also a crossword and had lots of hilarity (genuine this time) in our group conversations.

The tapas meal will take place at Bar Erico on Wednesday 10th April at 7.0pm. We are sorry there are some who cannot make that date and hope more can make the next meal. Our next meeting and our last for this session in Spanish will be at JGC on Thursday 11th April at 10.30 till 12 noon. We hope to consider Health matters then. The May meeting will begin 4 sessions of Italian. We look forward to seeing you all. New members welcome see the board to sign up please. Liz and Ann.

GARDENING GROUP

The March meeting was a very lively and interesting talk on Dig for Victory and reminded us of how our families used every bit of spare land to grow food during the last war. Creative uses of fruit and vegetables ensured that people were fed – maybe we should use a few of their ideas today, the tasty ones at least!

We still have seats available on the May trip to Hodnett Hall so names and monies can be taken at the March meeting. We are also having a meeting at the John Godber Centre on 21st May, with a DVD on Secret Gardens by Alan Titchmarsh. There will be a "plant swap" stall at this meeting so please bring along any spare seedlings/plants, flowers or vegetables, that you don't need and maybe take home a different one for a nominal fee! All are welcome. Anne

HISTORY GROUP

A special thank you to all who found the courage to come and speak at the last meeting. Due to our members own research we learned a lot and discovered that for some reasons we are so glad times have changed.

On April 17th the group visits Newark civil War Museum. The coach leaves Hucknall Market (Ogle Street) at 10am for Newark where you can take a picnic or have a café lunch but please make sure you are at the museum by 20 past one. The talk starts at 1.30 then we return to Hucknall 5pm (ish)

On May 15th the visit is to Bakewell Old House Museum and Church. Coach leaves Hucknall Market 10am to return 5pm (ish) COST £15. If you have not yet paid for this visit please make sure you bring cash or cheque to the next main U3A meeting at the leisure centre or post it to me.

June 19th to Grimsthorpe Castle, Lincolnshire. Coach leaves Hucknall Market 9am to return 6pm (ish) COST £25

See you all soon. Maureen Newton

LUNCH GROUP

The Lunch Group meets on the fourth Wednesday of each month at 12 noon (unless otherwise stated) at a different restaurant each month. The menus vary in price and content but hopefully average out over the year at a reasonable cost. It is an opportunity for members to meet together socially and try out different restaurants which, as individuals, they may not have had the chance to try before. We always have a quiz which is usually related to the venue or its theme. We hope you will find something of interest to your "taste" and look forward to meeting up with you each month. I would love to hear about your recommendations for reasonably priced venues as we have been going for nearly ten years and are running out of new venues!

When putting your name down, if the menu is available, either at the meeting or on the website, could you please indicate your menu choices at that time.

We dined at Antalya Turkish restaurant in Nottingham in February and in March we went to And Why Not in Mansfield. In April we shall be going to The Nuthall (Cinderhill by pass) and in May it will be The Old Ship Inn, Lowdham. Then in June we go to The Lion at Brinsley. The menus will be on the U3A website so please make your choices and let me have your names and deposits (where applicable).

MOVEMENT TO MUSIC GROUP

The next Movement to Music course will start on Thursday 25th April and run until 30th May (6 weeks), followed by a summer break until September.

All sessions will be held in The Main Hall at The John Godber Centre from 10.00 - 11.00. and new members are welcome to join us for a Taster session (free of charge) at any time.

For further details please check the notice board at the April meeting. Sue Saunders.

PUB QUIZ & LUNCH GROUP

The Pub Quiz & Lunch is held on the second Monday of each month at 12 noon at The Nabb Inn. The subscription is £1 per person which covers each team's Quiz sheet and a raffle ticket for each member. There is a cash prize for the first and second team, with a £5 pub voucher for the raffle, along with a Bumper Bag containing donated items, for which our thanks are given to those who donated. Could I remind you to please check sell by dates on food items for the bumper bag. Please note the maximum number of members per team is five – if there are six of you, please divide into two teams of three and invite a new member to join you!

Donations of raffle prizes or items for the Bumper Bag are gratefully accepted. Just pay the subscription on arrival, then, if you wish to eat, order your lunch at the bar and put your thinking caps on. There is a small table quiz just for fun, followed by the Quiz itself and then lunch, followed by the answers and the raffle. We are limited to 36 seats so please come early as it's first come, first served for seats in the alcove area. The next Pub Quiz will be on Monday, 8th April.

