



NEWSLETTER

Issue February 2019

Web Address: www.hucknallu3a.org.uk

The meeting is held on the second Wednesday of the month starting at 1.30pm at the Hucknall Leisure Centre.

Message from our Chair

There is only really one place to begin this month's comments and that is by going back to last month's Monthly Meeting when for the first time our planned Speaker failed to turn up. However, this allowed us to listen to Maureen Newton speak with such knowledge on issues presently planned for Hucknall.

I am sure that I speak for all of the Membership in saying a huge thank you to Maureen for her very entertaining speech. We are fortunate to have such a knowledgeable and enthusiastic member in our U3A.

A big thank you should also go out to the Leisure Centre First Aiders who helped to look after one of our members who unfortunately fell during the meeting and had to go to hospital with a badly injured shoulder.

Staying with the theme of the Monthly Meeting, may I ask members not to arrive too early for the meetings as our Committee members and volunteers need time to set up for the meeting. Marguerite and her team are in place by 1.00pm to sign members in which gives you an hour to look round and meet people.

Finally, may I remind that our A.G.M. will take place at the April meeting with full details to be sent out in the March Newsletter.

Barrie Saunders, Chairman

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

OUR SPEAKER THIS MONTH

Mark Walsh – Comedian, Musician and Speaker

Comedian, Musician and Speaker. Mark has appeared all over the world in theatre shows and cabaret.

Future Speakers

13th March – Ian Morgan “Footpads, Kings and Highwaymen”

10th April – Vince Eager “Comedian & Musician”

8th May – Ian Mabber “The Teller of Tales”

COMMITTEE CORNER - Notes from our Committee

January's accounts were presented and approved. It was reported that two new groups were now up and running.

Arrangements for Membership renewals were discussed along with the different types of membership. A discussion was held on lapel microphones and sound systems and their practical uses.

A detailed Budget was discussed and approved for 2019.

Details were given of the forthcoming short courses. Numbers enrolled were good.

Minutes from the Social Committee and the January Committee meeting were formally approved. Procedures for the April AGM were discussed in some detail.

Barrie

Hucknall U3A Calendar - Calendar Clearance



First of all many thanks to all members who have already bought a calendar (or two). The remaining copies will be available at the February monthly meeting. They will be on the table near the sign in desk.

Cost: A donation of however much you wish to pay (but no copper coins please.)

Competition: There is a minor error in the calendar.



The first person who correctly identifies it to me wins an exciting prize. David Rose

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.



NEW GROUPS, WORKSHOPS & OTHER NEWS

A TRIBUTE TO JOHN PETERS

John Peters passed away on 12th January aged 72. John had Arthrogryposis Multiplex Congenita (AMC) which is a disease of newborns resulting in decreased flexibility of the joints. John dealt with his condition with great fortitude and he was a reminder to all of what one can achieve with pure will power and determination. John was a cheeky chappy, full of innuendos and rude jokes but he also had charm and was always there if you needed him. He missed his wife, June, so much but had good support from family, friends and carers.

As a Hucknall U3A member he set up the Pub Quiz & Lunch Group at the Nabb Inn, which was his "local". Unfortunately his health meant he could not continue with this particular group, which has continued under a new Group Leader. He also set up the Hucknall U3A Music for Pleasure Group which met at his home and this gave great enjoyment to both John and the other group members.

His funeral was held on Friday, 1st February at the Northern Cemetery church, Bulwell.

NEW GROUPS ETC.

CLASICAL MUSIC GROUP

Do you love classical music? There is an opportunity to link to Arnold U3A to set up a classical music group with the added bonus of attending concerts at a discounted rate. Please read what Arnolds U3A have to say about it and if you are interested can you contact me - Siobhan Lee gimlilee@yahoo.co.uk to let me know you are interested and then contact William Ruff william.U3A@gmail.com. If you are unable to attend but are still interested I will be going so can bring back information

Arnold U3A would like to share with other Notts U3As how they do things and how other U3As could benefit from linking classical music groups to what happens at the Royal Concert Hall. And Arnold is also offering support to new and established groups in terms of resources linked to the Nottingham Classics programmes.

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

So here's an invitation. Saturday 6 April, afternoon (exact time to be confirmed). Royal Concert Hall. Ideally a classical music group convenor/leader (or potential leader) from each U3A plus a co-ordinator/enabler/money person. Talks by William Ruff from Arnold U3A and Neil Bennison, classical music manager at the Royal Centre. Free tickets for that evening's Hallé concert (inc. Sibelius' Violin Concerto) for all representatives who attend. Neil will have other generous offers to make...

