



# NEWSLETTER

Issue August 2018

Web Address: [www.hucknallu3a.org.uk](http://www.hucknallu3a.org.uk)

The meeting is held on the second Wednesday of the month starting at 1.30pm at the Hucknall Leisure Centre.

## **Message from our Chair**

What an unbelievably sunny and warm summer we are all enjoying and if the forecasters are to be believed much more of the same to follow in August.

Members will no doubt remember what they were doing the last time we had such a beautifully hot summer in 1976!!!

Our Interest Groups have continued to flourish throughout the good weather and the newest of them "Pickleball" appears to have made a very good start. We are always looking to start up new Interest Groups but need the members to volunteer to run them. If you would like to start up a new group please contact Siobhan Lee who will offer all the support and advice that you may need. It would be good to get the number of Interest Groups up to over fifty.

Your Committee continue to work hard on a daily basis to take the Hucknall U3A forward. Several members will be attending the National U3A Conference in Nottingham at the end of the month.

Members who attend the Monthly meetings at the Leisure Centre will be aware that we are trying to give Interest Groups who normally do not appear at this meeting the opportunity to showcase their activities. So far the Cycling and Singalong groups have entertained us and this month it is the turn of the Water Colour group.

I look forward to seeing as many members as possible at the August meeting.

**Barrie Saunders, Chairman**

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## OUR SPEAKER THIS MONTH

### Pat Hall "Life can be funny"

Quick change sketches and talks, each of her characters has a variety of problems they share with the audience in a way that is serious to them but humorous to the audience.

#### Future Speakers

12<sup>th</sup> September – Graham Keal – "50 Shades of Graham"

10<sup>th</sup> October – Christine Robinson – "Christmas at Chatsworth"

14<sup>th</sup> November - Foolsgold acoustic – "Mix of Songs, stories & Beat Drum shows"

## COMMITTEE CORNER - Notes from our Committee

### Meeting held on August 1<sup>st</sup>

The accounts for July were presented and approved.

Further developments towards adopting the Beacon Administrative System were outlined by the Business Secretary.

It was agreed to continue to give Interest Groups the opportunity to showcase their talents at the Monthly Members meetings with the Water Colour group presenting this month.

Margaret Huckerby was nominated and approved as the Committees Representative on the Social Committee. Dianne White or Diane Heenan would attend should "Maggie" not be available.

We are now in a position to accept Associate Members.

Siobhan outlined changes and activities from the Interest groups which included the setting up of a group to help would be Slimmer's which would start in September.

We are now at the final stages of ensuring that all our tea/coffee cups could be recycled. with a final check being made with the recycling company.

We discussed ways in which we could improve safety for our walking and cycling groups. It was noted that it would be useful for all members of these groups to carry an emergency contact number and a list of any medication currently being taken.

The Committee discussed in detail the various types of membership options and also ticketing arrangements for Social Events. This discussion to be continued at next month's meeting.

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## **NEW GROUPS, WORKSHOPS & OTHER NEWS**

### **Workshops**

#### **1. The work of the East Midlands Immediate Care Team**

Friday 17th August 10.30 to 12 noon the Main Hall John Godber Centre

The East Midlands Immediate Care Scheme covers the whole of the Notts ,Lincs Derbys and Northants. The volunteer doctors and paramedics turn out at all hours, in all weather, 365 days a year, and respond to an average of 4 life-threatening emergencies a day.

This intervention saves lives. Presented by:

Dr Tim Gray MBE EMICS Chairman

Turn up on the day and it is £1.00 towards the room hire.

#### **2. First Aid – a 2 hour session with a trainer from The British Red Cross**

Thursday 4th October 2018 10 am to 12 noon in The Byron Suite JGC

Our tailored first aid sessions provide people with the skills and confidence to help in a first aid emergency.

What can you expect from our first aid session?

Effective, easy to learn first aid education in a relaxed and informal style. We provide relevant first aid skills tailored to the needs of the group. We break down the barriers to helping others. We build confidence and willingness to help in a first aid emergency. This is a free event

Please sign up at the August and September Monthly Meetings. David Rose

### **Hog Roast 29<sup>th</sup> June**



An excellent night was had by all as Coates Butchers delighted us by bringing a beautifully roasted pig, whole, in its oven. The meat was carved and served with tasty stuffing and relishes.

Acoustic Union once more excelled themselves with some fine renditions of old favourite songs to which we sang and danced.

