



Hucknall

NEWSLETTER

Issue September 2016

Web Address: www.hucknallu3a.org.uk

The meeting is held on the second Wednesday of the month starting at 1.30pm at the Hucknall Leisure Centre.

Message from our Chair

I am writing this one day before I set off to Keswick to start a 7 day long distance walk around the Lake District. True to form for the North West of England rain is forecast for most of the coming week.

I find that I can cope with the most extreme weather conditions but one of my pet hates is wearing waterproofs, especially over trousers, as for me it is like walking in a sauna.

In common with most other U3A groups we offer walking as an activity and are fortunate to have a choice of 3 Hucknall based walking groups: short, medium and long plus the opportunity to join the quarterly 'Adventurous' walks organised by Ashfield U3A. This flexibility allows members of differing abilities to find a walk to meet their needs. As well as being a great way to get around, walking is:

- good for your health – it has numerous benefits including reducing your risk of diabetes, cardiovascular disease, strokes and high cholesterol
- convenient – you can just get up and go when it suits you
- free apart from the cost of suitable footwear
- sociable – you can do it with a friend or colleague and chat as you go
- a great way to discover new areas
- overall it helps to maintain physical and mental well being

It is thanks to the group leaders and the group members who offer to organise and lead some of the walks that the walking groups remain popular and continue to prosper.

Finally a word of warning about a current email 'scam' , If you receive an email from 'Amazon' probably saying your password has been compromised follow this advice from Amazon.

If you receive a suspicious e-mail that looks like it was sent from Amazon.co.uk and contains an attachment, we recommend you forward the e-mail to stop-spoofing@amazon.com (as an attachment, if possible) without opening it. Delete the e-mail after you forward it.

Best Wishes

David Rose - Chairman

FUTURE SPEAKERS

12th October - Jennie Storr - "And Another Thing"

9th November - Stephen Walker - "The London Boys"

December 2016 - Christmas Social

Please forward articles for the next Newsletter to hucknallu3anewsletter@live.co.uk by 30th September 2016

OUR SPEAKER(s) THIS MONTH

Ray & Sonja Kelly- "Volunteering in the South Sudan"

A little background on MSF, (Medecins Sans Frontiers', or Doctors without Borders) South Sudan, and the conflict & need for humanitarian work, the conditions and the work of the volunteers and staff in a few locations. Also we will probably add some bits from Afghanistan, Bangladesh, and Angola, especially to show the wide variety of problems and conditions we face.

COMMITTEE CORNER - Notes from our Committee

Nine members of your committee attended the Committee meeting on Sept 7th under the chairmanship of Alan Snape and reports were given from officers, Christine Berrill (treasurer), Maggie Huckerby, (Speaker Finder) Marguerite Hodgkinson, (membership Sec) Alan Snape (Funding Officer), Sue Spolton (Social committee rep and webmaster).

Our Business Secretary gave a breakdown of the 18% returned Survey Sheets which were circulated to all members with our July newsletter. The replies mainly included comments on the composition of the Newsletter, running of the monthly open meetings and the start up of new Interest Groups. Observers are welcome to attend our committee meetings by arrangement with Chairman David Rose – just contact David in advance if you wish to attend a meeting which are always held at the John Godber Centre on the first Wednesday of each month commencing at 10.00 a.m.

NEWS FROM THE GROUPS

THE ARTS GROUP

For the latest information on cultural activities in our area including Films, Concerts and Plays etc please let me add your e mail address to our ever growing list so that I can send you an up-to-date calendar and weekly bulletins. Contact alansnape@hotmail.co.uk or tel./text 07940146542

GARDENING GROUP

Just a few seats left on our coach trip to Ellicar Gardens at Gringley on the Hill and Holmes Villa at Walkeringham (Gainsborough) on Tuesday next Sept 20th, leaving Ogle Street at 10.00 and arriving back at 5.00 p.m. This will be our final trip out of 2016. Final bookings with payment (£15) at Sept U3A meeting. Tuesday October 18th will be a speaker meeting, Sally Cunningham from Ryton Horticultural Centre, This will be as usual at John Godber Centre commencing at 2.00 p.m.