We are hoping that this initial gathering will lead on to future collaboration between members.

Siobhan

Chairmen's lunch

The February U3A meeting is your last chance to book in for the Chairmen's Lunch to be held at Portland College on Sunday 24th February, 12:00 for 12:30

The price is £20 to include a small tip.

Please come along and enjoy a pleasant few hours with friends, with a 3 course lunch and some entertainment.

Payment is required at this February meeting & cheques should be payable to "Hucknall & District U3A". I will be in the Information Room from around 1:30 and again at the interval.

Geoff Cree

An Invitation to a talk and demonstration by David Mottram from Guide Dogs for the Blind

Date: Thursday February 28th, Venue: John Godber Centre Studio Room, Time: 10am to 11.30am, Cost £1.00 for room hire. Just turn up and pay on the day

David will be bringing his young Labradoodle who is being trained as a guide dog.



David Rose

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

Short Course: 3 sessions

A brief study of two Nottinghamshire born writers Alan Sillitoe and DH Lawrence

Alan Sillitoe was a Nottingham born English writer and one of the so-called "angry young men" of the 1950s. He disliked the label, as did most of the other writers to whom it was applied. He is best known for his debut novel *Saturday Night and Sunday Morning* and his early short story *The Loneliness of the Long Distance Runner*, both of which were adapted into films.



David Herbert Lawrence was an English writer and poet. His collected works represent, among other things, an extended reflection upon the dehumanising effects of modernity and industrialisation. Some of the issues Lawrence explores are sexuality, emotional health, vitality, spontaneity, and instinct.

There are 3 sessions planned of 2 hours each 10am to 12noon JGC Byron Suite

The format will be :Introduction, view the film, discussion.

Session1: Tuesday 26th February - 'Saturday Night and Sunday Morning'

Session2: Tuesday 12th March - 'Sons and Lovers'

Session3: Tuesday 26th March - 'The Loneliness of the Long Distance Runner'

The revised course cost is £1.50 per session attended to cover room hire and a drink.

It is acceptable to attend 1 2 or 3 sessions.

Final chance to sign up at the February monthly meetings, David Rose

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

NEWS FROM THE GROUPS

ADVENTURE BEFORE DEMENTIA GROUP

Go Karting - The indoor Venue at Teamsport in Netherfield was our first foray into the Go karting , we had a briefing on the do's and don'ts and then were kitted out with an overall, headgear and gloves. It was time to enter the pits and find our Karts, see attached photo. Once we had found the brakes and accelerator we were let loose around the track. There were two races and we were given our speed around the circuit plus the number of laps on a printout at the pit stops. We all increased our speeds on the second run particularly the more competitive of us. Everyone had good time and is looking forward to the next adventure.



ARTS & FILMS INFORMATION GROUP

To receive a regular update of the Arts Information Calendar showing upcoming events in the Nottingham area contact Alan Snape on 07940146542 or alansnape@hotmail.co.uk

The calendar includes events at The Royal Concert Hall, The Broadway Cinema, The Bonington Theatre/Cinema in Arnold, plus news of International live transmissions of Opera, Ballet, and Theatre. If you have news of local entertainment events and would like them included in the calendar please pass on the details to Alan.

BEGINNERS FRENCH GROUP

The Beginners French group is now up and running complete with Tutor Ann Cottee. This group is meeting every 2 weeks Fridays at 10.30 in the John Godber Centre. Maximus 12 members and for now successfully full.

BREWERY SCIENCE & HISTORY (REAL ALE) GROUP

The evening of Friday 21st December saw eighteen of us sampling the real ale delights of the micro pubs in Hucknall for our Christmas get together. A very friendly and convivial evening was had by all.

Friday 21st January saw seventeen of us meeting in Nottingham at 'The Room with a Brew' a micro bar on Derby Road, then moving on to taste the offerings of the hostelrys in the Canning Circus area. Having to dash back to the city to ensure we were in time to use our passes on the tram home.

Wednesday 20th February will see us visiting Nottinghamshire's archives for a talk by the Nottingham Family History Group entitled 'Pubs and Beer Houses' which hopefully will be interesting and entertaining. March will see us catching the tram to visit the inns of Beeston.