Not to be overwhelmed by the professionalism of the guest performers, member of the Hucknall U3A Ukulele Group put in a creditable performance with a selection from their growing repertoire.

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Come and join us and have a FABulous time at the

# BEATLES

TRIBUTE NIGHT

Performed by

**'THE FAB FOUR'** a Beatles Tribute Band

on

**Saturday 29th September 2018**

at the John Godber Centre, Ogle Street, Hucknall

from 8.00pm until 10.30pm - Doors will open at 7.30pm

Tickets will be for sale for £7.00 each

at the August & September USA monthly meetings

→ FANCY DRESS IS OPTIONAL

There will be a prize for the BEST FANCY DRESS

There will be no catering provided but you are welcome to bring your own food

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## **NEWS FROM THE GROUPS**

### **ADVENTURE BEFORE DEMENTIA GROUP**

There were ten intrepid members of the ABD arriving at Sherwood Pines on Friday 20th July. After 10 minutes instruction we were already one down, but not out, a further 5 minutes instruction and we were off. We followed our instructor through the beautiful trails of Sherwood Pines. Just as we were settling into an easy sedate pace the instructor altered the settings on the Segway and doubled the speed and we moved on to rougher terrain, one more down but not out. Both fallers were ok and we all thoroughly enjoyed it. We had a great time and finished off with a coffee and a chat.

### **ARTS INFORMATION GROUP**

To join the Arts Information Group and receive a weekly updated calendar of what's available in our local area ask Alan Snape to include your e mail address in the circulation list.

Contact Alan on 07940146542 or [alansnape@hotmail.co.uk](mailto:alansnape@hotmail.co.uk)

The calendar usually includes events at the Royal Concert Hall, The Broadway Cinema, The Bonington Theatre/Cinema in Arnold plus news of International live transmissions of Opera, Ballet and Theatre. Also if you have news of local entertainment events and would like it including in the calendar please pass on the information to Alan.

### **CREATIVE WRITING GROUP**

We meet at Titchfield Court from 1-3 pm on the fourth Tuesday of each month. Our Co-ordinator, Janet Gibson, gives us a title, sentence or just a word to inspire us to write a piece of around 500 words which we develop at home and then read out to fellow members at the next meeting, for constructive criticism and appraisal. After a short tea-break we then do a ten minute writing exercise or something similar.

Our 24th July we read out our "homework" which was related to one of the two following subjects: "A poker player" or "Mermaids". We also did two ten minute exercises on the subject of "Gifts". There is no meeting in August but instead we are having a Social Get Together on the 28th at 11 am at the Horse & Groom in Linby to which all old and new members are welcome to join us. Please note that as from September we shall be meeting at the same time (1 pm) but different venue – the Liberal Club on West Street. New members are very welcome to join us, just bring pen and paper!.

### **DISCUSSION GROUP**

The group met in the afternoon of Monday July 2nd. We had chosen to discuss 'Tariffs'. Ask any member of the group about 'Tariffs'. They may be able to impart some knowledge about them. Our discussion was interesting, enlightening and informative. We discussed what we knew about them, how they affect us as individuals particularly in the light of Donald Trump's newly imposed tariffs. Also how his tariffs could affect our country's economy and the knock on effect for World trade.

We lightly discussed how doctors are using technology, e.g. phone, e-mail and even skype to keep in touch with patients which could make follow on appointments unnecessary.

We slightly touched on discussing the demise of the Byron Cinema and the possibility of it's time for redevelopment.

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The topics decided on for discussion at the next meeting are 'House Insurance' and 'The bias of the BBC particularly it's pay structure'.

There will be no meeting in August. The date of the meeting in September is Monday 3rd.

## **FUN WITH LANGUAGES GROUP**

Our thanks go to Sue & John Tedstone for hosting a lovely BBQ for the group on Tuesday 10th July. The good weather ensured a dry evening and great fun was had by all.

Our July meeting continued with a revision of Time and transport. It included buying tickets and times for trains, boats etc. and concluded with some sentences to translate and role play. Mark Jackson was at the station, Philip Nathan on the boats and Eve Roussel giving directions!!!! Much hilarity ensued.

The next meeting will be 13th September in JGC 10.30 till 12 noon in the Byron Suite. We shall be looking at problems with cars, hotels, luggage etc. and how to ask for assistance.

Have a great summer! See you in September. Liz & Ann.