HISTORY GROUP

The Group meets again on September 21st when we return to Central Methodist at 2pm. This first meeting is members own research into 'Historical People' and the last time we did this we had some wonderful members telling us about historical people – some of whom we hadn't heard of but were so important. We learned a lot. Please think of someone you could talk about. For the October meeting Catherine Ross is coming to speak to us about 'The Museum in a Suitcase'.

Would members like to get thinking caps on to consider the topics and visits for next season? Maureen Newton.

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HISTORY GROUP (FAMILY HISTORY)

The Family History Group met again on Friday September 9th. Under One Roof is a good venue where we have access to computers and light refreshments are provided. I am looking forward to seeing everyone in September but in the meantime I am usually available at the main meeting for a chat about research.

Looking further ahead check your diaries for Saturday 17th September when there will be another U3A Peak District Network Family History Conference at Buxton. The cost is £20 for the day including lunch. This network of U3As covers a vast area including areas of Lancs., Cheshire, Staffs., Yorks., Derbys. and Notts. of course. It is great to check out what other U3As are doing, chat to contemporaries and discover where their families came from. Speakers already booked are: Nick Barratt (researcher on Who Do You Think You Are and well known magazine article writer); Maurice Clarke (Heir Hunters Association).

LUNCH GROUP

The Lunch Group meets on the fourth Wednesday of each month at 12 noon (unless otherwise stated) at a different restaurant each month. The menus vary in price and content but hopefully average out over the year at a reasonable cost. It is an opportunity for members to meet together socially and try out different restaurants which, as individuals, they may not have had the chance to try before. We always have a quiz which is usually related to the venue or its theme. We hope you will find something of interest to your "taste" and look forward to meeting up with you each month. We are always grateful when members can offer lifts to non-drivers but could members contact the drivers directly please where possible, as it is getting to be a big job phoning round! Of course, I should be happy to find lifts for new Lunch Group members and I would also be grateful if drivers could indicate to me that they are willing to offer lifts.

On 24th August we went to The Waggon at Halam on the hottest day of the year so far. We had a lovely meal and the Vehicles Quiz was won via collaboration between the Taylors, the Hurts and the Daniels! Thank you to Alan Snape for inviting members to help themselves to courgettes, beans, etc. from the boot of his car!

The next four lunches will be as follows:

On September 28th – Broad Oak at Strelley – No deposit needed and only five places left.

On October 26th – Four Bells Inn at Woodborough – Only three places left.

On November 23rd – The Embankment at Trent Bridge.

On December 22nd (**Thursday** not Wednesday) – Albert Hall, Nottingham Christmas Lunch. Panto payment of £24.50 should be paid at the September U3A meeting (cheques made payable to Hucknall & District U3A) and the Lunch payment of £19 is due at the October meeting. You can attend one or both the Lunch and the Panto if you wish.

Places are limited at some venues so make sure you get your name down as soon as possible. The menus are on the U3A website so if you have your name down please let me know your menu choices as soon as possible.

PUB QUIZ & LUNCH GROUP

In August the Pub Quiz was a bit easier with questions based on food, drink, transport and children's books. The winners with 23 points out of 25 were the "B. Team", seconded by the "Newbies" team.

The subscription is £1 per person which covers each team's Quiz sheet and a raffle ticket for each member. There is a cash prize for the first and second team, with a £5 pub voucher for the raffle, along with a Bumper Bag containing donated items, for which our thanks are given to those who donated.

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The next Pub Quiz & Lunch will be on Monday, 12th September at 12 noon at The Nabb Inn, Nabbs Lane, Hucknall. Just pay the subscription on arrival, then order your lunch at the bar and then put your thinking caps on. There is a Dingbats quiz just for fun, followed by the Quiz itself and then lunch, followed by the answers and the raffle. We are limited to 36 seats so please come early as it is first come, first served for seats in the alcove area.

READING GROUP

Last month we read the set book "The Road" by Cormac McCarthy which was a World Book Night chosen book and was very thought provoking, dealing with the struggle for existence of a man and his son in a post-apocalyptic world. This month we are going for "The Rotters' Club" by Jonathan Coe.

For any information about the Lunch Group, the Weekenders Group, the Reading Group, or the Pub Quiz & Lunch, please contact Sandra Green (sandra.green80@ntlworld.com or tel. 0115 8408132) or check out the Hucknall U3A website.