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

CREATIVE WRITING GROUP

We meet from 1-3 pm on the fourth Tuesday of each month. Our new venue will be in the upstairs Reference room in the Library. Members are given a title, sentence or just a word to inspire us to write a piece of around 500 words which we develop at home and then read out to fellow members at the next meeting, for constructive criticism and appraisal. After a short tea-break we then do a ten minute writing exercise or something similar.

On Tuesday, 22nd January we discussed the viability of continuing the Creative Writing Group; we have a new venue at the Library so if there are any new members to U3A who might be interested, please contact Sandra Green for further information. We would love to have a few more members so come along on Tuesday, 26th February – just bring a pen and paper!.

FUN WITH LANGUAGES GROUP

Our January meeting woke us all up with a return to Spanish after several French sessions. We looked at the definite and indefinite Articles, some new vocabulary and gender matching. It was all a bit mind boggling after the Christmas frivolities.

Well done to everyone taking part in our Showcase Language 'Allo 'Allo Revisited sketch. I think we had more fun practising it than the actual performance! But hopefully the audience had fun watching us!

Our next meeting will be on 14th February, when we shall continue in Spanish to consolidate our learning, explore more conversation and view a few verbs. it will be as usual in JGC 10.30 till 12 noon in the Byron Suite. See you then!. Ann and Liz.

GARDENING GROUP

Our next meeting will be on February 19th at 2.00pm at the John Godber Centre. The speaker will be Glenis Swift talking about the bees in our gardens and the refreshments will have a honey theme. The meeting on March 19th will be a talk by Helen Crowfoot, entitled Dig for Victory. Our visits out this year are now arranged and the venues can be seen on the website calendar. There will be a few paper copies for those who do not have internet access at the next meeting. All are welcome. Anne

GILBERT & SULLIVAN APPRECIATION GROUP

The Gilbert And Sullivan Appreciation group is now established and one or two more members interested in these comic operas are invited to join us. Fourth Thursday of each month - 2.00 p.m. at the group leaders home.

On Thursday 24th January we held our first meeting of Hucknall U3A Gilbert and Sullivan Appreciation Group. Although only 5 people attended the home of our Group Leader we delved into the history of G & S a little. played records, tapes DVD's and watched You tube to get a full appreciation of the width of these two composers. The next meeting will be held on Thursday 28th February at the earlier time of 2.00 p.m.

Please contact alansnape@hotmail.co.uk or 07940146542 for further information.

GROWING OLD DISGRACEFULLY GROUP

The Growing Old Disgracefully Group were not detained at Her Majesty's Pleasure when they took a trip round the Galleries of Justice on Friday 11th January. What a fascinating but dreadful place. We realised that when it was fully occupied it would not have been the pristine white it was painted for our visit. We were shown round by 2 lovely ladies who were very knowledgeable. The most terrifying

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

place was the Dark Cell where there was utterly no light and no heating at all. Men had it bad enough but women weren't even given a cell and were lucky if they could lodge with the Gaoler in return for services rendered – cooking and cleaning I am sure. If you have not been recently, we would all recommend it there are lifts for those who have dodgy knees or hips. The coffee and toasties in the café were nice and the price reasonable.



HISTORY GROUP

My brother Michael, whom most of you have met, has a new talk called British Connexions in Europe (without a mention of Brexit I hope) so I have asked him to come and speak to us again on 20th February.

I have been busy organising the visits for the Spring.

April 17th to Newark civil War Museum. Coach leave Hucknall Market 10am to return 5pm (ish) COST £13

May 15th to Bakewell Old House Museum and Church. Coach leaves Hucknall Market 10am to return 5pm (ish) COST £15

June 19th to Grimsthorpe Castle, Lincolnshire. Coach leaves Hucknall Market 9am to return 6pm (ish) COST £25

The prices do rely on filling the coaches booked which are 49 seaters. Please check the dates in your diaries as some of the costs have to be paid in advance. More details of visits at the next meeting. It would be appreciated if you would bring cash or cheque books for payment please. I have asked Kath & Barrie Hurt who very kindly helped with money last time to help again.

See you all soon. Maureen Newton.

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

LUNCH GROUP

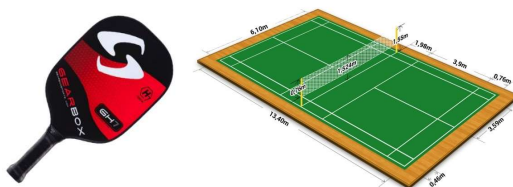
The Lunch Group meets on the fourth Wednesday of each month at 12 noon (unless otherwise stated) at a different restaurant each month. The menus vary in price and content but hopefully average out over the year at a reasonable cost. It is an opportunity for members to meet together socially and try out different restaurants which, as individuals, they may not have had the chance to try before. We always have a quiz which is usually related to the venue or its theme. We hope you will find something of interest to your "taste" and look forward to meeting up with you each month. I would love to hear about your recommendations for reasonably priced venues as we have been going for nearly ten years and are running out of new venues!

