



# NEWSLETTER

Issue September 2018

Web Address: [www.hucknallu3a.org.uk](http://www.hucknallu3a.org.uk)

The meeting is held on the second Wednesday of the month starting at 1.30pm at the Hucknall Leisure Centre.

## **Message from our Chair**

As members will be aware new Data Protection Laws and Privacy Policy requirements were introduced in May of this year. The Committee spent many hours making sure that details were made available both verbally at the Monthly meetings and also by posting the new Privacy policy on our website.

However, an issue has arisen with the sending of group emails. I would be grateful, therefore, if you could read the following very carefully.

Following the implementation of the General Data Protection Regulations, the Committee have been reviewing the use of emails in communications between group members.

In many circumstances shared communication between members of a group is very useful in conducting a discussion and planning activities. This, however, necessitates sharing of email addresses amongst the group and the Committee recognises that members may not wish their email address to be shared, even amongst their group.

If you do not wish to take part in group communications by sharing your email address with your group, please let the group leader know.

Our Social Committee have put together some procedures for the sale of tickets for the various events which are held over the year. These will hopefully clarify these procedures for all members.

Two of our Committee have attended the National U3A Conference in Nottingham and hopefully found the visit worthwhile.

Finally, I am very pleased to report that you will have at least four new groups to choose from within the next few months. Details of some groups are included in this Newsletter with others to follow soon.

**Barrie Saunders, Chairman**

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Please forward articles for the next Newsletter to [hucknallu3anewsletter@live.co.uk](mailto:hucknallu3anewsletter@live.co.uk) by 28<sup>th</sup> September 2018  
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## OUR SPEAKER THIS MONTH

### Graham Keal "50 Shades of Graham"

Ex showbiz journalist graham has been interviewing TV celebrities for over 30 years. his columns have been published in the Telegraph, My weekly, Tv times and the Sun. This is wry and only slightly risqué with humour and observation. recommend by Ashfield U3A.

#### Future Speakers

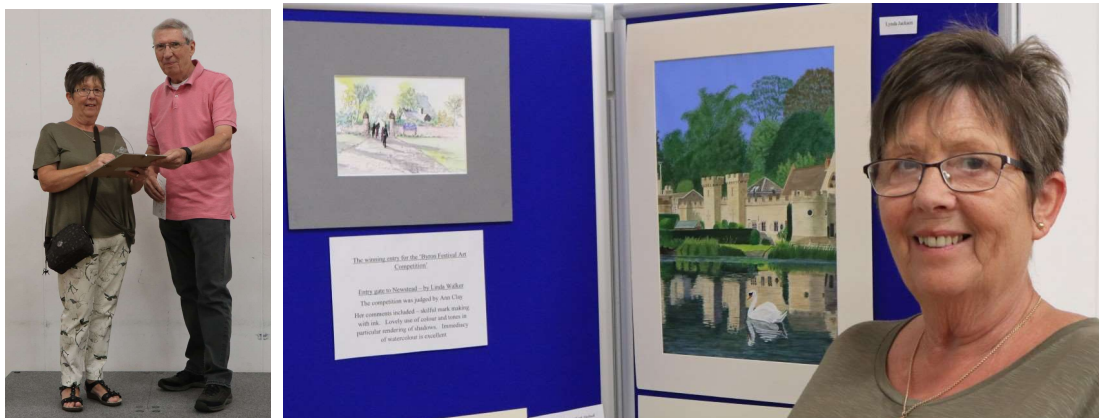
10<sup>th</sup> October – Christine Robinson – "Christmas at Chatsworth"  
 14<sup>th</sup> November - Foolsgold acoustic – "Mix of Songs, stories & Beat Drum shows"  
 12<sup>th</sup> December – Christmas Meeting

At the August meeting, Jim Spray, fellow member of the U3A and former Chairman of the Byron Festival Committee, presented one of this year's winners, Linda Walker, with her prize.

Linda, whose winning entry was "Entry to Newstead" is a member of the Watercolour group led by Rose Ridley.

The competition was judged by Ann Clay, a member of the Nottingham Society of Artists".

The photos show Linda Walker receiving her prize with her painting (shown on the left of the photograph) and the other entries received from other members of the Watercolour group.



