



Issue November 2018

Web Address: www.hucknallu3a.org.uk

The meeting is held on the second Wednesday of the month starting at 1.30pm at the Hucknall Leisure Centre.

Message from our Chair

There is a long break between our Committee meeting and our Monthly meetings between October and November with the first Wednesday of November falling as late as the 7th of the month.

The month has seen most groups up and running with a packed programme of events taking place in many and varied groups. There have been many visits, walks, physical activities and areas of educational study which covered areas from Creative Writing, Languages and the Sciences. There may have been a few meals eaten too over the period!!!!!!.

Looking to next month, the tickets for the annual Christmas Party are already sold out while preparations for our Christmas Showcase are now well under way. Continuing the Christmas theme, we are again entering a decorated Christmas Tree for the Annual display at the Parish Church.

By the time this Newsletter has been printed and read members of your Committee will have attended a course in Ollerton where they discussed ways in which the U3A can be more Inclusive in their membership and also visited Ravenshead to look at ways in which all U3A's can improve their Communications.

We also organised a short course for Interest Group Leaders to introduce the new U3A Administration system named Beacon.

As usual I look forward to seeing many of you at the Monthly Meeting.

Barrie Saunders, Chairman

OUR SPEAKER THIS MONTH

Foolsgold Acoustic

This live show uses music, stories and visuals to weave a fascinating show for all ages. a variety of instruments are played, guitars, flute, whistles, bass and the ukulele.

Future Speakers

12th December – Christmas Meeting 9th January – William French "The Butler" 13th February – Mark Walsh "Comedian, Musician and Speaker

COMMITTEE CORNER - Notes from our Committee

All Executive Committee members were present at the monthly meeting.

Reports were received from members who attended an Inclusion Worksop held on October 30th.

The Speaker's Secretary reported that "Foolsgold acoustic" will present a mixture of Songs, stories and Beat Drum Shows at the members meeting on November 14th.

A short discussion was held on the topic of providing a Sound System to be used by the Ukelele Group. Members were generally in favour of this but would attend a demonstration in the New Year before making a final decision.

David Rose showed the Hucknall U3A mugs which would be on sale shortly along with a 2019 Calendar.

The possibility of viewing and discussing films based on the work of local authors eg by D.H.Lawrence over three two hour sessions was discussed.

The Groups' Co-ordinator spoke about the progress being made towards setting up several new groups including A Second French Conversation group.

The Membership Secretary led a discussion on the format for next year's Renewal Forms and Membership Cards.

The Business Secretary gave a further update on the implementation of the Beacon Administration System.

Barrie

Book Stall

At the November meeting the book stall will be located in the 'Board Room'. Bargain books will be available as usual and now is the time to stock up for the winter months ahead.

Hucknall U3A 2019 Calendar

Last year to celebrate our 10 Year Anniversary every member received a complimentary 2018 calendar. Following several requests from members we are once again having a Hucknall U3A calendar for 2019.

They will be available at the very reasonable price of £4.00 each. They make a unique Christmas gift and would naturally enhance any room in your house. Hopefully they will be on sale at the November monthly meeting and will definitely be available at the Christmas Social on Monday December 3rd and at the monthly meeting Showcase on Wednesday December 12th.

See the montage for what the calendar looks like and it is a limited edition so buy whilst stocks last.



CONTACT THE ELDERLY

Contact the Elderly, a national charity dedicated to tackling social isolation amongst older people through free monthly tea party groups. We are currently hoping to set up a new group covering Kimberley and Hucknall but are in real need of a few more volunteers before we can launch this group and I was wondering if you could help publicise this amongst your contacts?

The group will be formed of 6-8 older guests and their 3-4 volunteer drivers, who take them to Sunday afternoon tea in a volunteer host's home once a month. The group of guests and drivers is the same each month, meaning that over time some lovely friendships develop. We will be looking for volunteers to drive guests once a month, or step in occasionally, and hosts to host the group once or twice a year.

Volunteers can apply online at www.contact-the-elderly.org.uk/volunteer or using a paper form I can send out. They can get in touch for more information on chloe.brown@contact-the-elderly.org.uk or 0207 240 0630.