When putting your name down, if the menu is available, either at the meeting or on the website, could you please indicate your menu choices **at that time**.

In January we visited The Hutt when the quiz winners were Peter Hindle and John Orosz. In February we are going to Antalya Turkish restaurant in Nottingham and in March we go to And Why Not in Mansfield. The menus will be on the Hucknall U3A website.

PICKLEBALL GROUP

Is Hucknall U3A unique in having the only Pickleball Interest Group in the UK?. The players were introduced to the game by member Chris Garner who flies south to Florida for the winter. There the game is hugely popular with retirees, who mostly play outdoors. It is overtaking tennis in popularity as it is more suited to those whose most athletic years have passed, and it's a game that relies on touch and tactics and where raw power is largely negated. In the US there are tournaments in most states and the game is played by all ages, with professional coaches working from beginner to elite level. A Pickleball court has almost the same dimensions as a badminton court so many sports halls could offer this game. The net is set at 36 inches and players use a paddle (like a table-tennis bat on steroids) and an airball. The rules of the game are very simple and make for long rallies.



Basic equipment was bought to get the group started, but many members have now bought their own paddles. The group has 20 regular players but other members are most welcome to join us each Thursday from 2pm to 4pm at Hucknall leisure Centre. Bob McEwen.

PUB QUIZ & LUNCH GROUP

The Pub Quiz & Lunch is held on the second Monday of each month at 12 noon at The Nabb Inn. The subscription is £1 per person which covers each team's Quiz sheet and a raffle ticket for each member. There is a cash prize for the first and second team, with a £5 pub voucher for the raffle, along with a Bumper Bag containing donated items, for which our thanks are given to those who donated. Could I remind you to please check sell by dates on food items for the bumper

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

bag. Please note the maximum number of members per team is five – if there are six of you, please divide into two teams of three and invite a new member to join you!

Donations of raffle prizes or items for the Bumper Bag are gratefully accepted. Just pay the subscription on arrival, then, if you wish to eat, order your lunch at the bar and put your thinking caps on. There is a small table quiz just for fun, followed by the Quiz itself and then lunch, followed by the answers and the raffle. We are limited to 36 seats so please come early as it's first come, first served for seats in the alcove area. The January Pub Quiz on the 14th was won by "The Ladies" with runners up "Full House". The next Pub Quiz will be on Monday, 11th February.

Sadly we had to report the death of the Pub Quiz founder Group Leader, John Peters, who was also the Group Leader for the Music for Pleasure Group. His funeral was held on 2nd February and was attended by over one hundred friends and relatives. He will be sadly missed.

READING GROUP

In December we read Ian McMillan's "Neither Nowt nor Summat" about the origins of a true Yorkshireman. This caused a lot of discussion at our January meeting. In February we read a murder mystery by Debbie Crombie "No Mark Upon Her". We also attend talks put on by Hucknall Library with guest authors, which can be very enlightening. The Library also has a "Crime Café" on the second Tuesday of each month, with guest speakers as well as discussions.

SCIENCE GROUP 1



On our first meeting of 2019 a power point presentation was given by Bob McEwan on How Satellites rule the world. A satellite is an artificial body placed in orbit around the earth or moon or another planet in order to collect information or for communication.

Common types include military and civilian Earth observation **satellites**, communications **satellites**, navigation **satellites**, weather **satellites**, and space telescopes. Space stations and human spacecraft in orbit are also **satellites**.

Snippets Corner - Snippets provide information to other members of the group and it is very informative, one of the members read from a newspaper cutting about a Plastic Headset which was called a Modius. It appears to zap the vestibular nerve behind the ear and possibly could help struggling dieters lose weight. Now a trial is underway at the University in Ulster.

Within our scientific research programme we have to find out about past and present scientists this month it was a women named Tu Youyou she is a Chinese pharmaceutical chemist and educator. She discovered artemisinin and dihydroartemisinin, used to treat malaria, a significant breakthrough in 20th-century tropical medicine, saving millions of lives in South China, Southeast Asia, Africa, and South.