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Maureen Newton, Hucknall and District U3A History Group Leader, is asking for volunteers to take part in a shared learning project called " In their own write". The project is funded by the Arts Humanities Research Council but managed by the National Achieves and the University of Leicester, it is about researching and transcribing letters from the 19th century paupers. Training and workshops are taking place in Hucknall, Nottinghamshire.

## **COMMITTEE CORNER - Notes from our Committee**

John Ellis has now decided to stand down from his post being responsible for Gift Aid. The Committee expressed their thanks to John for his hard work over many years. David Rose will now take over the role supported by Mark Jackson and Christine Berrill.

Sandra Green is going to book the rooms at the Leisure Centre and the Youth Wing for 2019.

Members expressed their disappointment that they had great difficulty accessing the Youth Wing for last month's meeting.

Last month's accounts were examined and formally approved.

Future short courses organised by David Rose were discussed. Full details to go in the Newsletter and be announced at the monthly meeting.

Siobhan sent a report with regards to setting up several new groups including Beginner's French, A Gilbert and Sullivan Appreciation Society, A Weight loss group and also a Real Ale group.

Mark Jackson gave an update on the work that he has done on the National U3A Administration system called Beacon.

Data Protection and our Privacy Policy were discussed. Some information regarding Group emails are in this Newsletter and changes to our Privacy Policy will go on the Website as soon as possible.

It was confirmed that our Christmas showcase will go ahead in December.

We received a Certificate from the National U3A to mark having been a member for ten years

Barrie

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## NEW GROUPS, WORKSHOPS & OTHER NEWS

### Workshops

#### 1. First Aid – a 2 hour session with a trainer from The British Red Cross

Thursday 4th October 2018 10 am to 12 noon in The Byron Suite JGC

Our tailored first aid sessions provide people with the skills and confidence to help in a first aid emergency.

What can you expect from our first aid session?

Effective, easy to learn first aid education in a relaxed and informal style. We provide relevant first aid skills tailored to the needs of the group. We break down the barriers to helping others. We build confidence and willingness to help in a first aid emergency. This is a free event

Please sign up at the August and September Monthly Meetings. David Rose.

### Book Sales

The book stall is once again open for business in September.

Stock up ready for the monsoon season.

Bargain Books at 4 for a £1.00.



### THE BEATLES TRIBUTE NIGHT IS ALMOST HERE

- Featuring **The Fab Four** Tribute Band
- Saturday 29th September at the John Godber Centre
- Doors open at 7.30 pm
- The Band will be performing from 8.00pm to 10.30pm
- During the mid-evening break there will be a dance demonstration
- Tickets will be on sale at the Members' Meeting on Wednesday 12th September
- Cost £7 each
- No catering so **Bring Your Own Food**
- **FANCY DRESS IS OPTIONAL** with a prize for the best male and female.

From 2.30pm onwards (subject to availability) members may also buy tickets for friends and family, subject to a £1 U3A temporary membership fee.

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## **NEWS FROM THE GROUPS**

### **ARTS & FILMS INFORMATION GROUP**

To receive a regular update of the Arts Information Calendar showing upcoming events in the Nottingham area contact Alan Snape on 07940146542 or [alansnape@hotmail.co.uk](mailto:alansnape@hotmail.co.uk)

The calendar includes events at The Royal Concert Hall, The Broadway Cinema, The Bonington Theatre/Cinema in Arnold plus news of International live transmissions of Opera, Ballet and Theatre. Also if you have news of local entertainment events and would like them included in the calendar please pass on the details to Alan.

Between now and our next monthly meeting The Broadway Silver Screen will be showing Swimming for Men with Rod Brydon on Thursday 13th, King of Thieves with Michael Caine on Thursday 20th, The Little Stranger with Ruth Wilson on Thursday 27th. Don't forget to ask for your U3A discount and also to get there in time to get your free tea/coffee & biscuits before the 10.30 and 13.30 screenings. £5 admission less your U3A discount. Alan Snape 07940146542.

### **CREATIVE WRITING GROUP**

We meet from 1-3 pm on the fourth Tuesday of each month. Our venue from September will be the Liberal Club on West Street. Our Co-ordinator, Janet Gibson, gives us a title, sentence or just a word to inspire us to write a piece of around 500 words which we develop at home and then read out to fellow members at the next meeting, for constructive criticism and appraisal. After a short tea-break we then do a ten minute writing exercise or something similar.

Our "homework" for August was related to one of the following subjects: "All that glitters is not gold", "Youth is wasted on the young" or "The customer is always right".