## **GARDENING GROUP**

The group enjoyed a trip to Castle Ashby in July, when for a change the sun was not baking everyone and everything! This was the first time we had been to this garden but it was well worth the visit, with a number of different "rooms" with different themes. The tea room was well supported too.

August's trip is to Doddington Hall, in Lincolnshire and will take place on Tuesday the 21st, leaving Ogle Street at 10.00am. All are welcome. Anne



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## HISTORY GROUP

The autumn season begins with indoor meetings at Central Methodist Church commencing at 2pm on Wednesday September 19<sup>th</sup>. There is a speaker from the group called People's Histreh about the Nottingham Cheese Riots. I have heard this very interesting group speak at Nottingham Archives Office.

After hearing complaints about members not hearing very well I have discovered that there is a sound system for the hall where we meet. I need a volunteer from the members who will help setting this up as I am busy sorting out other things for the meeting at the time. Please contact me in the 'Board Room' or by email or 'phone.

Our October 17<sup>th</sup> meeting is to have a speaker as well. John Ellis will tell us all about 'Then and Now' – should be fun!.

November 21<sup>st</sup> is listed as a members afternoon for 'Show & Tell'. Bring something from the past, maybe connected with your own family and tell us all about what it means to you.

There is no meeting in December – to near Christmas.

Please don't forget we need to organise meetings and visits for next year. Keep thinking about what we can do and where you fancy for time out. Maureen Newton

## KURLING GROUP

It may have been warm outside, but we were all 'very cool' in our air conditioned hall at the Leisure Centre.

Fun filled 2 hours of banter and competition. 5 teams competed for first place in a round robin competition and the winning team on the day were very chuffed with their success. Rob, Pam, Jean and Peter.

Jean gave a lovely demonstration of how to use the pusher (aka stick, pole) though on greater inspection her wee toe seems to have crossed the line, but who cares!!!!!!.

Next meeting Sunday 12th August. Anne, Jean Rob



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## LUNCH GROUP

Could the Lunch Group members who have not yet paid the Admin fee of £1 please do so at the next meeting; this covers the cost of printing, telephone calls and quiz prizes etc. Thanks.

The Lunch Group meets on the fourth Wednesday of each month at 12 noon (unless otherwise stated) at a different restaurant each month. The menus vary in price and content but hopefully average out over the year at a reasonable cost. It is an opportunity for members to meet together socially and try out different restaurants which, as individuals, they may not have had the chance to try before. We always have a quiz which is usually related to the venue or its theme. We hope you will find something of interest to your "taste" and look forward to meeting up with you each month. I would love to hear about your recommendations for reasonably priced venues as we have been going for nearly ten years and are running out of new venues. When putting your name down, if the menu is available, could you please indicate your menu choices at that time.

On July 25th we returned to Ciao Bella at Mansfield and again very much enjoyed this venue. The general knowledge quiz was won by Chris Ashby and friend. As usual we were warmly welcomed by the manager and his staff who could not do enough for us. We thoroughly enjoyed the meal and can highly recommend this restaurant. In August we are returning to another old favourite – Arunothai in Hucknall. The menus are on the U3A website so please let me have your menu choices as soon as possible. If some of you have not yet visited Arunothai, please try and do so as the staff are so welcoming and the food is excellent. It would be nice to support this local independent restaurant a little more as it is just out of the town centre and people forget it's there. Kob Kun Mak Mak ka! (Thank you very much!).

## PICKLEBALL GROUP

We have had 3 full sessions and the group have made a great start to this exciting game. We are beginning to get to grips with its rules and strategies mainly thanks to our coach Chris Garner and the enthusiastic participants.

The courts are booked for every Tuesday in September from 2pm to 4pm.

The junior holiday activities take precedence in the hall during August but we are hoping to book some evening or week end sessions to keep our momentum going.

Members will be informed. David Rose



## PUB QUIZ & LUNCH GROUP

The Pub Quiz & Lunch is held on the second Monday of each month at 12 noon at The Nabb Inn. The subscription is £1 per person which covers each team's Quiz sheet and a raffle ticket for each member. There is a cash prize for the first and second team, with a £5 pub voucher for the raffle, along with a Bumper Bag containing donated items, for which our thanks are given to those who

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donated. Could I remind you to please check sell by dates on food items for the bumper bag. Please note the maximum number of members per team is five – if there are six of you, please divide into two teams of three and invite a new member to join you!