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

SCIENCE GROUP 2

In January we looked at the discovery, properties and uses of metals through the ages.

David Wormald added an interesting and entertaining talk on metals in vehicle manufacturing. Much of this was based on his many years in the motor trade and it initiated several interesting questions from the group.

Next Month: February 15th 1. Medicine and surgery through the ages, 2. How drugs are tested and developed today.

SCIENCE GROUP 1&2

On Wednesday 23rd January a mixed group attended a talk by Anglo American astronaut Michael Foale (Google him) at Nottingham University.

He gave an insight into astronaut selection and training and about how life was on the Space Station MIR working with Russian colleagues.

Shown in the photograph are 3 members of the audience who were talent spotted as potential astronauts. Foggy, Compo and Clegg...

David Rose



SEATED EXERCISE GROUP

So great to see our group up and running (enthusiastically seated actually) after the Christmas break.

New movers were made welcome and gradually introduced to the benefits of seated exercise; improved strength, flexibility, balance, co-ordination, and that feel good experience that comes from moving to some great music tracks in the company of likeminded movers.

So, even after 50 minutes of working out, we still had the energy to smile!!!!

We meet on the 4th Monday of the month from 2-3pm at the Leisure Centre. Please wear comfortable loose clothing, a pair of socks (trainers or soft shoes optional) and bring a bottle of water.

Next meeting, Monday February 25th. Please consult your GP if you have any health issues before attending.

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

For more information please email or have a chat at our next U3A monthly meeting. Anne



THEATRE GROUP

Iolanthe Gilbert & Sullivan, Ravenshead Village Hall, 23rd February 2019, 2:30pm, Tickets £10.00
 Dr Doolittle, Theatre Royal, 11th April 2019, 2pm, Tickets £39.50
 Educating Rita, Theatre Royal, 15th May 2019, Tickets £32.50
 Kinky Boots – Theatre Royal, 1st June 2019, 2:30pm, Tickets £57.50
 Calendar Girls, Theatre Royal, 26th June 2019, Tickets £48.00
 Avenue Q – Theatre Royal, 20th July 2019, 4pm, Tickets £38.00
 Cabaret, Theatre Royal, 12th September 2019, Tickets £35.00
 Sound of Music, Theatre Royal, 30th October 2019, Tickets £20.50
 We Will Rock You, Royal Concert Hall, 27th November 2019, Tickets £44.50

WALKING GROUP (SHORT LENGTH)

The short walks group aim to keep the circular walks reasonably short and not too physically demanding!! The last walk was ably led by Phil and Liz Attenborough and we had a lovely walk along the river banks from Gunthorpe before getting together for lunch in the Unicorn pub. We meet on the third Thursday of the month for two or three hours.

The next walk is on Thursday 21st February at 9.45am for a 10.00am start and we are meeting at the Broad Oak, Strelley for a steady walk across fields towards Babbington and Swinggate before heading back to Strelley and the Broad Oak where those who'd like to can stop for lunch. The walk will be led by Greg Umney. All members are welcome.

If you are unable to join us because of transport difficulties then don't let this stop you as we do have members who are prepared to offer car share. Liz Edwards.

WALKING GROUP (MID LENGTH)

In January we swapped muddy fields and stiles for the paved streets of Nottingham city centre and took part in our first 'Architectural Awareness photo quiz walk'.

The event proved very popular, with 41 taking part. We were split into 6 teams, each of which was provided with a sheet of 28 photos of specific architectural features of some of the older buildings, a list of street names and a city centre map. The aim was to match the photos to the location and to return to The Bell Inn once completed. We had really earned our lunch!

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
 Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

John Saunders and David Jackson planned the whole event, so they had the task of marking our sheets. Who could have guessed how competitive all the teams would prove to be and how fastidious in their quest! Of the 6 teams, 4 correctly placed all of the photos, with the other 2 teams only marginally behind. After a set of tie-break questions, 'Roadrunners' won by the narrowest of margins; captained by John Beharall.

So well did the participants do that the organisers have sworn to be sneaker next time!

Our next walk is - Belvoir on Monday 18th February. Sue Tedstone (Coordinator)

WEEKENDERS' GROUP

The next Weekenders programme for January to April is posted on the U3A website so please contact me if you are interested in our events. We like to organise a Lunch, a Social Evening, an Outing and a Coffee Club get together each month, plus any other events we might be interested in.