Unfortunately our Social Get Together for coffee on the 28<sup>th</sup> August at the Horse & Groom in Linby was a non-starter due to the road into Linby in both directions being closed to traffic for roadworks. Somehow three members managed to get to the venue before the road was closed off but the rest of us didn't! So we had to go to the nearest place for coffee (Tee House, Wigwam Lane) instead. Very many apologies to everyone and hopefully our Christmas social get together will be more successful! New members are very welcome to join us on Group sessions, just bring pen and paper!.

### **GARDENING GROUP**

The group enjoyed a trip to Castle Ashby in July, when for a change the sun was not baking everyone and everything! This was the first time we had been to this garden but it was well worth the visit, with a number of different "rooms" with different themes. The tea room was well supported too.

August's trip is to Doddington Hall, in Lincolnshire and will take place on Tuesday the 21st, leaving Ogle Street at 10.00am. All are welcome.

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## GROWING OLD DISGRACEFULLY GROUP

August 15th, 26 ladies set off on a voyage of discovery of the River Trent via the Trent Crusader. We were in no danger of contracting scurvy as the voyage was a disguise for a cream tea. We set off from the marina at Colwick Country Park. Our Captain was very knowledgeable about the history of this part of the Trent. We all had different ideas about the changes that were taking place, where lots of Riverside apartments were being built on what was derelict land. We saw lots of wild life including an enormous heron lurking in the trees waiting to pounce on and unsuspecting fish. We saw a family of swans with their cygnets and a black swan that acted as a nanny to the cygnets and has done for years.

Everyone enjoyed the outing and are looking forward to the next Growing Old Disgracefully adventure.



## LUNCH GROUP

The Lunch Group meets on the fourth Wednesday of each month at 12 noon (unless otherwise stated) at a different restaurant each month. The menus vary in price and content but hopefully average out over the year at a reasonable cost. It is an opportunity for members to meet together socially and try out different restaurants which, as individuals, they may not have had the chance to try before. We always have a quiz which is usually related to the venue or its theme. We hope you will find something of interest to your "taste" and look forward to meeting up with you each month. I would love to hear about your recommendations for reasonably priced venues as we have been going for nearly ten years and are running out of new venues!

When putting your name down, if the menu is available, either at the meeting or on the website, could you please indicate your menu choices **at that time.**

In August we returned to another old favourite – Arunothai in Hucknall. A lovely meal as usual and the quiz was won by Pam Farrell and John Orosz.



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On September 26th we will be going to the refurbished Thorn Tree at Woodlinkin. This is a "George's" fish restaurant and the menu is on the U3A website.

Please remember to bring your £10 deposits to the September meeting for the Christmas Lunch on Wednesday, 19th December at the Albert Hall. Cheques to be made payable to Hucknall & District U3A.

## MOVEMENT TO MUSIC GROUP

There will be a new short course running from Thursday 20th September until 22nd November. (The Main Hall, The John Godber Centre. 10.00-11.00). The first session will give group members a chance to refresh their 'movement/dance memories' after the long summer break, as well as providing a taster session for any new members who may wish to join us for an hour of gentle exercise, lyrical movement and a variety of dance styles.

Please note- If you are new to this type of activity you will need secure/appropriate shoes and you are also advised to bring some bottled water. I hope to see you all on the 20th. Sue (Saunders).  
Group leader.

## NATIONAL TRUST GROUP

The trip to Greyfriars, Worcester has been **postponed** until Thursday, 11 October. Places are still available and the cost is £9.00. The coach leaves Hucknall Leisure Centre at 8.00 am. Non-National Trust members are welcome to join the trip. Worcester has a charming city centre. There is a lovely cathedral which overlooks the River Severn. There will now not be a September trip.

## NOT SO GRUMPY OLD MEN GROUP

It's a long while since any of this lot pulled but for the NSGOM August outing they were all shouting "Pull!". Two teams were coached in the finer points of clay pigeon shooting over 5 different exercises. The winner of each team had a shoot off and, with memories of their go-karting show-down last year, John Saunders once again defeated Mark Jackson to take the title.



Friends of Isaac Walton - On Tuesday 21st August eight optimistic anglers met for a day out at Aldercar Fishery

Following an 8am breakfast at 'Maggie's Cabin ' which is on site we meandered down to Snipe Lake and settled into our allocated area.