READING GROUP

In March we read one of Susan Hill's novels of our own choice and in April will shall be reading the autobiography of Adam Henson "Like Farmer, Like Son". We also attend talks put on by Hucknall Library with guest authors, which can be very enlightening. The Library also has a "Crime Café" on the second Tuesday of each month, with guest speakers as well as discussions. The group is full at the moment.

SCIENCE GROUP 2

At our March meeting on the 15th Paul Brett and Harry Harvey who are conducting post graduate research at Nottingham University both gave presentations on their current work.

Paul is an expert on microorganisms especially the different families of living things which are fungi. He took us through the whole taxonomy of fungi families in a clear structured way leading to the group he is currently working on. He surprised many of us as he explained how the research, for example may lead to a strain of fungi which is more efficient at producing Quorn a type of protein-rich food made from an edible fungus and used as a meat substitute. As he observed the made up word Quorn sounds better than grown from a 'fungus'

Harry followed with a presentation of his current research on soils. He explained what soil is, what it contains and how as a member of the team funded by The Soil Research Council they hope to learn more about maximising crop production in a range of environments.

The April meeting is cancelled as it falls on Good Friday

Next meeting May 17th. David Rose



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SEATED EXCERCISE GROUP

Fed up with hula hooping round our waist, we decided to see what other use we could make of our hoops, and judging by the response in the photo shoot, our newly acquired hoops sent us all into a frenzy of activity.

Our group enjoyed working out to Dr Hook, Cindy Lauper and the Proclaimers to name just a few though I did manage to sneak in a Michael Buble number because as everyone knows, I'm a sucker for his dulcet tones.

Next meetings, 29th April and 20th May.

Thank you to the group for their never ending enthusiasm, it's makes it all worthwhile.



SINGALONG GROUP

Our group has been running for two years and we continue to find new songs, some less well known than others!

Aprils theme will be Transport, we already have ideas!

New members are welcome to come along, please contact the group leader.

THEATRE GROUP

Dr Doolittle, Theatre Royal, 11th April 2019, 2pm, Tickets £39.50 Educating Rita, Theatre Royal, 15th May 2019, Tickets £32.50 Kinky Boots – Theatre Royal, 1st June 2019, 2:30pm, Tickets £57.50 Calendar Girls, Theatre Royal, 26th June 2019, Tickets £48.00 Avenue Q – Theatre Royal, 20th July 2019, 4pm, Tickets £38.00 Cabaret, Theatre Royal, 12th September 2019, Tickets £35.00 Sound of Music, Theatre Royal, 30th October 2019, Tickets £20.50 We Will Rock You, Royal Concert Hall, 27th November 2019, Tickets £44.50

News flash - Riverdance 25th Anniversary Show at the Royal Concert Hall, Wednesday 18th March 2020 at 2.30pm. Tickets are £50.00 each and I have to pay for them in May this year. Hope to see you there. Regards Barbara

WALKING GROUP (SHORT LENGTH)

From the car park of The Admiral Rodney on Main Street Calverton 13 members strolled out towards Ramsdale golf course. Along part of Main Street we passed evidence of houses that had once held a room dedicated to stocking manufacturing.

We turned left up the sandy track of Hollinwood Lane and up and across fields passing over Cockpit Hill, an Iron Age fort site. From there are fine views over Calverton and beyond, a just reward for the effort it took to get up the rather slippery steep hill.

Our return was mainly downhill and we stopped for a photograph at the information board and monument to Calverton's mining heritage and to celebrate the fact that in 1589 the Rev William Lees invented the stocking frame in the village.

Greg Umney had a flashback to his time underground and attempted to push the coal wagon that was once in daily use at the local colliery. Those were the days!

Next Month Thursday 18th April Teversal Trail – details to follow in April.

Finally the group would like to thank Liz Edwards for acting as the Group Leader for the past few years and we thank and welcome Albert (part time fire officer) Briggs who has volunteered to take on that role. David Rose



WALKING GROUP (MID LENGTH)

The March walk from Hayton, managed to find a day where the wind had finally dropped to reasonable levels and 23 of us set off to discover the high ground in North Nottinghamshire. Most agreed this was not an area they were familiar with.

After an initial climb in the sun, we were rewarded with great views across Nott, including a distant view of Lincoln Cathedral and two power stations. After a stop for a drink, we continued on following the Trent Valley way for a short distance before heading through Clayworth and onto the Chesterfield canal towpath.

The group slowed to look at all the Canal Boats, with well over 20 moored on this stretch, before walking on for lunch, and then back to the pub.