We will also be looking for guests for the group. Older guests are aged 75 or over, live alone (including in sheltered housing), and either struggle to get out or have become a bit isolated for other reasons. Host's homes are checked for accessibility so as long as a guest can get from their front door to a car with some assistance they can join the group. Guests can be referred with their permission using a guest application form I can send out (which can be returned by email or post), online www.contact-the-elderly.org.uk, or using our Freephone number 0800 716543.

The tea parties are great fun, and make a real difference to the lives of the older guests that attend, many of whom struggle to get out otherwise.

Chloe Brown, Telephone 0207 240 0630, chloe.brown@contact-the-elderly.org.uk

BEACON SYSTEM

13 Group Leaders attended a training session on the New Beacon System on November 24th . Many who attended have gone home and tried the system out. the system will save you loads of time in the future.

For those of you who were unable to attend, Mark is putting on another session at the John Godber Centre, 22nd November 10 am - 12pm, refreshments and biscuits provided. If more than one of you are involved in keeping the register and records of your group you are more than welcome to attend. Siobhan Groups Coordinator.

HUCKNALL U3A 2018 "CELEBRATION MUGS"

2018 is a special year and to commemorate it we have available a limited number of printed mugs.

They are of good quality and not at all 'chunky': for as you know U3A members have quite refined tastes.

They should hopefully be on sale at the November 14th meeting and definitely at the Christmas Lunch on Monday 3rd and the 'Showcase' on Wednesday 12th December.

Cost: Great value at £4.00 each.





NEW GROUPS, WORKSHOPS & OTHER NEWS

NEW GROUPS

GILBERT & SULLIVAN APPRECIATION GROUP

If you, like me, really enjoy the works of G & S and would like to meet up monthly with others to explore maximising our knowledge and appreciation in various ways including a production sometime in the future then make yourself known by contacting our Interest Group leader Siobhan Lee on 0115 9550119 or through the website or writer Alan Snape 07940146542. If there are at least 6 members interested then we will meet up for a feasibility meeting to discuss content etc.

BEGINNERS FRENCH GROUP

Our U3A started a French Conversation Group some 8 years ago and obviously this group has now reached a fluent stage. We also have a Fun with Languages Group which primarily deals with holiday needs. Should you be interested in joining a new French for Beginners Group then please contact our Interest Group Leader Siobhan 0115 9550119 or through her contact on our website or writer Alan Snape 07940146542. If there are at least 6 members interested then we will meet up to discuss further details.

Website address is www.hucknallu3a.org.uk

NEWS FROM THE GROUPS

ARTS & FILMS INFORMATION GROUP

To receive a regular update of the Arts Information Calendar showing upcoming events in the Nottingham area contact Alan Snape on 07940146542 or alansnape@hotmail.co.uk

The calendar includes events at The Royal Concert Hall, The Broadway Cinema, The Bonington Theatre/Cinema in Arnold, plus news of International live transmissions of Opera, Ballet, and Theatre. If you have news of local entertainment events and would like them included in the calendar please pass on the details to Alan.

BREWING SCIENCE & HISTORY GROUP

This new group had its inaugrial meeting (with about 16 members taking part) in September at The Beer Shack in Hucknall to discuss the group's activities and 'rules', it was decided after sampling the excellent beer provided that we would limit the group to approx 20 members (currently at 21).

Our first outing was to be the Wetherspoon's Beer Festival and 16 of us turned up, along with 2 new members, at 7pm on Weds 10th Oct at The Pilgrims Oak in Hucknall to sample the 17 beers and 5 ciders on offer, most at only $\pounds 2.15p$ a pint, served in thirds, half's or pint measures. It must be pointed out that although a good attempt was made, no one manage to sample all on offer. A very good evening.

Our next outing was to the Nottingham Robin Hood Real Ale and Cider Festival to be held at Motorola in Nottingham. on Weds 17th Oct. Most of us met at the tram station at 4pm and entranced the event at 5pm.

Over 1000 beers on offer plus many ciders & for the first time a Gin stall. A much bigger event than the Wetherspoons festival with many weird and wonderful beers on offer. We sample a distinctive green beer, but decided it wasn't for us. Again an excellent evening as the attached photos show.

Our next outing is to be on Tues 27th Nov being a tour around the Castle Rock Brewery, with beer tasting and a meal after. In December we will be sampling the ales in our local hostelries in Hucknall and in January those about Canning Circus.





CHOIR GROUP

The Hucknall U3A Choir are a small group, some are experienced choristers but most have limited or no previous choir experience, we just like singing, - and we find we aren't bad! Wonderful! We'd like some similarly interested men and women, experienced or willing to have a go. No-one is ever turned away.