SCIENCE GROUP 2

Following our August break we look forward to seeing everyone on Friday 16th September at 10am at the John Godber Centre.

The theme of our sessions for the remainder of 2016 is 'Bodies, Machines and Motion'. In part 1: we welcome guest presenter: Janet Tilford who has kindly offered to talk to us about her liver transplant.

After a short refreshment break we will follow up with a group activity.

We currently have a small number of vacancies for new members who wish to join the group. David Rose Group Coordinator.

TECHNOLOGY GROUP

It has come to my attention that some members cannot come to the Technology workshop on Thursdays so I am now going to offer alternative days and times which are starting in September, and are Tuesday & Thursday 10-00am & Wednesday 14-00.

THEATRE GROUP

The Full Monty , Theatre Royal, Wednesday 28th September 2016, 2pm, Tickets £28.00

Ballet Beauty & The Beast, Theatre Royal, 3rd November, 2pm, Tickets £27.50

Nine to Five, Derby Theatre, 5th November, 2pm, Tickets £17.00

The Red Shoes, Theatre Royal, 9th March 2017, 2pm, Tickets £29.50

The Curious Incident of the Dog in the Night, Theatre Royal, 5th April 2017, 2pm, Tickets £28.50

War Horse, Royal Concert Hall, 21st March 2018, 2pm, Tickets £52.50 to be paid by August 2016

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WALKING GROUP (MID LENGTH)

August's mid-length walk was from West Hallam, and yet again it was a sunny day, despite the walk being led by Steve Lawrence (definitely losing his reputation for wet walks....)

The nature reserve at Straw's Bridge near the beginning had lots of geese and swans guarding our entrance on to the Nutbrook Trail which we followed until we reached Shipley Country Park, passing along the edge of the old American Adventure Park site.

We ate our picnic lunch beside Mapperley Reservoir watching an intrepid fisherman up to his waist in the water near the far bank fishing for pike (this was decided by general consensus due to the large size of the lures he was casting halfway across the reservoir). To add to the wildlife we also saw a bat flying around the water, must have got the time wrong as it was definitely not that late!

A very welcome cold drink was taken in the spacious beer garden of the Newdigate Arms on our return.

Our next walk will be 6.5 miles in Dovedale on Monday September 19th and will be led by Irene Astill.

WEEKENDERS' GROUP

Our Coffee Club get together was on Saturday, 27th August, when we planned our events between September and December and there is an information slip available at the monthly meeting with all the details, so please help yourself and come and join us. A copy of the programme will also be on the Hucknall U3A website. All events organised by either the Lunch Group or the Weekenders Group are open to all U3A members, regardless of whether they are regulars or not. Obviously places are sometimes limited so it's first come, first served; I should be grateful if you could let me know if you are interested in these events as soon as possible so that I can let other members know if I have places left.

Our August outing was to Cromford Mills on 7th August; lovely weather and a lovely setting for shopping and Sunday lunch, as well as interesting exhibitions etc. about the Mills themselves. On the day we went there was a Scarecrow Festival, with both "live" scarecrows and stuffed ones (is that Alan S with his wheelbarrow full of produce ? Ed) a climbing wall (and no, none of us attempted it), demonstrations of owls and parrots, crafts, model boats and canal barge art. We can certainly recommend it as a place to take the grandchildren with lots of different activities. See the Cromford Mills website for a list of all the events taking place this year. Our quiz on the bus home was won by Cath Richardson and Doreen Newton.



We had an Afternoon Tea on 20th August at the home of Christine Wheatley; unfortunately the weather had turned two days previously so our planned outdoor tea turned into an indoor one, albeit in the conservatory where we could hear the rain drops pitter patter on the roof and watch the plant pots being blown over! Members provided a wide range of Afternoon Tea comestibles and an Afternoon Tea quiz was won by Anita Lingard and Jean Martin.

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Would anyone like to join me for Saturday Lunch at Arunothai (Farleys Lane) on 10th September at 12.15? A two course lunch is £7.99. Contrary to fears, the food is not hot and spicy (unless you request it) and the atmosphere is lovely. So far, it's just me going but I would like some company!