Special thanks go to the landlady of the Boat Inn at Hayton, who, even though they are closed on Monday as a rule, opened up for toilets before we set off and again for drinks, and food for 4 of our group, on our return.

This was a great walk, led by Steve and Anne Lawrence.

Our next walk is from Car Colston - on Monday April 15th. Sue Tedstone (Coordinator).

WEEKENDERS' GROUP

The next Weekenders programme for January to April is posted on the U3A website so please contact me if you are interested in our events. We like to organise a Lunch, a Social Evening, an Outing and a Coffee Club get together each month, plus any other events we might be interested in.

We met for lunch at Arunothai in March and had a Social Evening at the home of Pauline North where our discussions on a wide range of topics kept us there until 11.30 pm. Our outing for March was to Blue Diamond Garden Centre at East Bridgford. Our Coffee Club discussed Family Tales at the end of March. In April we plan a lunch at Riverside Farm (near the River Trent), an outing to Lea Gardens and Masson Mills, a Fish & Chip Supper at Sandra Green's and Programme Planning for the next four months at our Coffee Club at the end of April. Places are limited at all events but please contact Sandra if you wish to have your names put down for events.
There are three places available for the visit to Lea Gardens and Masson Mill, Matlock on 13th April.

HUCKNALL & DISTRICT U3A INTEREST GROUPS

April 2019

For further details contact Siobhan Lee, 0115-9550119 or check the website at www.hucknallu3a.org.uk from there you can email the respective Group Leader

ARTS		LATE BREAKFAST	1stFriday 09:15
CHOIR	1 st Wednesday 13:30 3 rd Wednesday 11:30	LUNCH GROUP	4 th Wednesday 12:00
		PUB QUIZ & LUNCH	2 nd Monday 12:00
DISCUSSION	1 st Monday 13:45	WINE APPRECIATION*	3 rd Monday 19:30
DRAMA	4 th Friday 10:00	WINE TASTING *	3 rd Wednesday 19:30

FILM CLUB Thursday 10:30& 13:00

Friday 19:15

HISTORY 3rdWednesday 14:00 MUSIC FOR PLEASURE 4th Tuesday 19:00 Various dates × NATIONAL TRUST READING (BOOKS)* 1stWednesday 14:00 **SINGALONGA** 3rd Tuesday 10:30 THEATRE various dates 2nd& 4thMonday 10:00 UKULELE

ACTIVE WELLBEING

ADVENTURE BEFORE DEMENTIA - Various CYCLING Every Wednesday 9:00 GROWING OLD DISGRACEFULLY* Various GRUMPY OLD MEN Various

2ndSunday3-5pm **KURLING** MOVEMENT TO MUSIC Thursday 10:00 Thursday 14.00 **PICKLEBALL** SEATED EXERCISE 4th Monday 14:00 1stTuesday 10:00 WALKING (LONG) WALKING (MID)* 3rdMonday 10:00 3rdThursday 10:00 WALKING (SHORT)

NOT SO GRUMPY OLD MEN Various

FOOD & DRINK

BREWERY SCIENCE & HISTORY Various INTERNATIONAL DINING As Arranged

HOBBIES & PASTIMES

CANASTA 1st& 4th Friday 19:00 CRAFT 1 * 3rd Monday 13.45 CRAFT 2 2ndTuesday 14:00 **GARDENING** 3rd Tuesday 14:00 **HOLIDAYS** various dates

KNITTING & CROCHET 4thTuesday 14:00

MAH JONG 2ndFriday 19:00 POT LUCK * 1stWednesday 19:30 **RUMMIKUB1** 1stMonday 14:00 **RUMMIKUB2** Thursday 13.00 4thThursday 14:00 **SCRABBLE TABLE GAMES** 3rdFriday 19:00 WATER COLOUR 1stMonday 14:00 **WEEKENDERS** various Sat & Sun.

LANGUAGES

FRENCH CONVERSATION* 3rdTuesday 10:00 FUN WITH LANGUAGES 2nd Thursday 10:30

SCIENCE AND THE ENVIRONMENT

BIRD WATCHING 2ndTuesday 10:30 SCIENCE 1 4thThursday 10:00 SCIENCE 2 3rdFriday 10:00

Group Leaders are normally available in the Board Room at the monthly U3A meetings to answer any questions that you may have about their group. Their contact details are displayed on the Interest Group Information Board

^{*}Indicates group full. If you are interested then contact Siobhan who will happy to help you set up a further group. Please be aware that some Interest Groups have a limited number of places due to activity, venue etc.