We don't hold auditions. Ladies who can sing high notes are sopranos, otherwise altos, the gents are similarly tenors or bass (and we should really like some men!). You decide where you are comfortable, and you can change your mind.

You don't need to read music, most of us don't. The meetings are informal and fun, although our patient Musical Director does require a standard of performance that doesn't disgrace her.

It is a learning group, so in fairness to everyone, a certain level of commitment to attend the twice-monthly meetings is necessary.

We are a friendly group, you don't need a partner, most of us come alone and we work together.

Everyone is welcome, come and share your expertise or find out how well you sing, you don't have to be a Mariah or Pavarotti to enjoy it.

We meet for two hours on the first and third Wednesdays of the month, at 1.30 and 11.30 respectively. Call in to see us.

CRAFT GROUP 2

Craft Group 2 had a brilliant trip to Leicester to a fairly new crafty shop Called Thimbles and Fabrics. The drive there, on the 'Our Centre' minibus driven by Richard, was lovely. We went through all the Nottingham and Leicester countryside as the leaves are just turning and the farmers are busy ploughing with all the seagulls following the plough to see if any tasty titbits were turned up. We were made to feel very welcome by the owners who were so helpful. We knew tea, coffee and biscuits were available, what we didn't know was that they were free and not only that but they also provided us with samosa's and fruit cake for lunch, which was also free. We also got a great discount on everything we bought. We were the first group booking they had had since

opening. We would all recommend a trip to anyone interested in the sewing and knitting side of crafting.

Richard then took us to the new garden centre at East Bridgford – it's massive and the prices are about the same as any other garden centre, needless to say those of us who like gardening managed to find a few plants to rehouse.





CREATIVE WRITING GROUP

We meet from 1-3 pm on the fourth Tuesday of each month. Our venue is the Liberal Club on West Street. Members are given a title, sentence or just a word to inspire us to write a piece of around 500 words which we develop at home and then read out to fellow members at the next meeting, for constructive criticism and appraisal. After a short tea-break we then do a ten minute writing exercise or something similar.

Our "homework" which we discussed at the October meeting was "pick a proverb of your own choice and write about it". We also had a brief attempt at "Found Poetry"_Found poetry is a type of poetry created by taking words, phrases, and sometimes whole passages from other sources such as information leaflets, newspapers, magazines, books etc and reframing them as poetry (a literary equivalent of a <u>collage</u> by making changes in spacing and lines, or by adding or deleting text, thus imparting new meaning). New members are very welcome to join us on Group sessions, just bring pen and paper! The next meeting will be on Tuesday, 27th November.

CYCLING GROUP

The group meets for a weekly ride every Wednesday at 9am at Hucknall Leisure Centre.

In October some of the group took part in a 2 day ride to Newark on Friday 19th and back on Saturday 20th with an overnight stay when we had the opportunity to follow some of Newark's heritage trail.

We used 2 different routes planned and navigated by John Saunders using Sustrans cycle routes where possible only using short sections of busy roads as links.

Our crack technical team of John Gibson and Jim Spray were not called upon as fortunately we were puncture free all the way.



The photograph shows the smiling faces before we left for the hillier route back on Saturday. David and Irene.

DISCUSSION GROUP

In our October discussion we chose as our topics 'The Houses in Parliament, i.e.: Lords and Commons, are they value for money?' This proved to be a very interesting and enlightening discussion.

We were led to the understanding that Members of the Commons earned their money because of the amount of work they do both in their constituencies and in the House where they needed to pay their staff as well as travelling expenses to and from the House.

It was agreed that the House of Lords was a necessary compliment to the Commons by way of monitoring the introduction and passing of new laws but it was felt that not all the members were fully committed and perhaps the House of Lords needed to be honed.

In the discussion regarding the axing of Police Stations the consensus was that they were no longer required because the Police force is now run technologically. Attention to crime is more immediate nowadays because police are more rapidly able to reach crime scenes.

Subjects for discussion at the next meeting on Monday November 5th are to be:-

- 1. Should motorised scooter users need to hold a licence?
- 2.Do we still have a patriarchal society and if so how can that be changed?