Donations of raffle prizes or items for the Bumper Bag are gratefully accepted. Just pay the subscription on arrival, then order your lunch at the bar and put your thinking caps on. There is a small table quiz just for fun, followed by the Quiz itself and then lunch, followed by the answers and the raffle. We are limited to 36 seats so please come early as it's first come, first served for seats in the alcove area.

Winning teams at the Pub Quiz & Lunch on Monday, 9th July were "Whatever" and "Forlorn Hope". We had a turnout of 30 members which included some new faces. The next Pub Quiz will be on Monday, 13th August.

## READING GROUP

Seating space limits our group to ten members; this number also allows everyone enough time to participate in giving their opinions on books we have read. I understand there are five names on the waiting list for a second Reading Group. As soon as this number reaches eight or ten we will set up another group. We meet on the first Wednesday of each month. We choose one set book for us all to read each month and discuss. We then tell everyone what else we have read over the month and which books we can recommend. We discussed Daphne Du Maurier's "My Cousin Rachel" at the August meeting but September's will be any novel set in a foreign country. We also attend talks put on by Hucknall Library with guest authors, which can be very enlightening. The Library also has a "Crime Café" on the second Tuesday of each month, with guest speakers as well as discussions.

## SCIENCE GROUP 2

On the 20th July 38 members from Science 1 and 2 enjoyed a very interesting guided tour on a visit to Papplewick Pumping Station.

We learnt a lot about the history of Nottinghamshire's water supply and the vast quantities of clean and safe water needed as the population grew during the Industrial Revolution.

The amazing engineering, architectural and building skills of the Victorians were plain to see.

Our catering manager John Berrill arranged a post visit good value lunch at the Burntstump which made a sociable end to the morning. David Rose



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## THEATRE GROUP

The Three Musketeers – 4<sup>th</sup> October 2018 Tickets £45.00

Guys and Dolls – 10<sup>th</sup> November 2018, Derby Theatre, 2:30pm, Tickets £19.00

MB Swan Lake – 15<sup>th</sup> November 2018 Tickets £36.00

The Full Monty – Theatre Royal, 6<sup>th</sup> February 2019 – 2pm, Tickets £28.00

Dr Dolittle – Theatre Royal, 11<sup>th</sup> April 2019, 2pm, Tickets £39.50

Kinky Boots – Theatre Royal, 1<sup>st</sup> June 2019, 2:30pm, Tickets £57.50 (Cheaper if >10 people)

Avenue Q – Theatre Royal, 20<sup>th</sup> July 2019, 4pm, Tickets £38.00

## WALKING GROUP (SHORT LENGTH)

The Short Walks Group met on Thursday 19<sup>th</sup> July for a walk around Cropwell Bishop and had a lovely lunch at The Plough, Cropwell Butler. It was a very warm day and the group were grateful that the walk was relatively flat and not too strenuous. We had to pass through a field where donkeys were grazing. There were two beautiful little foals.

The next short walk will be on Thursday 16<sup>th</sup> August, meeting opposite the Ferry Farm at Hoveringham for a 10.00am start, all U3A members are very welcome to join us.



## WALKING GROUP (MID LENGTH)

Our July walk was a 7 mile circular from the village of Pilsley in the Chatsworth Estate and once again we were blessed with dry weather. Our breaks were in unusual places, with coffee in the graveyard at Edensor church, where the little wall around Joseph Paxton's tomb provided a very comfy seat for us all. Then lunch was in the graveyard at Baslow church!! It was a good walk with excellent views; thank you to our walk leader, John Tedstone. Drinks were rather pricey in The Devonshire Arms in Pilsley but the get together after our walks is always enjoyable.

Our next walk will be led by Sue and John Tedstone on: Monday August 20<sup>th</sup> We will be doing a 7 mile circular, starting from Litton, Derbyshire.

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## **WEEKENDERS' GROUP**

The September to December Weekenders programme will be discussed at the August Coffee Club & Programme Planning on Saturday, 25th August and then will be posted on the U3A website so please contact me if you are interested in our events. Also do you have any good ideas for our future events? We like to organise a Lunch, a Social Evening, an Outing and a Coffee Club get together each month, plus any other events we might be interested in so all new ideas are welcome.

In July we lunched at Bella Mia, Hucknall, which was not crowded at all due to England playing Sweden! Our outing to Bakewell & Peak Village on Monday 16th July was very successful too. Lindsay Smith hosted our July Social Evening with a "Schools Out For Summer" theme when we all received our lunch in a paper bag together with our "Annual Reports"! Our Coffee Club talked about our strangest holiday souvenirs. Just for July this was held at the Nabb Inn. We are planning a Derbyshire Tour outing (with lunch of course!) on 17th August and a Social Afternoon Tea at the home of Margaret White on 4th August. Coffee Club will be back at my house on 25th August.