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Alan Newton kindly helped David Wormald to set up and dispensed advice on tactics. David is a renowned fly fisherman who is skilled at creating and using artificial flies but is a relative novice at coarse fishing.

Everyone caught fish including some hefty common and mirror carp which once hooked set off with powerful surging runs.

If they decided to take your bait off they went and unfortunately if your attention wavered and this happened they took your rod and tackle away into the lake.

This did happen to one member who should know better and the photograph shows Alan Newton trying to retrieve it (for me!)

Just before we finished at 3pm David Wormald managed to snare a magnificent 7lb 8oz carp which took about 10 minutes to land and this capped a good day out. David Rose



## **PICKLEBALL GROUP**

Following intense self-motivated pre- season training throughout August sessions start again on Thursday September 6th from 2pm to 4pm. At the Leisure Centre.

They are then booked every Thursday throughout September, October, November and December.

New players are welcome and your first taster session is 'free'

David Rose and Chris Garner

## **PUB QUIZ & LUNCH GROUP**

The Pub Quiz & Lunch is held on the second Monday of each month at 12 noon at The Nabb Inn. The subscription is £1 per person which covers each team's Quiz sheet and a raffle ticket for each member. There is a cash prize for the first and second team, with a £5 pub voucher for the raffle, along with a Bumper Bag containing donated items, for which our thanks are given to those who donated. Could I remind you to please check sell by dates on food items for the bumper bag. Please note the maximum number of members per team is five – if there are six of you, please divide into two teams of three and invite a new member to join you!

Donations of raffle prizes or items for the Bumper Bag are gratefully accepted. Just pay the subscription on arrival, then, if you wish to eat, order your lunch at the bar and put your thinking

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caps on. There is a small table quiz just for fun, followed by the Quiz itself and then lunch, followed by the answers and the raffle. We are limited to 36 seats so please come early as it's first come, first served for seats in the alcove area.

Winning teams at the Pub Quiz & Lunch on Monday, 14<sup>th</sup> August were "Minus One" and "Four Plus One". We had a turnout of 26 members which included some new faces. The next Pub Quiz will be on Monday, 10<sup>th</sup> September.

## **READING GROUP**

We discussed our own choice of novels set in a foreign country in September and for October we have yet to decide on the topic. Because the group is full we have started a waiting list for a second group. Please put your name on the noticeboard at the monthly meeting. We also attend talks put on by Hucknall Library with guest authors, which can be very enlightening. The Library also has a "Crime Café" on the second Tuesday of each month, with guest speakers as well as discussions.

## **SCIENCE GROUP 2**

Our August meeting was also open to other members for a presentation by Dr Tim Gray.

Tim is the Chairman of the East Midlands Immediate Care team who attend traffic incidents, major individual life threatening traumas and occasionally violent crime scenes.

The team are all specially selected doctors who after additional specialised training carry out this role on a voluntary basis. It was both interesting and enlightening, some of the road accident images certainly reinforced the theory that 'speed kills'.

Next Meeting - The September meeting is cancelled due to various holiday commitments and our next meeting is on Friday October 19<sup>th</sup> 10am to 12 noon in The Studio JGC.

Alan Ratcliffe has offered to present a talk on 'Navigating by Stars'. I look forward to this as I have always been fascinated by the way in which sailors found their way across oceans in small wooden boats with basic maps and no sat nav.

There will also be short presentations from other members - more details will be sent out later.

We will also look at planning some topics for this year and please email me with any suggestions that you would like us to pursue. David Rose

## **SINGALONG GROUP**

Singalong recommences on Tuesday 18<sup>th</sup> September, same time same place. New members are welcome.

We enjoy singing songs old and new karaoke style as a group (not individually!). We are always happy to receive new ideas and requests.

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## **THEATRE GROUP**

The Three Musketeers – 4<sup>th</sup> October 2018 Tickets £45.00  
 Guys and Dolls – 10<sup>th</sup> November 2018, Derby Theatre, 2:30pm, Tickets £19.00  
 MB Swan Lake – 15<sup>th</sup> November 2018 Tickets £36.00  
 The Full Monty – Theatre Royal, 6<sup>th</sup> February 2019 – 2pm, Tickets £28.00  
 Dr Dolittle – Theatre Royal, 11<sup>th</sup> April 2019, 2pm, Tickets £39.50  
 Kinky Boots – Theatre Royal, 1<sup>st</sup> June 2019, 2:30pm, Tickets £57.50 (Cheaper if >10 people)  
 Avenue Q – Theatre Royal, 20<sup>th</sup> July 2019, 4pm, Tickets £38.00

## **THE WIPER TIMES**

What a wonderful story of the newspaper which was life, fun and complete mayhem of the Somme. A very serious situation of the danger and feeling of the soldiers perhaps not even living to tell their tales to us. Remarkable. Each and every one of the men and women were to be respected and honoured for the hell they lived through. Very well told and acted, a really enjoyable performance.