FUN WITH LANGUAGES GROUP

Our October meeting was all about common Health issues whilst on holiday and where to go to seek help. We looked at parts of the body metaphorically speaking. We learnt how to say if we had a problem from sore throats to insect bites, from constipation to chest pain. We learnt how to ask for a doctor, nurse, dentist or optician and much more.

Some tried their hand at the Operation game and we all enjoyed the role play of playing doctors and nurses, dentists and opticians in the appropriate manner!

The 8th November is our next meeting at JGC at 10.30. We shall practise for our showcase extravaganza on 12th December. This involves everyone who can make that date please to perform.

We look forward to our meal at French Living on Tuesday 20th November and we shall try to have a Christmas drinks and nibbles evening in December, but at the moment a date is being discussed.

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 30th November 2018 Please also send a copy of your article to webmaster@hucknallu3a.org,uk for inclusion on our website.

GARDENING GROUP

October's meeting welcomed Steve Routledge, from Floral Media in Caunton. He described his journey from working on a farm to owning Jacksdale Garden Centre, turning that around to a successful business then moving out to Caunton with a nursery, garden and tearoom. Their main activity now is to provide a beautiful setting for events, weddings, talks and conferences although the public are still welcome. He also demonstrated how to plant up a winter basket with some surprising plants and bedding. Steve answered questions and was able to provide advice for solving garden problems. After the talk members were able to buy plants from the selection that Steve had brought with him. It is hoped to visit his garden and nursery in the future.

Our November meeting on the 20th, is from 2-00 till 4-00pm. Unfortunately the speaker from Hollybeck Nurseries is no longer able to come but we will still meet as usual. Anne

GRUMPY OLD MEN GROUP

A large group of Grumpy Old Men, and several Not-so-Grumpies, felt the long arm of the law recently, when they visited Nottingham Justice Centre. This is the Magistrates courts complex next to the Canal, which also includes Family courts and Tribunal cases.

Everyone managed to get through security, then we listened to a very interesting introduction from the two magistrates who hosted our visit. This included an outline of the very wide-ranging caseload of the courts, and the training needed to become a J.P.

We then observed, in two groups, cases being heard in two courts where proceedings were in progress, one of them being in front of a District Judge, the other with Magistrates.

We then had an opportunity to discuss what we had heard with the two magistrates, and to compare notes on how we would have dealt with the cases.

We all agreed that this had been an engrossing visit, and we followed it up with lunch just round the corner at the Vat & Fiddle pub.

Note for our Groups: the magistrates are willing to host further groups in the future.

HISTORY GROUP

Wasn't the October meeting superb. Great fun. How much we all enjoyed John Ellis telling us about Then and Now. I wonder which items you thought were most changed.

November 21^{st} is listed as a members afternoon for 'Show & Tell'. Bring something from the past, maybe connected with your own family and tell us all about what it means to you. Many apologies in advance since I will be at the Christmas Show at Thursford with my family but I know you will all support the usual helpers as much as you can. I expect brilliant reports on my return.

There is no meeting in December – too near Christmas.

For the January meeting I have booked Denis Hill to come and tell us about the History of Ashfield. I am sure a lot of you already know Denis who used to work at Ashfield District Council and is a fantastic historian.

Please don't forget we need to organise meetings and visits for next year. Check on the lists in November for meetings next year and mark up your favourite places to visit so I can get buses ordered and bookings started.

KURLING GROUP

Our meeting on Sunday 14th October was lots of fun as usual and the level of skill continues to improve with more players achieving near bullseyes yet again, well done. Our winning team this month is also looking pretty pleased with themselves, as only 2 points separated them from the rest of the competition.



The next meeting is on Sunday 11th November and a reminder that there will be no meeting in December but we will gather again in the New Year when we hope to have some new players joining in.

Diary date: Sunday 13th January 2019. Hucknall Leisure Centre 3pm to 5pm.

If you are interested in joining, please add your name to the list which is on display in the boardroom. Anne

LUNCH GROUP

The Lunch Group meets on the fourth Wednesday of each month at 12 noon (unless otherwise stated) at a different restaurant each month. The menus vary in price and content but hopefully average out over the year at a reasonable cost. It is an opportunity for members to meet together socially and try out different restaurants which, as individuals, they may not have had the chance to try before. We always have a quiz which is usually related to the venue or its theme. We hope you will find something of interest to your "taste" and look forward to meeting up with you each month. I would love to hear about your recommendations for reasonably priced venues as we have been going for nearly ten years and are running out of new venues!