The following Saturday we are going to the newly opened "Cod's Scallops" on Mansfield Road (near Lidl) at 11.30 am if you would also like to join us there.

Our September Coffee Club will be on Saturday, 24th and the topic for discussion (amongst others!) will be "Houses I have lived in".

U3A Holidays

Ullapool and Northern Scotland, Spring Break 8 days, departing 20th May 2017

Ullapool nestles on the banks of Loch Broomband is the mainland port for the Outer Hebrides. The Gulf Stream carries warm air and water to its beaches, while the surrounding lochs and mountains are some of the most dramatic in the world.

Staying at the Caledonian Hotel Ullapool. The hotel has wonderful views of the harbour and is centrally situated. All rooms have tea and coffee making facilities and private facilities. No lift but there will be portage. Buffet restaurant and entertainment on 3 nights. Staying on half board basis, and including 3 excursions

* Gairloch and Inverewe gardens full day

* Thurso and John O Groats full day

* Dingwall and Strathpeffer half day

(Overnight hotel on outward and return journey)

Local pick ups from Kirkby Hucknall and Mansfield

Double/Twin room pp. £389.00 pp , Single room £448.00 pp (I have 6 single rooms on hold)

To secure your place, I need £40.00 deposit pp. Cheques to ALFA Ltd. Caroline Rhoades
01623 721987. 07724210563 crhoades159@gmail.com

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HUCKNALL & DISTRICT U3A INTEREST GROUPS

September 2016

For further details contact Siobahn Lee, 0115-9550119 or check the website at www.hucknallu3a.org.uk from there you can email the respective Group Leader

BIRD WATCHING	2nd Tuesday 10:30	LUNCH	4th Wednesday 12:00
CANASTA	1st Friday 19:00	MAH JONG	2nd Friday 19:00
CHOIR	1st Wednesday 13:30 3rd Wednesday 11:30	MUSIC FOR PLEASURE	4th Tuesday 19:00
CRAFT 1	3rd Monday 13.45	NATIONAL TRUST	Various dates & times
CRAFT 2	2nd Tuesday 14:00	POT LUCK	1st Wednesday 19:30
CREATIVE WRITING	4 th Tuesday 13.00	PUB QUIZ & LUNCH	2nd Monday 12:00
DISCUSSION	1st Monday 13:45	READING GROUP	1st Wednesday 14:00
DINING IN	1st Tuesday	RUMMIKUB	1st Monday 2:00pm
DRAMA	4th Friday 10:00	SCIENCE	4th Thursday 10:00
CYCLING	Every Wednesday 9:00	SCIENCE 2	3rd Friday 10:00
FAMILY HISTORY	2nd Friday 14:00	SCRABBLE	4th Thursday 14:00
FILM CLUB	Thursday 10:30 & 13:00, Friday 7:15	SPORT SPECTATOR	various dates
FRENCH CONVERSATION	3rd Tuesday 10:00	SQUARE DANCING	every Monday 19:30
GARDENING	3rd Tuesday 14:00	TECHNOLOGY	Various
GRUMPY OLD MEN	various dates	TABLE GAMES	3rd Friday 19:00
HOLIDAYS	various dates	THEATRE	various dates
HISTORY	3rd Wednesday 14:00	UKULELE	2nd & 4th Monday 10:00am
INTERNATIONAL DINING	Thursday	WALKING (LONG)	1st Tuesday 10:00
KNITTING & CROCHET	4th Tuesday 14:00	WALKING (MID)	3rd Monday 10:00
KURLING	As Arranged	WALKING (SHORT)	3rd Thursday 10:00
LATE BREAKFAST	1st Friday 09:15	WATER COLOUR	1st Monday 14:00
		WEEKENDERS	various Sat & Sun.
		WINE TASTING	3rd Wednesday 19:30

Please be aware that some Interest Groups have a limited number of places due to activity, venue etc.

Should the group you are interested in be full or not available to you due to date etc. and you would like there to be an alternative group set up, please contact the Groups Coordinator, Siobhan Lee as a starting point.

Group Leaders are normally available in the Board Room at the monthly U3A meetings to answer any questions that you may have about their group. Their contact details are displayed on the Interest Group Information Board.

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