Angela Atkins

## **WALKING GROUP (SHORT LENGTH)**

The walk for September is a circular walk taking in Teversal Village and Silverhill colliery pit tip, this now classed as the highest point in Nottinghamshire.

Starting at Teversal Visitor Centre, NG17 3HJ, Carnarvon Street, Sutton in Ashfield. Distance. 4 miles, Number of stiles 2, mixed surfaces and moderate gradients with one steady accent up the tip.

Ample parking at the Visitor Centre. The walk starting time, 10.00am.

De-brief will be at the Carnarvon which as food available. We pass this on the walk.

## **WALKING GROUP (MID LENGTH)**

Our August walk started in the lovely village of Litton in Derbyshire. It was advertised as a 'Five Dales Walk' and we walked through Tansley, Cressbrook, Water-Cum-Jolly, Miller's and Tideswell Dales. Walking conditions were generally good apart from the steep descent into Tansley Dale (sorry everyone!). It was a really interesting walk with lots to see and beautiful landscapes. We negotiated 3 stone step stiles and I can report that we all got over them with ease (this time!). Our group's skills can be quite impressive on occasions!! After 6.7 miles of strenuous exercise, a drink at The Red Lion Pub in Litton was most welcome. Thank you to John Tedstone for leading the walk.

On Monday 17<sup>th</sup> September our walk will be starting from Heage in Derbyshire.

## **WEEKENDERS' GROUP**

Thanks to the lovely summer weather we had two Afternoon Teas in members' gardens in August; many thanks to Margaret White and Jean Martin. We had a Derbyshire Tour outing (with lunch of course!) on 17<sup>th</sup> August and we had Sunday lunch at Ciao Bella, Mansfield on 12<sup>th</sup> August. We had a fun filled Coffee Club session on 25<sup>th</sup> August and planned our next four months' activities.

The September to December Weekenders programme will be posted on the U3A website so please contact me if you are interested in our events. We like to organise a Lunch, a Social Evening, an Outing and a Coffee Club get together each month, plus any other events we might be interested in.

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## WINE APPRECIATION GROUP 2

Road Trip to France -10 intrepid souls braved the delays at Eurotunnel and ventured into foreign lands to further their education in wine related matters.

The Group travelled to Chateau Geer in Western Brittany where their hosts, Mick & Margaret, made them very welcome and arranged a culturally immersive experience, including dining in a local restaurant and a wine-tasting event with their French neighbours.



## WINE TASTING GROUP

In August, fourteen of us set off in a mini bus to Renishaw Hall gardens and vineyard. On arrival we started our day in true U3A style with coffee and bacon/sausage cobs and then went through to the gardens. The gardens are impressive and we were agreed that they are worth visiting again, perhaps when the bluebells are out.

Of course the main purpose of our visit was to extend our knowledge of wine and we weren't disappointed. At 2 o'clock we were collected by Kieron Atkinson, the owner of the vineyard. He leases the land from The Sitwell family, who are the owners of Renishaw Hall and Gardens. He introduced himself as a wine consultant and vine-grower and our two hours of education and entertainment began! He talked about growing vines, knowing when to pick the grapes etc. and then we had a tour of the vineyard.

It was really interesting to hear how his business has developed over the years and about his future plans for 'glamping' in the grounds. He offered us the opportunity of returning in a few weeks' time to help with the grape harvest but we would have to pay him for the experience. A few of us were actually quite interested in doing it!

We tasted 3 wines in the vineyard itself, with Kieron showing us the correct way to do it. Apparently you don't just drink wine you have to look at it, smell it and then sip it! Very tasty it was too; you would never imagine that wine produced so far north would be as good as this is.

He had us weighed up straight away and pitched his delivery perfectly to appeal to our sense of humour. He was a great salesman as well, his shop being the boot of his car on this occasion. We all bought a few bottles to take home.