When putting your name down, if the menu is available, either at the meeting or on the website, could you please indicate your menu choices **at that time**.

We tried something different on October 24th – Beauvale Priory at Watnall. It was a good mixture of hearty brunches and/or cream teas. It was hard to believe that such a peaceful, tranquil area was only around seven miles from Nottingham city centre. Unfortunately we were placed in the "spare" room which had very poor heating and all the food and drink had to be transported from the kitchen next door via the outside! But everyone said they enjoyed it. The "Identify the Shops Logo" was won by Pam Farrell and John Orosz.

On November 28th we go to Holly Tree Farm Carvery just off the Strelley Bypass. Please let me have your menu choices (which are on the U3A website) as soon as possible.

Please remember to bring your £9 balance to the November meeting for the Christmas Lunch on Wednesday, 19th December at the Albert Hall. Cheques to be made payable to Hucknall & District U3A please.

NOT SO GRUMPY OLD MEN GROUP

History was indeed made when for the first time three U3A lady members joined the group for a visit to the BBC centre in Nottingham.

Led by Brooke from Radio Nottingham we visited the Radio studio and watched as Verity Cowley broadcast her Drivetime show, before going behind the scenes to watch East Midlands Today programme going out live. This was followed by a question and answer session led by Anna Church, who was the weather forecaster for the programme. Finally, a visit was made to the production room before we were presented with our Goodie Bag before heading back to Hucknall on the tram.

A big thank you goes to Vaughan Gallagher who arranged the visit but was rewarded by meeting his all-time favourite sports reporter, Natalie Jackson within minutes of arriving!!!.

Forget Lewis Hamilton & Jenson Button The Not so Grumpy Old Men had a taste of Formula 1 at The Racing Room Scalextric Track in Nottingham for their October Meeting.



With 18 Drivers whose racing names included Piston Broke. Big End. Senna(Pod) Saunders, Necky Lauda, Looney Hamilton, Vroom G, Ra de Ator, Big Bird and our Chairman choosing Barmy Barrie you get a feel for the level of competition.

After a practice session when we all decided which was the best car it came as a shock when the race controller advised that to avoid any arguments we each have a turn with all the cars and all the lanes until we had a top six(.Much to the disgust of Mark Jackson driving Ray de Ator)

After much skulduggery during the preliminary laps when cars mysteriously left the track, skill shone through and the winner was declared. Senna Pod Saunders driven by John Saunders narrowly came 1st, closely followed by Big Bird driven by Ian Raynor, and 3rd by an even closer margin came Big End driven by John Berrill.

After the Presentation ceremony when the respective Gold, Silver & Bronze Medals were presented, and the playing of National Anthem and Flag Raising, we all went to the Post race celebration Meal at the Roebuck when the Gongs were proudly processed around the room to much applause.



PUB QUIZ & LUNCH GROUP

The Pub Quiz & Lunch is held on the second Monday of each month at 12 noon at The Nabb Inn. The subscription is £1 per person which covers each team's Quiz sheet and a raffle ticket for each member. There is a cash prize for the first and second team, with a £5 pub voucher for the raffle, along with a Bumper Bag containing donated items, for which our thanks are given to those who donated. Could I remind you to please check sell by dates on food items for the bumper bag. Please note the maximum number of members per team is five – if there are six of you, please divide into two teams of three and invite a new member to join you!

Donations of raffle prizes or items for the Bumper Bag are gratefully accepted. Just pay the subscription on arrival, then, if you wish to eat, order your lunch at the bar and put your thinking caps on. There is a small table quiz just for fun, followed by the Quiz itself and then lunch, followed by the answers and the raffle. We are limited to 36 seats so please come early as it's first come, first served for seats in the alcove area. The next Pub Quiz will be on Monday, 12th November.

READING GROUP

We read a murder mystery by Jane Harper - "The Dry" - set in the parched Australian outback in October, which kept us guessing and November's book will be the autobiography by Chris Packham "Fingers in the Sparkle Jar". We also attend talks put on by Hucknall Library with guest authors, which can be very enlightening. The Library also has a "Crime Café" on the second Tuesday of each month, with guest speakers as well as discussions.