We met for lunch at The Broomhill on 4th January and The Tee House on 3rd February. We plan a Social Evening at the home of Ruth Houldsworth on 9th February and an outing to Denby Pottery on 16th February.

U3A HOLIDAYS

New Festive Break - Advance Notice - 02/12/19

Cumberland Hotel Scarborough, 5 days half board. Full Festive menu and entertainment. All rooms centrally heated, tea/ coffee making, TV, private facilities. Lounge.

- * 2 included excursions
- * £224.00 share twin room with sea view. Hucknall pick up.
- * £40.00 pp deposit secures your 2019 Festive Break.

Contact : Caroline Rhoades, 01623 721987, 07724210563, crhoades159@gmail.com.

Croatia Holiday 30/05/19

2 weeks half board in the stunning little seaside village of Cavtat near Dubrovnik. Flights from East Midlands, £1296.00 pp share double/ twin room balcony and sea view. Home to airport and return organised. Only One room left.

Contact : Caroline Rhoades, 01623 721987, 07724210563, crhoades159@gmail.com.

Please forward articles for the next Newsletter to hucknallu3newsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.

HUCKNALL & DISTRICT U3A INTEREST GROUPS

February 2019

For further details contact Siobhan Lee, 0115-9550119 or check the website at www.hucknallu3a.org.uk from there you can email the respective Group Leader

ARTS

CHOIR 1stWednesday 13:30
 3rdWednesday 11:30

CREATIVE WRITING 4thTuesday 13:00

DISCUSSION 1stMonday 13:45

DRAMA 4thFriday 10:00

FILM CLUB Thursday 10:30 & 13:00
Friday 19:15

HISTORY 3rdWednesday 14:00

MUSIC FOR PLEASURE 4thTuesday 19:00

NATIONAL TRUST Various dates & times

READING (BOOKS)* 1stWednesday 14:00

SINGALONGA 3rd Tuesday 10:30

THEATRE various dates

UKULELE 2nd & 4thMonday 10:00

ACTIVE WELLBEING

ADVENTURE BEFORE DEMENTIA - Various

CYCLING Every Wednesday 9:00

GROWING OLD DISGRACEFULLY* Various

GRUMPY OLD MEN Various

NOT SO GRUMPY OLD MEN Various

KURLING 2ndSunday 3-5pm

MOVEMENT TO MUSIC Thursday 10:00

PICKLEBALL Thursday 14:00

SEATED EXERCISE 4th Monday 14:00

WALKING (LONG) 1stTuesday 10:00

WALKING (MID)* 3rdMonday 10:00

WALKING (SHORT) 3rdThursday 10:00

FOOD & DRINK

BREWERY SCIENCE & HISTORY Various

INTERNATIONAL DINING As Arranged

LATE BREAKFAST 1stFriday 09:15

LUNCH GROUP 4thWednesday 12:00

PUB QUIZ & LUNCH 2ndMonday 12:00

WINE APPRECIATION* 3rd Monday 19:30

WINE TASTING * 3rdWednesday 19:30

HOBBIES & PASTIMES

CANASTA 1st & 4thFriday 19:00

CRAFT 1 * 3rd Monday 13.45

CRAFT 2 2ndTuesday 14:00

GARDENING 3rd Tuesday 14:00

HOLIDAYS various dates

KNITTING & CROCHET 4thTuesday 14:00

MAH JONG 2ndFriday 19:00

POT LUCK * 1stWednesday 19:30

RUMMIKUB1 1stMonday 14:00

RUMMIKUB2 Thursday 13.00

SCRABBLE 4thThursday 14:00

TABLE GAMES 3rdFriday 19:00

WATER COLOUR 1stMonday 14:00

WEEKENDERS various Sat & Sun.

LANGUAGES

FRENCH CONVERSATION* 3rdTuesday 10:00

FUN WITH LANGUAGES 2nd Thursday 10:30

SCIENCE AND THE ENVIRONMENT

BIRD WATCHING 2ndTuesday 10:30

SCIENCE 1 4thThursday 10:00

SCIENCE 2 3rdFriday 10:00

***Indicates group full. If you are interested then contact Siobhan who will happy to help you set up a further group. Please be aware that some Interest Groups have a limited number of places due to activity, venue etc.**

Group Leaders are normally available in the Board Room at the monthly U3A meetings to answer any questions that you may have about their group. Their contact details are displayed on the Interest Group Information Board

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 1st March 2019
Please also send a copy of your article to webmaster@hucknallu3a.org.uk for inclusion on our website.