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## **HUCKNALL & DISTRICT U3A INTEREST GROUPS**

### **August 2018**

For further details contact Siobhan Lee, 0115-9550119 or check the website at [www.hucknallu3a.org.uk](http://www.hucknallu3a.org.uk) from there you can email the respective Group Leader

#### **ARTS**

CHOIR                      1<sup>st</sup>Wednesday 13:30  
                                  3<sup>rd</sup>Wednesday 11:30

CREATIVE WRITING    4<sup>th</sup>Tuesday 13:00

DISCUSSION            1<sup>st</sup>Monday 13:45

DRAMA                    4<sup>th</sup>Friday 10:00

FILM CLUB            Thursday 10:30 & 13:00  
 Friday 19:15

HISTORY                3<sup>rd</sup>Wednesday 14:00

MUSIC FOR PLEASURE 4<sup>th</sup>Tuesday 19:00

NATIONAL TRUST        Various dates & times

READING (BOOKS)\*    1<sup>st</sup>Wednesday 14:00

SINGALONGA            3<sup>rd</sup> Tuesday 10:30

THEATRE                various dates

UKULELE                2<sup>nd</sup> & 4<sup>th</sup> Monday 10:00

#### **ACTIVE WELLBEING**

ADVENTURE BEFORE DEMENTIA - Various

CYCLING                Every Wednesday 9:00

GROWING OLD DISGRACEFULLY\* Various

GRUMPY OLD MEN      Various

NOT SO GRUMPY OLD MEN Various

KURLING                2<sup>nd</sup> Sunday 3-5pm

MOVEMENT TO MUSIC Thursday 10:00

SEATED EXERCISE      4<sup>th</sup> Monday 14:00

WALKING (LONG)       1<sup>st</sup> Tuesday 10:00

WALKING (MID)\*       3<sup>rd</sup> Monday 10:00

WALKING (SHORT)      3<sup>rd</sup> Thursday 10:00

#### **FOOD & DRINK**

DINING IN              1<sup>st</sup> Tuesday

INTERNATIONAL DINING As Arranged

LATE BREAKFAST       1<sup>st</sup> Friday 09:15

LUNCH GROUP          4<sup>th</sup> Wednesday 12:00

PUB QUIZ & LUNCH     2<sup>nd</sup> Monday 12:00

WINE APPRECIATION\*   3<sup>rd</sup> Monday 19:30

WINE TASTING \*        3<sup>rd</sup> Wednesday 19:30

#### **HOBBIES & PASTIMES**

CANASTA                1<sup>st</sup> & 4<sup>th</sup> Friday 19:00

CRAFT 1 \*              3<sup>rd</sup> Monday 13.45

CRAFT 2                2<sup>nd</sup> Tuesday 14:00

GARDENING             3<sup>rd</sup> Tuesday 14:00

HOLIDAYS               various dates

KNITTING & CROCHET 4<sup>th</sup> Tuesday 14:00

MAH JONG              2<sup>nd</sup> Friday 19:00

POT LUCK \*             1<sup>st</sup> Wednesday 19:30

RUMMIKUB              1<sup>st</sup> Monday 2:00pm

SCRABBLE               4<sup>th</sup> Thursday 14:00

TABLE GAMES          3<sup>rd</sup> Friday 19:00

WATER COLOUR        1<sup>st</sup> Monday 14:00

WEEKENDERS           various Sat & Sun.

#### **LANGUAGES**

FRENCH CONVERSATION\* 3<sup>rd</sup> Tuesday 10:00

FUN WITH LANGUAGES 2<sup>nd</sup> Thursday 10:30

#### **SCIENCE AND THE ENVIRONMENT**

BIRD WATCHING        2<sup>nd</sup> Tuesday 10:30

SCIENCE 1              4<sup>th</sup> Thursday 10:00

SCIENCE 2              3<sup>rd</sup> Friday 10:00

**\*Indicates group full. If you are interested then contact Siobhan who will happy to help you set up a further group. Please be aware that some Interest Groups have a limited number of places due to activity, venue etc.**

Group Leaders are normally available in the Board Room at the monthly U3A meetings to answer any questions that you may have about their group. Their contact details are displayed on the Interest Group Information Board

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