SCIENCE GROUP 1

This month we had a talk about – Pandemics 1918 Influenza (flu) the past and future medical challenges. This year marks the 100th anniversary of the pandemic that swept the globe in what is still one of the deadliest disease outbreaks in recorded history. More people died of influenza in that single year than in the four years of the Black Death Bubonic Plague. But they swiftly realised this was no ordinary flu. Glasgow was the first British city to be affected, in May 1918, and within weeks the illness had spread south, reaching London by June. During the next few months, 228,000 people died in Britain. London, like other British cities, was ill-equipped to cope with the epidemic. The war had cost the country most of its fortune, ships were bringing soldiers back from the front carrying the virus to their homes and communities.



Flu Pandemic Picture

One of our science snippets followed with a reading from Valerie Kelly about windy days, researchers from Lund University in Sweden cross-referenced 274,000 heart-attack patients with the weather on the day they went to hospital between 1998 and 2013 and discovered that when wind speeds hit 36mph, a near gale, the number of heart attacks rose by seven per cent. The head of cardiology at Lund said that people at risk of a heart attack should consider staying indoors when these conditions prevail.

SCIENCE GROUP 2

On Friday 19th October we were pleased to welcome Paul Brett from the post graduate doctorate programme at Nottingham University.

With Paul were 2 doctorate students Francois and Charlotte - together with a few cockroaches and spiders.

However before their presentations our very own Alan Ratcliffe started our session with a very interesting talk on 'Navigating by the Stars'.

Alan explained that we do not really know how the Polynesians in the Southern hemisphere managed to successfully complete their early long distance sea journeys but how in the Northern hemisphere the Pole Star /Polaris was used to locate position. Alan managed to make some quite complex maths understandable.



Francois is involved with research on the genetic modification of microbes that break down waste products into ethanol (ethyl alcohol) in order to maximise yields or break the ethanol down into other useful products.

Charlotte is working towards her Doctorate on spider silk in the 'Spider Lab'

As a background to this she explained that the silk strands are stronger than steel. How they are produced inside the spider's body is still something of a mystery.

Her research may lead to an understanding of this. The photographs show some of the group admiring her friends from the lab.

Next Meeting: Friday November 16th 10am JGC, David Rose.

SEATED EXCERSISE GROUP

We all enjoyed the last seated exercise class of the year and the Bee Gees sound tracks went down a storm, taking us all back to the sounds and memories of the 70 s.

All the ladies are really improving their flexibility, strength and coordination and most importantly enjoying a good work out with fellow enthusiasts to some great music.

If you would like to join us in the New Year, you would be made very welcome. Remember a little exercise even once a month, is better than no exercise at all.

We meet on the 4th Monday of the month at Hucknall Leisure Centre from 2pm till 3pm and our next meeting is February 25th 2019 when I return from visiting family in the New Year. Anne

THEATRE GROUP

MB Swan Lake – 15th November 2018 Tickets £36.00 The Full Monty – Theatre Royal, 6th February 2019 – 2pm, Tickets £28.00 Dr Dolittle – Theatre Royal, 11th April 2019, 2pm, Tickets £39.50 Kinky Boots – Theatre Royal, 1st June 2019, 2:30pm, Tickets £57.50 (Cheaper if >10 people) Avenue Q – Theatre Royal, 20th July 2019, 4pm, Tickets £38.00

WALKING GROUP (MID LENGTH)

Despite a slightly damp start 28 brave souls enjoyed walking both the old Nottingham Canal and the Erewash Canal from Langley Mill to Awsworth and back, some 6.8 miles.

We managed to avoid all of the muddy fields by taking a detour around the sewage works and ended up at the Great Northern Pub for the usual debrief and refreshments!

Thank you to Philip and Liz Attenborough; this was lovely walk.

Our next walk will be on Monday November 19th, From: The Unicorn Pub at Gunthorpe Bridge to Burton Joyce and back.

WEEKENDERS' GROUP

The September to December Weekenders programme has been posted on the U3A website so please contact me if you are interested in our events. We like to organise a Lunch, a Social Evening, an Outing and a Coffee Club get together each month, plus any other events we might be interested in.

Ruth Houldsworth kindly hosted a Cheese & Wine evening on 6^{th} October and on 13^{th} October we lunched once again at Encounters in Nottingham – another favourite venue for us.