Feeling hungry on our return to Hucknall, several of us visited Wetherspoons, it was 'Curry Night' after all. The perfect end to a brilliant day out. Sue Tedstone.

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## **HUCKNALL & DISTRICT U3A INTEREST GROUPS**

### **September 2018**

For further details contact Siobhan Lee, 0115-9550119 or check the website at [www.hucknallu3a.org.uk](http://www.hucknallu3a.org.uk) from there you can email the respective Group Leader

#### **ARTS**

CHOIR                      1<sup>st</sup>Wednesday 13:30  
                                  3<sup>rd</sup>Wednesday 11:30

CREATIVE WRITING    4<sup>th</sup>Tuesday 13:00

DISCUSSION            1<sup>st</sup>Monday 13:45

DRAMA                    4<sup>th</sup>Friday 10:00

FILM CLUB            Thursday 10:30 & 13:00  
 Friday 19:15

HISTORY                3<sup>rd</sup>Wednesday 14:00

MUSIC FOR PLEASURE 4<sup>th</sup>Tuesday 19:00

NATIONAL TRUST        Various dates & times

READING (BOOKS)\*    1<sup>st</sup>Wednesday 14:00

SINGALONGA            3<sup>rd</sup> Tuesday 10:30

THEATRE                various dates

UKULELE                2<sup>nd</sup> & 4<sup>th</sup> Monday 10:00

#### **ACTIVE WELLBEING**

ADVENTURE BEFORE DEMENTIA - Various

CYCLING                Every Wednesday 9:00

GROWING OLD DISGRACEFULLY\* Various

GRUMPY OLD MEN      Various

NOT SO GRUMPY OLD MEN Various

KURLING                2<sup>nd</sup> Sunday 3-5pm

MOVEMENT TO MUSIC Thursday 10:00

SEATED EXERCISE      4<sup>th</sup> Monday 14:00

WALKING (LONG)       1<sup>st</sup> Tuesday 10:00

WALKING (MID)\*       3<sup>rd</sup> Monday 10:00

WALKING (SHORT)      3<sup>rd</sup> Thursday 10:00

#### **FOOD & DRINK**

DINING IN              1<sup>st</sup> Tuesday

INTERNATIONAL DINING As Arranged

LATE BREAKFAST       1<sup>st</sup> Friday 09:15

LUNCH GROUP          4<sup>th</sup> Wednesday 12:00

PUB QUIZ & LUNCH     2<sup>nd</sup> Monday 12:00

WINE APPRECIATION\*   3<sup>rd</sup> Monday 19:30

WINE TASTING \*        3<sup>rd</sup> Wednesday 19:30

#### **HOBBIES & PASTIMES**

CANASTA                1<sup>st</sup> & 4<sup>th</sup> Friday 19:00

CRAFT 1 \*              3<sup>rd</sup> Monday 13.45

CRAFT 2                2<sup>nd</sup> Tuesday 14:00

GARDENING            3<sup>rd</sup> Tuesday 14:00

HOLIDAYS              various dates

KNITTING & CROCHET 4<sup>th</sup> Tuesday 14:00

MAH JONG              2<sup>nd</sup> Friday 19:00

POT LUCK \*             1<sup>st</sup> Wednesday 19:30

RUMMIKUB             1<sup>st</sup> Monday 2:00pm

SCRABBLE              4<sup>th</sup> Thursday 14:00

TABLE GAMES          3<sup>rd</sup> Friday 19:00

WATER COLOUR        1<sup>st</sup> Monday 14:00

WEEKENDERS          various Sat & Sun.

#### **LANGUAGES**

FRENCH CONVERSATION\* 3<sup>rd</sup> Tuesday 10:00

FUN WITH LANGUAGES 2<sup>nd</sup> Thursday 10:30

#### **SCIENCE AND THE ENVIRONMENT**

BIRD WATCHING        2<sup>nd</sup> Tuesday 10:30

SCIENCE 1              4<sup>th</sup> Thursday 10:00

SCIENCE 2              3<sup>rd</sup> Friday 10:00

**\*Indicates group full. If you are interested then contact Siobhan who will happy to help you set up a further group. Please be aware that some Interest Groups have a limited number of places due to activity, venue etc.**

Group Leaders are normally available in the Board Room at the monthly U3A meetings to answer any questions that you may have about their group. Their contact details are displayed on the Interest Group Information Board

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