We had an outing to Dobbies at Barlborough on 26th October, a Book/CD/DVD swap at Coffee Club on 27th October, and a late night shopping event at Crabtree & Evelyn on 1st November. Then our November Social Evening will be a Winter Warmer at the home of Joyce Crane on the 10th and our November lunch will be at The Broomhill on 18th. We shall be attempting to make a Christmas craft item at our 24th November Coffee Club session. We shall end the month by getting even more into the festive frame of mind with an outing with Christmas Lunch and entertainment at Thoresby Hall on 29th.

Our programme is on the U3A website for further information.

U3A HOLIDAYS

I've had a cancellation for Newquay New Year. Its 30th December 2018 to 2nd January 2019.

1 Single and 1 Twin room, Bed breakfast evening meal, full festive menu and entertainment programme. Plus excursion. Eliot Hotel Newquay, all rooms heated , private and tea and coffee making facilities. Bar and entertainment, games room, lift. Only few yards from sea front. Coach pick up local Hucknall. Mansfield.

£279. pp. Twin room, £299pp single room . Contact Caroline, 01623 721987 / 07724210563

Also

Croatia, 30th May 2019, One twin room. 2 weeks half board, hotel Cavtat near Dubrovnik. This will be our 3rd stay in this stunning location on the Adriatic. £1236.00 pp sharing twin room, Flying from East Midlands Airport, UK airport transfers arranged with the group.

Contact Caroline, 01623 721987 / 07724210563 , crhoades159@gmail.com

HUCKNALL & DISTRICT U3A INTEREST GROUPS November 2018

For further details contact Siobhan Lee, 0115-9550119 or check the website at www.hucknallu3a.org.uk from there you can email the respective Group Leader

CREATIVE WRITING 4thTuesday13.00 WINE TASTING * 3rdWednesday 19:30

DISCUSSION 1stMonday 13:45

DRAMA 4thFriday 10:00 CANASTA 1st& 4thFriday 19:00

FILM CLUB Thursday 10:30& 13:00

Friday 19:15

HISTORY 3rdWednesday 14:00

MUSIC FOR PLEASURE 4th Tuesday 19:00

NATIONAL TRUST Various dates ×
READING (BOOKS)* 1stWednesday 14:00
SINGALONGA 3rd Tuesday 10:30

THEATRE various dates
UKULELE 2nd& 4thMonday 10:00

ACTIVE WELLBEING

ADVENTURE BEFORE DEMENTIA - Various

CYCLING Every Wednesday 9:00

GROWING OLD DISGRACEFULLY* Various

GRUMPY OLD MEN Various

NOT SO GRUMPY OLD MEN Various

KURLING 2ndSunday3-5pm
MOVEMENT TO MUSIC Thursday 10:00
PICKLEBALL Thursday 14:00
SEATED EXERCISE 4th Monday 14:00
WALKING (LONG) 1stTuesday 10:00
WALKING (MID)* 3rdMonday 10:00
WALKING (SHORT) 3rdThursday 10:00

FOOD & DRINK

INTERNATIONAL DINING As Arranged LATE BREAKFAST 1stFriday 09:15

CANASTA 1^{st} & 4^{th} Friday 19:00CRAFT 1 * 3^{rd} Monday 13.45CRAFT 2 2^{nd} Tuesday 14:00GARDENING 3^{rd} Tuesday 14:00

HOLIDAYS various dates

KNITTING & CROCHET 4thTuesday 14:00

MAH JONG 2ndFriday 19:00
POT LUCK * 1stWednesday 19:30
RUMMIKUB1 1stMonday 14:00
RUMMIKUB2 Thursday 13.00
SCRABBLE 4thThursday 14:00
TABLE GAMES 3rdFriday 19:00
WATER COLOUR 1stMonday 14:00

WEEKENDERS LANGUAGES

FRENCH CONVERSATION* 3rdTuesday 10:00 FUN WITH LANGUAGES 2rd Thursday 10:30

various Sat & Sun.

SCIENCE AND THE ENVIRONMENT

BIRD WATCHING 2ndTuesday 10:30 SCIENCE 1 4thThursday 10:00 SCIENCE 2 3rdFriday 10:00

Group Leaders are normally available in the Board Room at the monthly U3A meetings to answer any questions that you may have about their group. Their contact details are displayed on the Interest Group Information Board

^{*}Indicates group full. If you are interested then contact Siobhan who will happy to help you set up a further group. Please be aware that some Interest Groups have a limited number of places due to activity, venue etc.